After-Break Conversation for Students
Chat with the Queer Resource Center and LGBTQ+ Director about how winter break was and what’s ahead this quarter.
Wednesday, January 8 from 4:00 to 5:00 p.m., Multicultural Center 740*

Winter Welcome Back in the Multicultural Center
Come meet our staff; learn about our upcoming events and how to get involved; listen to music; check out the new art; and enjoy light refreshments! With the ESC, SAIRC, Men’s Resiliency, and Western Success Scholars.
Thursday, January 9 from 12:00 to 3:00 p.m., Multicultural Center*

Mindful Self-Compassion for LGBTQ+ People
A workshop for students, staff, and faculty led by Chris Edwards, Psychologist in the Counseling Center. In partnership with the Faculty & Staff Wellness Program.
Friday, January 24 from 12:00 to 1:30 p.m., Viking Union 462A

Discussion for Gay, Bi, and Queer Men
With Chris Edwards from the Counseling Center and Peer Health Educator Spencer Davis, in partnership with the Men’s Resiliency Program. Snacks provided.
Tuesday, February 11 from 4:00 to 5:30 p.m., Multicultural Center 740*

Advocating for Yourself with Health and Wellness Providers
A panel for students with providers from Western and the community.
Wednesday, February 26 from 4:00 to 5:30 p.m., Bond Hall 415

Before-Break Conversation for Students
Chat with the LGBTQ+ Director and Queer Resource Center before spring break.
Wednesday, March 11 from 4:00 to 5:00 p.m., Multicultural Center 740*

Also check out events in the Queering Research Series at [lgbtq.wwu.edu/qrseries](http://lgbtq.wwu.edu/qrseries)