

**LIVE WELL.
LEARN FOREVER.**
2022 SPRING COURSE CATALOG

**O S H E R
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L E A R N I N G
I N S T I T U T E**



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College of Education
& Health Professions

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All About OLLI

Welcome to the Osher Lifelong Learning Institute (OLLI) at the University of Arkansas!

OLLI at the University of Arkansas was established in 2007. It is one of 125 Osher Lifelong Learning Institutes across the United States and is the only OLLI in the state of Arkansas. These lifelong learning programs are partially funded through the Bernard Osher Foundation, and each is dedicated to providing non-credit courses and continuing education opportunities to adults. OLLI has NO academic prerequisites or age restrictions and is designed for adults who want to continue learning in their retirement years.

Our Mission and Values

The mission of the Osher Lifelong Learning Institute at the University of Arkansas (U of A) is to provide a community of adults with a lifelong learning venue that promotes intellectual and cultural growth through exploration and discussion via diverse, high quality and affordable educational programs.

High Quality Programs and Engaging Courses

The OLLI curriculum committee annually develops hundreds of stimulating courses in a variety of fascinating topic areas. Programs range from one time lectures, tours, workshops, and day hikes to eight-week seminars or study groups. Courses are engaging, innovative, lively, hands-on, informative and are offered in a variety of settings. There are no prerequisites required, no tests or exams, and no age restrictions. OLLI courses provide the ideal environment for learning.

Exceptional Instructors

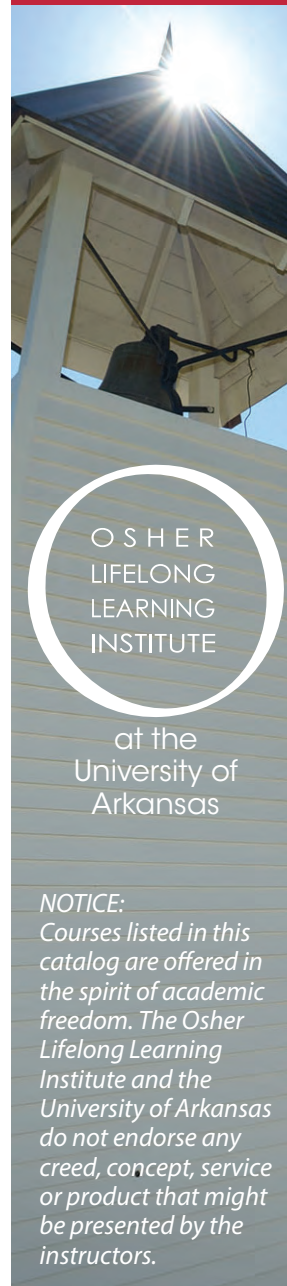
Along with university professors and other educators, those who facilitate OLLI courses include experienced professionals, passionate hobbyists, researchers and distinguished scholars. OLLI instructors are there both to educate and to engage, and they love sharing their knowledge, expertise and fascinating stories.

Special Events and Programs

In addition to regular courses, OLLI members enjoy the opportunity to engage in monthly social and cultural events, special programs, book clubs, special interest groups, and much more. These special programs provide an opportunity to take the discussion outside the classroom, to meet new people, and to engage in unique experiences only offered through our institute.



Josh Raney
OLLI Director



NOTICE:
Courses listed in this catalog are offered in the spirit of academic freedom. The Osher Lifelong Learning Institute and the University of Arkansas do not endorse any creed, concept, service or product that might be presented by the instructors.

Welcome from the Director

Dear OLLI Members and Friends,

Welcome back! Or, if you are new to OLLI, welcome! I hope you had a wonderful and safe holiday season.

Last fall, we strived to bring OLLI back and rebuild our community of lifelong learners to a level it was prior to the COVID pandemic. Since the 2020 spring semester, we have overcome many challenges and adapted services, so that we continue to be able to provide high quality educational and social opportunities. This spring season will be no different! It's a great time to join as a member and engage in many of the exciting opportunities.

Our curriculum committee and instructors have worked very hard to develop a schedule of classes that you will certainly find intriguing. Peruse this catalog and you will find a wide array of topics to be offered in a variety of formats, here in Fayetteville and around the region. Members also can attend social events, like the monthly happy hour gatherings, or participate in special interest groups such as a book club. Whether you prefer lectures, hands-on classes, or just want to take a hike, I am sure you will find your experience at OLLI to be valuable and rewarding.

No matter how you choose to participate, I am certain you will find OLLI to be engaging, informative and fun. When I talk to people about OLLI at the University of Arkansas, there are three things I always like to mention: lifelong learning, lifelong friendships and endless opportunities. I look forward to your involvement in OLLI this spring and in the semesters beyond.

Sincerely,

Josh Raney, OLLI Director

OSHER Lifelong Learning Institute at the University of Arkansas

Location: 211 E. Dickson St., Fayetteville, AR 72701

Hours: Weekdays 9:00 a.m. – 3:30 p.m.

Phone: 479-575-4545

Website: olli.uark.edu

Email: olli@uark.edu

Follow OLLI news @ **OLLIatUofA**

Spring 2022 Catalog

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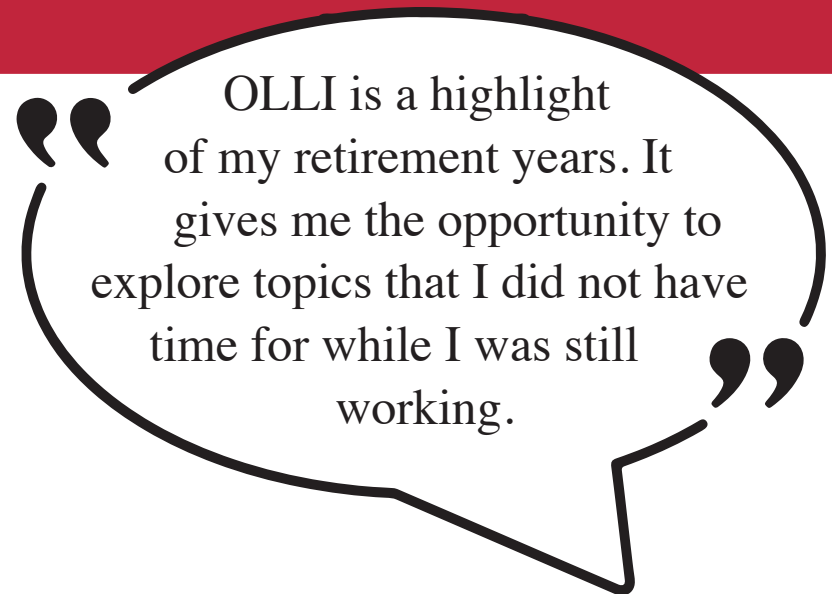
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“Live Well. Learn Forever.”

Appreciation

WHAT OUR MEMBERS SAY



“OLLI is great exposure to new ideas from the most engaging teachers who are clearly model instructors. We are encouraged every step of the way to develop our diverse interests. I’m left wanting more time with the subject and with the instructor.”

“I love the classes! I love being able to hear what other people think and broadening my horizons. The instructors are delightful, talented and know how to present. In my grade book, OLLI gets an A+!”

“We are fortunate to have this exceptional opportunity on behalf of the U of A & the Bernard Osher Foundation! I will continue my support through membership dues and contributions each year.”

Give the gift of adventure, learning and growth with OLLI gift certificates.

Gift certificates are available for memberships and courses!



Are you looking for a unique and meaningful gift for friends and family?

Give the gift of learning to someone special with a membership to the Osher Lifelong Learning Institute at the University of Arkansas. Memberships are tax deductible and make great holiday, birthday, or retirement gifts. *For a limited time gift memberships are just \$35.*

Sign someone up TODAY!
To purchase a gift membership, contact us directly at **479-575-4545** or via email: **oli@uark.edu**



OLLI Memberships

*Join or renew today to maximize
your OLLI experience.*

2022 Spring
Membership **\$35**

Memberships run through June 30, 2022
and are tax deductible along with other
exclusive benefits.

To Join or Renew
Online: olli.uark.edu
Phone: 479-575-4545
Email: olli@uark.edu

Share your love of learning with a Linked Membership

You can also link your membership with another person at no cost! Linking a membership online provides a unique feature allowing members to register one another for courses and events. Just select the linked membership options at the time you join or renew!

Perfect for: 1. Friends 2. Family 3. Spouses

Benefits of Membership

*Why become an
OLLI member?*

- Memberships are tax deductible.
- Priority registration on ALL courses and events.
- Discounted, members only pricing.
- Advance notice of OLLI programs, cultural events and socials via newsletters and special announcements.
- Access to member exclusive programs and services.
- Student ticket prices for UA music & theatre events.
- Discounted tickets to performances at the Faulkner Performing Arts Center.
- U of A Recreation (UREC) memberships & services at faculty/staff prices. UREC offers state of the art facilities and services such as swimming pools, indoor track, personal fitness training & assessment, massage therapy services and recreational equipment rentals.
- Access to purchase a U of A student ID Card for a one time fee. The UA ID provides increased access to selected UA resources and events like the UA Library (material borrowing privileges and use of most electronic resources while in the library building) and a number of discounts around the community.
- Discounted registration fees at programs offered by the U of A Community Music School.

**To learn about how you can take
advantage of these perks and much
more contact us!**

OLLI at the University of Arkansas COVID-19 Guidance

COVID-19 guidelines prioritize the health and well-being of our community, and are aligned with guidance from the United States Centers for Disease Control and Prevention (CDC), and the Arkansas Department of Health. While the University of Arkansas and OLLI do not require COVID-19 vaccination at this time, it is strongly encouraged that everyone consider receiving the vaccine as soon as they become eligible in order to support the safety of OLLI participants and our larger community.

To view the latest safety guidelines visit health.uark.edu/coronavirus/



Who Should Not Attend In-Person Classes And Activities:

- Anyone who is exhibiting symptoms related to COVID-19 illness.
- Those who are unvaccinated and have had contact with others who have COVID-19 and are still within their quarantine window.
- Those with symptoms who have recently completed COVID-19 testing with results pending or positive.
- Non-essential visitors.
- Those with self-identified underlying health conditions that enhance risk from COVID-19 and those who are caring for, or living with others with underlying health conditions that enhance risk from COVID-19; these individuals should contact the OLLI office for potential accommodations.



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- Socialize through alumni groups and 200+ events throughout the year
- Stay informed with ARKANSAS magazine, a quarterly publication

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Golden Grads \$35
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Sandra Sawyer
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Karen Smenner

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Teach a Class!



WHY TEACH AN OLLI U of A COURSE?

“The classes are simple, fun, and comfortable. The settings are informal, friendly and exciting. To me, it’s the ideal learning experience, and once you’ve taught one, you want to teach more and more classes.”

- Dr. Tom Paradise, University of Arkansas Professor of Geosciences
in the J. William Fulbright College of Arts & Sciences

Share your knowledge and experience with an audience that is hungry for learning and engages in lively discussions. Current and retired university faculty, distinguished community members, business leaders, hobbyists and others are invited to share their knowledge on a wide variety of thought provoking topics guided by member interest.

Whether it be a multi-session course, hands-on workshop, ongoing study group, or a one-time lecture, hike or walking tour, the OLLI Curriculum Committee is seeking knowledgeable, passionate, and engaging individuals to offer classes.

Currently, OLLI is offering classes both in person and virtually via Zoom. Instructors are provided with all the training and resources needed to develop a successful course as well as an opportunity for the class to be evaluated.

Teaching a class with OLLI is a great way to share your expertise, highlight your business or industry, or share your love for a topic with other like-minded individuals. If you are interested in learning more about teaching opportunities with OLLI – U of A, visit our website (olli.uark.edu/participate/teach). There you will find information on teaching opportunities as well as the course proposal form. Proposals are accepted for the fall and spring semesters.

The deadline is April 30 for fall proposals and Oct. 30 for spring proposals.



The **College of Education and Health Professions** is proud to work with the **Osher Lifelong Learning Institute** to provide educational programs and opportunities for the community.

Membership in **OLLI** has advantages for area residents with exclusive services, discounts and priority registration. Learn more at olli.uark.edu.



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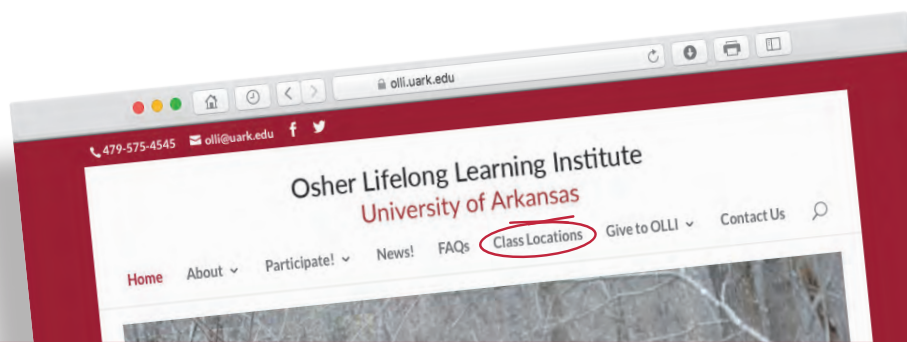
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Need locations or maps?

See page 39 for maps to OLLI class locations or go to olli.uark.edu and click "Class Locations".



OLLI U of A Partners

MUSIC FOR OLLI

Private lessons and classes for the community through the **COMMUNITY MUSIC SCHOOL**

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music.uark.edu | cms.uark.edu

UAMusic COMMUNITY MUSIC SCHOOL

Get Active With OLLI



"The hikes are always so much fun. I have never been disappointed and always learn something from the instructor as well as my fellow hikers."

Activity Levels for OLLI Courses

OLLI Program Activity Levels are designed with our members in mind. Below is a description of the activity levels that we use for our Out & About Series or other programs that may require physical activity.*

- LEVEL 1** Members must be able to climb a few stairs.
- LEVEL 2** In addition to Level 1, members must be able to stand up for an hour and get on and off a 15 passenger van / motor coach.
- LEVEL 3** In addition to Levels 1 & 2, members must be able to climb a few flights of stairs and walk over uneven surfaces.
- LEVEL 4** In addition to Levels 1 – 3, members must be in good health, mobile and able to participate in 3 to 5 hours of physical activity per day and walk up to 3 miles over uneven ground.
- LEVEL 5** In addition to Levels 1 – 4, members must be in excellent health, extremely mobile and have an active lifestyle.

Some activities may require a waiver of liability to be completed.

*Disclaimer: OLLI at U of A is not responsible for any damage or personal injury sustained when a member is participating in any OLLI sponsored activity on or off the UA campus.



Volunteers Needed!

Osher Lifelong Learning Institutes are guided by members and are volunteer driven organizations!

Our staff is dedicated, but small, and volunteers are vital to the success, quality and sustainability of the institute's programs. This season, volunteers are more important than ever, as we work to bring OLLI - U of A back to where it was prior to COVID. Your time, talents, and resources are valuable and greatly appreciated as we strive to offer high quality opportunities to the community.

Here is how you can support OLLI by volunteering your time:

CLASS AMBASSADORS: OLLI classes are held at various venues across the region. Volunteering as a class ambassador provides much needed support to instructors, staff and participants. Class Ambassadors assist with greeting participants, introducing the instructors, making program announcements and if possible, assisting with classroom technology. No skills are needed. All training and information needed to be a successful class ambassador will be provided to you and available at each classroom location.

ZOOM MODERATORS: To enhance the quality of OLLI's virtual classes, Zoom moderators are needed to support the instructor and participants. Activities on Zoom may include admitting participants, introducing the instructor, monitoring chat or providing general support.

OLLI COMMITTEE MEMBER: OLLI committees are the driving force behind our institute's high quality courses, diverse membership and fun, unique special programs. Currently the institute has six standing committees: Curriculum, Membership, Social, Fundraising, Instructor Development and the Advisory Council.

OTHER WAYS TO VOLUNTEER: Clerical/Office Support, Community Outreach/Advocacy, and Special Projects or Events.

If you have interest in volunteering in one of these roles or would like to help in other ways, please contact us at

(479)575-4545 or olli@uark.edu

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Classes by Category



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Classes At A Glance

4 WAYS TO REGISTER! **1. ON-LINE** olli.uark.edu **3. IN PERSON** OLLI office Mon.-Fri., 9:00 am-3:30 pm
2. PHONE 479-575-4545 **4. MAIL** OLLI, 211 E. Dickson St., Fayetteville, AR 72701

FORMAT KEY ■ = In-Person Only | ● = Virtual Only

CR = Commuter Rate TR = Transportation Provided

BEGIN DATE	DAY	TIME	LOCATION	COURSE	SESSIONS	COST OLLI MEMBER	COST NON OLLI MEMBER	PG #
2/10/22	THU	2:30 PM	■ DRAKE	CROSSING THE RED SEA	1	\$25	\$40	18
2/15/22	TUE	1:00 PM	● ZOOM	RIGHT BRAIN PHOTOGRAPHY	3	\$45	\$60	18
2/16/22	WED	9:00 AM	■ DRAKE	OIL PAINTING FOR BEGINNERS (OPB)-STILL LIFE	2	\$40	\$55	18
2/17/22	THU	10:00 AM	■ DRAKE	SPEAKING IN A WESLEYAN ACCENT	1	\$25	\$40	18
2/18/22	FRI	1:30 PM	■ DRAKE	THE RADICAL REFORMATION	3	\$35	\$50	18
2/21/22	MON	10:00 AM	■ DRAKE	ATAPUERCA - EYEWITNESS TO HUMAN EVOLUTION	1	\$25	\$40	18
2/21/22	MON	10:00 AM	■ RHBC	BEGINNER'S BRIDGE	7	\$35	\$50	18
2/22/22	TUE	1:00 PM	■ MT. SEQ	FOREST THERAPY WALKS	1	\$29	\$44	18
2/24/22	THU	1:30 PM	■ BTV	GENEALOGY HUNTING AND GATHERING: USING THE U.S. CENSUS	1	\$25	\$40	18
2/25/22	FRI	10:00 AM	■ TBD	THE GREAT OZARK LOVE AFFAIR	1	\$19	\$34	19
2/28/22	MON	1:00 PM	■ DRAKE	A NATURALIST FOLLOWING THE FOOTSTEPS OF HENRY DAVID THOREAU	1	\$25	\$40	19
3/1/22	TUE	10:00 AM	■ DRAKE OR OLLI OFFICE	GREAT DECISIONS 2022	9	\$85	\$100	19
3/1/22	TUE	1:00 PM	■ GV	LOST WORLDS IN LITERATURE	4	\$49	\$64	19
3/2/22	WED & FRI	9:30 AM	■ MT. SEQ	BASIC DIGITAL PHOTOGRAPHY	4	\$69	\$84	19
3/2/22	WED	2:00 PM	■ OLLI OFFICE	OZARK / ARKANSAS WRITERS BOOK CLUB	4	\$19	N/A	19
3/3/22	THU	10:00 AM	■ WA CO EXT OFFICE	RAISED BED GARDENING	1	\$19	\$34	19
3/3/22	THU	2:00 PM	■ DRAKE	TAKE A HIKE 101	1	\$10	\$10	19
3/7/22	MON	5:30 PM	■ BTV	TELEHEALTH FOR COMMUNITIES	1	\$15	\$15	25
3/8/22	TUE	10:30 AM	● ZOOM	REFUGEE CAMPS IN AMERICA	1	FREE	N/A	33
3/9/22	WED	1:00 PM	■ MT. SEQ	FROM SELFIES TO SUNSETS: HOW TO TAKE BETTER CELLPHONE PICTURES	1	\$25	\$40	25
3/9/22	WED	1:00 PM	■ DRAKE	LOOKING FOR A HOME: LITERARY & ARCHITECTURAL STRUCTURE IN THE NOVEL <i>JANE EYRE</i>	4	\$35	\$50	25
3/10/22	THU	10:00 AM	● ZOOM	HOW DOES THE U.S. RANK GLOBALLY? A TOP 10 SUMMARY!	1	\$19	\$34	25
3/10/22	THU	1:00 PM	■ PC	HER STORY - THE WOMEN WHO SHAPED FAYETTEVILLE	1	\$25	\$40	25
3/14/22	MON	2:00 PM	■ OLLI OFFICE	CUT THE CORD! TIPS FOR WATCHING INTERNET TV AND MOVIES	1	\$19	\$19	25
3/15/22	TUE	2:00 PM	■ ONSC	ARCHITECTURAL ANTHROPOLOGY IN THE OZARKS	1	\$35 (CR) \$49 (TR)	\$50 (CR) \$64 (TR)	25
3/17/22	THU	10:00 AM	■ BTV	HAMILTON IN HISTORY: EXAMINING THE ICON IN ARCHIVES & CONTEXT	1	\$25	\$40	25

Classes At A Glance

4 WAYS TO REGISTER! **1. ON-LINE** olli.uark.edu **2. PHONE** 479-575-4545 **3. IN PERSON** OLLI office Mon.-Fri., 9:00 am-3:30 pm **4. MAIL** OLLI, 211 E. Dickson St., Fayetteville, AR 72701

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BEGIN DATE	DAY	TIME	LOCATION	COURSE	SESSIONS	COST OLLI MEMBER	COST NON OLLI MEMBER	PG #
3/17/22	THU	1:00 PM	■ MT. SEQ	ALICE MUNRO: NOBEL PRIZE WINNER II	3	\$29	\$44	26
3/18/22	FRI	9:30 AM	■ BETH WOESSNER ART STUDIO	WATERCOLOR TULIPS	1	\$69	\$84	26
3/21/22	MON	10:30 AM	■ COLER MTN PRESERVE TRAIL	EXPERIENCE URBAN WILDERNESS IN STYLE & COMFORT	1	\$25 (CR) \$40 (TR)	\$40 (CR) \$55 (TR)	26
3/24/22	THU	9:30 AM	■ GV	YOGA FOR HEALTHY AGING	10	\$69	\$84	26
3/28/22	MON	1:30 PM	■ DRAKE	FIGHTING MEDICARE FRAUD & SCAMS WITH THE AR SMP	1	\$19	\$34	26
3/29/22	TUE	1:30 PM	■ OLLI	TURN YOUR GREAT IDEAS INTO A BUSINESS	1	\$25	\$40	26
3/30/22	WED	1:00 PM	■ MT. SEQ	FOREST THERAPY WALKS	1	\$29	\$44	18
3/31/22	THU	9:00 AM	■ OZARK NATIONAL FOREST	CHASING WATERFALLS: SWEDEN CREEK FALLS	1	\$25 (CR) \$45 (TR)	\$40 (CR) \$60 (TR)	26
4/1/22	FRI	10:00 AM	■ DRAKE	TURNING YOUR RECIPES INTO A LEGACY COOKBOOK	1	\$29	\$44	27
4/4/22	MON	10:30 AM	■ DRAKE	THE BIG SWITCH TO SUSTAINABLE GARDENING	1	\$19	\$34	27
4/5/22	TUE	11:00 AM	● ZOOM	MINDFUL MOVEMENT: STRETCHING AND QIGONG	4	\$29	\$44	27
4/5/22	TUE	2:00 PM	■ DRAKE	NWA REGIONAL GROWTH-CENSUS 2020 & 2045 PROJECTIONS	1	\$19	\$34	27
4/6/22	WED	9:00 AM	■ SPRINGFIELD, MO	DON'T SWIM WITH THE FISHES! WATCH 35,000 LIVE ONES!	1	\$65 (CR) \$85 (TR)	\$80 (CR) \$100 (TR)	27
4/7/22	THU	9:00 AM	■ CASS, AR	CHASING WATERFALLS IN THE OZARKS (TRANSPORTATION ONLY)	1	\$40 (TR)	\$55 (TR)	27
4/7/22	THU	1:30 PM	■ PG HISTORY MUSEUM	PRAIRIE GROVE HERITAGE MUSEUM TOUR	1	\$25	\$40	27
4/8/22	FRI	10:00 AM	■ BTV	OPTIMIZING BRAIN HEALTH-ONE SMALL STEP AT A TIME	2	\$25	\$40	27
4/11/22	MON	9:30 AM	■ DRAKE	JAPAN'S DEMOGRAPHIC CLIFF: WILL THE U.S. FOLLOW?	1	\$25	\$40	28
4/13/22	WED	9:00 AM	■ OLLI OFFICE	AMATEUR RADIO: HISTORY, PRESENT & FUTURE	1	\$25	\$40	28
4/13/22	WED	1:30 PM	■ DRAKE	FIRST TO JONESTOWN	1	\$25	\$40	28
4/14/22	THU	2:30 PM	■ DRAKE	THE RISE OF KING DAVID	3	\$45	\$60	28
4/15/22	FRI	1:00 PM	■ ONSC	OZARK WILDFLOWER HIKE	1	\$35 (CR) \$55 (TR)	\$50 (CR) \$70 (TR)	28
4/18/22	MON	9:30 AM	■ DRAKE	AMERICA'S FIRST PUBLIC BEACH	1	\$25	\$40	28
4/18/22	MON	1:00 PM	■ DRAKE	DIURNAL RAPTORS	1	\$29	\$44	28

Classes At A Glance

4 WAYS TO REGISTER! **1. ON-LINE** olli.uark.edu **3. IN PERSON** OLLI office Mon.-Fri., 9:00 am-3:30 pm
2. PHONE 479-575-4545 **4. MAIL** OLLI, 211 E. Dickson St., Fayetteville, AR 72701

FORMAT KEY ■ = In-Person Only | ● = Virtual Only

CR = Commuter Rate TR = Transportation Provided

BEGIN DATE	DAY	TIME	LOCATION	COURSE	SESSIONS	COST OLLI MEMBER	COST NON OLLI MEMBER	PG #
4/19/22	TUE	10:00 AM	■ MUSEUM OF NATIVE AMERICAN HISTORY	MUSEUM OF NATIVE AMERICAN HISTORY - A SNAPSHOT TOUR	1	\$25 (CR) \$40 (TR)	\$40 (CR) \$55 (TR)	28
4/20/22	WED	11:30 AM	■ LOST VALLEY	SPRING WILDFLOWER WALK, BUFFALO NATIONAL RIVER	1	\$25 (CR) \$40 (TR)	\$40 (CR) \$55 (TR)	29
4/20/22	WED	4:00 PM	■ BAUM WALKER STADIUM	TAKE ME OUT TO THE BALLGAME	1	\$25	\$40	29
4/21/22	THU	8:00 AM	■ O/S	SPRING MIGRANT BIRD WALK	1	\$25	\$40	29
4/22/22	FRI	9:00 AM	■ MT. SEQ	RIDING THE RAILS: THE HISTORY OF RAILROADS IN NWA	2	\$105	\$120	29
4/22/22	FRI	1:00 PM	■ MT. SEQ	FOREST THERAPY WALKS	1	\$29	\$44	18
4/25/22	MON	10:00 AM	■ DRAKE	THE GEOLOGY OF I-49	1	\$25	\$40	29
4/25/22	MON	1:00 PM	■ GV	FAYETTEVILLE TRAILS	1	\$19	\$34	29
4/26/22	TUE	1:30 PM / 8:30 AM	■ DRAKE, TCWR	WANT TO PET MY 700 LB. KITTY?	2	\$35 (CR) \$55 (TR)	\$50 (CR) \$70 (TR)	29
4/27/22	WED	1:00 PM	■ OLLI	THE CONVERSATIONS	1	\$19	\$19	29
4/28/22	THU	8:00 AM	■ O/S	SPRING MIGRANT BIRD WALK	1	\$25	\$40	29
4/29/22	FRI	10:00 AM	■ DRAKE	NATIVE PLANT ECOLOGY	2	\$25	\$40	30
5/2/22	MON	4:00 PM	● ZOOM	SMART COOKING FOR 2 (WORKS FOR 1, TOO!)	1	\$25	\$40	30
5/3/22	TUE	10:00 AM	■ NWA LAND TRUST, MLK	TREES OF ARKANSAS	1	\$29	\$44	30
5/4/22	WED	9:00 AM	■ FPL, SOUTHSIDE PARKING LOT	FAYETTEVILLE RAMBLE	1	\$19	\$34	30
5/4/22	WED	1:00 PM	■ MT. SEQ	FOREST THERAPY WALKS	1	\$29	\$44	18
5/5/22	THU	9:00 AM	■ DRAKE	NOCTURNAL RAPTORS: SILENT PREDATORS	1	\$39	\$54	30
5/5/22	THU	3:00 PM	■ DRAKE	THE CRAFT OF SONGWRITING: BALANCING FORM, FEELING, IDEAS AND TECHNIQUE	1	\$29	\$44	30
5/9/22	MON	10:00 AM	■ OLLI OFFICE	AMERICA AND GUNS	2	\$25	\$40	30
5/9/22	MON	1:30 PM	■ U OF A MUSEUM	UNIVERSITY OF ARKANSAS MUSEUM TOUR	1	\$19	\$34	30
5/10/22	TUE	10:00 AM	■ DRAKE	FROM DARWIN TO GENOMES	4	\$29	\$44	31

Classes At A Glance

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BEGIN DATE	DAY	TIME	LOCATION	COURSE	SESSIONS	COST OLLI MEMBER	COST NON OLLI MEMBER	PG #
5/10/22	TUE	1:30 PM	■ DRAKE	GOOD TO THE LAST DROP: HOW COFFEE GETS TO YOUR CUP	1	\$25	\$40	31
5/11/22	WED	9:30 AM	■ BTV	JOURNEY TO BOLGATANGA	1	\$19	\$34	31
5/11/22	WED	1:00 PM	■ AR AIR & MILITARY MUSEUM	THE MAKING OF A PEARL HARBOR EXHIBIT	1	\$19	\$34	31
5/12/22	THU	3:00 PM	■ DRAKE	SONGWRITING WORKSHOP: TECHNIQUES, TIPS & TRICKS TO GET YOU STARTED	2	\$45	\$60	31
5/13/22	FRI	10:00 AM	■ DRAKE	EXPLORING CIVIL LITIGATION	4	\$39	\$54	31
5/18/22	WED	10:00 AM	■ OLLI OFFICE	OVERCOMING TRAUMA: THE STORY OF INCARCERATED WOMEN IN NORTHWEST ARKANSAS	4	\$19	\$34	31
5/18/22	WED	5:00 PM	● ZOOM	DESIGNING THE NATIONAL WWI MEMORIAL IN WASHINGTON, D. C.	1	\$19	\$34	32
5/19/22	THU	1:00 PM	■ EVERGREEN CEMETERY	WALKING TOUR OF EVERGREEN CEMETERY	1	\$29	\$44	32
5/23/22	MON	10:00 AM	■ PC	WWII ARKANSAS RELOCATION CENTERS	1	\$19	\$34	32
5/24/22	TUE	1:30 PM	■ CCC	SCULPTURAL HANDBUILDING WITH CLAY	3	\$75	\$90	32
5/25/22	WED	10:00 AM	● ZOOM	A VIRTUAL VISIT TO MAPS AIR MUSEUM-WHERE HISTORY TAKES FLIGHT	1	\$25	\$40	32
5/26/22	THU	1:30 PM	■ CCC	PRINTMAKING TECHNIQUES FOR BEGINNERS	3	\$75	\$90	32
5/27/22	FRI	3:30 PM	■ OLLI OFFICE	BASEBALL: KEEPING SCORE FOR BEGINNERS	3	\$39	\$54	32
6/1/22	WED	10:00 AM	■ DRAKE OR OLLI OFFICE	HIGH SPEED RAIL - WHERE IS THE UNITED STATES?	1	\$19	\$34	32
6/1/22	WED	1:00 PM	■ MT. SEQ	FOREST THERAPY WALKS	1	\$29	\$44	18



OLLI Memberships Are Great Gifts For Friends and Family

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To purchase a gift membership online go to olli.uark.edu/participate/membership

Phone: 479-575-4545 | **Email:** olli@uark.edu | **Office Hours:** M-F 9:00 a.m.-3:30 p.m.



OLLI Online Learning



Video Conferencing allows us to expand our programs and connect with more lifelong learners by offering classes “live” virtually.

This technology creates a space for social connections, entertainment and continued learning. Zoom is the supported platform by OLLI - U of A for all courses delivered online/virtually. Zoom – a popular, free video conferencing platform provides high quality, interactive, online learning capabilities. It features video and audio conferencing as well as collaboration tools and resources. It is a fantastic way to attend classes and activities safely from the comfort of your home.

“I Love it! I think that Zoom is an excellent way to experience learning and sharing thoughts with others during this time.”

- OLLI Class Participant

Throughout the spring season, we are offering a select number of classes virtually via Zoom. To ensure you have a good experience with virtual classes we provide a dedicated webpage that covers the basic functionality of the platform along with tutorials on all Zoom features and even some pro tips. Visit our resource page or contact our staff directly with questions to ensure you get the most out of your online classes.

**To learn more about OLLI’s online learning platform visit
<https://olli.uark.edu/participate/online-zoom/>**

Note on Class Updates and Announcements:

Registration reminders and updated class information is sent via email in the days leading up to each class.

Periodically, due to unforeseen reasons, changes may occur to the dates, times and locations of classes and activities.

Covid restrictions at offsite locations could affect classes. Please watch (and read) all notifications.

To ensure you have the most up to date information, check your email and the OLLI website olli.uark.edu.

OLLI U of A Partners

olli@uark.edu to claim your code.'"/>

UNIVERSITY OF ARKANSAS
DEPARTMENT OF THEATRE
J. WILLIAM FULBRIGHT COLLEGE OF ARTS & SCIENCES

OLLI Members get two free tickets to all UARK Department of Theatre Performances. Please email olli@uark.edu to claim your code.

Class Details

FORMAT KEY | ■ = In-Person Only | ● = Virtual Only

CROSSING THE RED SEA

DESCRIPTION: The idea that Moses is the author of the first five biblical books (*Genesis* through *Deuteronomy*) is a popular idea that is never clearly stated in the Bible. However, upon closer inspection, multiple independent ancient sources can be discovered within these biblical books, and each independent source reveals its own agenda, perspective, interests, and style while focusing on its particular details.

Dr. Spencer Allen, instructor for Biblical History & Biblical Interpretation at the University of Arkansas, explores the three surviving biblical retellings of the Crossing of the Red Sea (*Exodus* 13:17- 15:21) and then places these narratives in their larger ancient Israelite literary context. Of the two prosaic versions, only one really resembles the classic scene in Cecil B. DeMille's epic *The Ten Commandments*, while the third version is considered one of the oldest extant Hebrew poems.

INSTRUCTOR: Dr. Spencer Allen
DAY/DATE: Thursday, 2/10/22 - (1)
TIME: 2:30 PM - 4:30 PM
FORMAT: In-Person
LOCATION: Drake
COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

RIGHT BRAIN PHOTOGRAPHY

DESCRIPTION: This course piggybacks on instructor Eli Vega's award-winning book, *Right Brain Photography*, and will teach students how to be an artist first and a photographer second. In the three-session course, explore how to scan and extract; how to see something before you see it, using your imagination, not your eyes; how to apply eastern philosophy to create impressionism and composition in photography; and much more.

INSTRUCTOR: Eli Vega
DAY/DATE: Tuesdays, 2/15/22 - 3/1/22 (3)
TIME: 1:00 PM - 3:00 PM
FORMAT: Virtual
LOCATION: Zoom
COST: \$45.00 OLLI Member
\$60.00 Non-OLLI Member

OIL PAINTING FOR BEGINNERS (OPB)- STILL LIFE

DESCRIPTION: This class will take beginning painters through the process of still life oil painting from a blank canvas to a finished work of art. It's designed to be a hands-on workshop where the learning and the doing will happen together. Helen Eaton and Julie Brandt, former teachers and now OLLI art in-

structors, will use photographs, teacher models, demonstrations of varied techniques, individual attention, and lots of encouragement for this painting class. Choose am or pm session. All materials (canvas, paint, brushes, palette, medium, etc.) will be provided with the cost of the class.

INSTRUCTORS: Helen Eaton & Julie Brandt
DAY/DATE: Wednesdays, 2/16/22 - 2/23/22 (2)
TIME: 9:00 AM-11:00 AM or 1:30 PM-3:30 PM
FORMAT: In-Person
LOCATION: Drake
COST: \$40.00 OLLI Member
\$55.00 Non-OLLI Member

SPEAKING IN A WESLEYAN ACCENT: WHAT METHODISTS, NAZARENES & THE SALVATION ARMY HAVE IN COMMON

DESCRIPTION: Carness Vaughan, senior pastor at Central United Methodist Church of Fayetteville, explores the life of John Wesley who, with his brother Charles and others, founded the Methodist movement. Learn how John Wesley influenced the culture of 18th Century England then and today.

The Salvation Army has a strong link to Methodism as its founder was a British Methodist preacher, William Booth, who found his calling serving the poor.

The Nazarene church also looks to the Wesleyan theology, emphasizing connectional structure, and having founded several institutes of higher education.

All three are passionate about putting faith into action.

Attend to hear our three instructors as they delve deeper into the commonalities of the Methodists, Nazarenes and the Salvation Army.

INSTRUCTORS: Pastor Carness Vaughan, Pastor James and Capt. Robinett
DAY/DATE: Thursday, 2/17/22 - (1)
TIME: 10:00 AM - 12:00 PM
FORMAT: In-Person
LOCATION: Drake
COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

THE RADICAL REFORMATION

DESCRIPTION: The Protestant Reformation of the early 16th century was a diverse movement with a wide variety of patterns of worship, belief, and practice. Join Rev. Dr. Phil Butin, co-pastor of First United Presbyterian Church of Fayetteville, as he explores the contributions of some of the many lesser-known

and more counter-cultural reformers who exemplify this diversity. The book, *Spiritual and Anabaptist Writers*, edited by George Hunston Williams and Angel M. Mergal (WJK) will be used as a primary resource for our discussions.

INSTRUCTOR: Rev. Philip W. Butin
DAY/DATE: Fridays, 2/18/22 - 3/4/22 (3)
TIME: 1:30 PM - 3:30 PM
FORMAT: In-Person
LOCATION: Drake
COST: \$35.00 OLLI Member
\$50.00 Non-OLLI Member

ATAPUERCA - EYEWITNESS TO HUMAN EVOLUTION

DESCRIPTION: Anthropologists have pieced together the story of human evolution over the past several million years using individual fossil finds scattered over widely spread locations and eras. That means that variable hominid races and past environments compound the development of a coherent narrative. Only one location in northeastern Spain provides evidence of human anatomy and tools over a time span from 1.3 million years ago to the early historic. In this course, Dr. Fred Paillet, Adjunct Professor of Geosciences at the UofA, will discuss the Atapuerca site and view the evidence for human activity to be found there.

This is the fascinating story of an ancient scavenger once competing with hyenas developing into a top predator ruling over his/her landscape. Much of that story is now laid out in a newly opened anthropological museum in the historic city of Burgos where the local heritage and legend of El Cid add color to our Spanish adventure.

INSTRUCTOR: Dr. Fred Paillet
DAY/DATE: Monday, 2/21/22 - (1)
TIME: 10:00 AM - 12:00 PM
FORMAT: In-Person
LOCATION: Drake
COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

BEGINNER'S BRIDGE

DESCRIPTION: Learn to play and enjoy the fun and challenging game of social bridge. Designed for the **true beginner** (no experience needed), Tom Jacobsen, OLLI's Bridge Guru, will bring instructions to the group including actual bridge play with other beginning players.

This is a 7 week course authored by renowned bridge experts. Class will not meet on 2/28 or 3/28.

INSTRUCTOR: Tom Jacobsen

DAY/DATE: Mondays, 2/21/22 - 4/18/22 (7)
TIME: 10:00 AM - 12:00 PM
FORMAT: In-Person
LOCATION: RHBC
COST: \$35.00 OLLI Member
\$50.00 Non-OLLI Member

FOREST THERAPY WALK

DESCRIPTION: Join Emmie Brenzel, a Certified Nature and Forest Therapy Guide, to learn about this research based, holistic practice that uses immersion in the forest and natural environments, to promote health and wellness. Inspired by the Japanese practice of Shinrin-Yoku, participants will learn about this ancient practice and its array of health benefits, and be taken on a slow guided walk, using interactive invitations to enhance their sensory awareness and connect with nature and the more than human world.

These walks provide opportunities for deep silence and listening, close observation, the option for the sharing of experiences, and a tea ceremony in closing. Benefits of Forest Bathing include increased immune functioning and improvements to mood, sleep, energy, and memory. This is an outdoor class with extra layers of clothing recommended, being aware that temperatures will feel cooler when seated or moving leisurely.

This is a one session class. Optional dates are: 2/22, 3/30, 4/22, 5/4, or 6/1. Walks are limited to 10 participants per session.
Activity Level: 2

INSTRUCTOR: Emmie Brenzel
DAY/DATE: Various, 2/22/2022, 3/30/2022, 4/22/2022, 5/4/2022, or 6/1/2022 - (1)
TIME: 1:00 PM - 3:00 PM
FORMAT: In-Person
LOCATION: Mt. Seq
COST: \$29.00 OLLI Member
\$44.00 Non-OLLI Member

GENEALOGY HUNTING AND GATHERING: USING THE U.S. CENSUS

DESCRIPTION: Join long time instructor, Susan Riggs, in this class that piggybacks off her course *Genealogy for Beginners*. Participants should have some knowledge of how to pursue genealogy, either from the introductory course or from their own experience. Susan will introduce information about the United States census and how it can be used to hunt and gather information. Following a sample lesson, class members will work in small groups to research information on a real person, using what was learned.

Class Details

FORMAT KEY | ■ = In-Person Only | ● = Virtual Only

INSTRUCTOR: Susan Riggs
DAY/DATE: Thursday, 2/24/22 - (1)
TIME: 1:30 PM - 3:30 PM
FORMAT: In-Person
LOCATION: BTV
COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

THE GREAT OZARK LOVE AFFAIR

DESCRIPTION: Steve Chyrchel, an interpreter for Hobbs State Park, will give a 40-minute presentation describing a short history of our native Ozark chinquapin tree, its value to humans and animals, and then its demise due to the chestnut blight, (*Cryphonectria parasitica*.)

In the second half of the class, Steve will describe what Hobbs State Park has been doing specifically since 2014, while working with the Ozark Chinquapin Foundation, to help restore the Ozark chinquapin to its native range.

****Optional:** After the lecture there will be an optional field trip to see well-preserved remains of large chinquapins killed by original blight along with surviving root sprouts. Fred Paillet will lead the hike and participants will meet at the Botanical Gardens parking lot in Fayetteville and walk about 1/3 mile on paved and level bike trail for the view. No entrance fee needed, and Chinese chestnut will be available for comparison. **Activity Level: 3**

INSTRUCTOR: Steve Chyrchel
DAY/DATE: Friday, 2/25/22 - (1)
TIME: 10:00 AM - 11:00 AM (lecture)
FORMAT: In-Person
LOCATION: TBD
COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

A NATURALIST FOLLOWING THE FOOTSTEPS OF HENRY DAVID THOREAU

DESCRIPTION: Thoreau is widely known for his musings about life at Walden Pond and his Transcendentalist connections. Scientists know him as a pioneering limnologist, but there was a darker side to his life, such as industrial espionage and participation in terrorist cells.

Dr. Fred Paillet, Adjunct Professor of Geosciences, will discuss the Concord landscape described by Henry in his famous journals

while recounting the other dimensions of his life. He described his regret at the tameness of the world around him, the most ferocious wild animal in the area being a muskrat. The wild Massachusetts landscape he had glimpsed in the woods of Maine was entirely gone from Concord.

That landscape has been transformed once again by a combination of suburban sprawl and reforestation. Meanwhile, science has greatly expanded knowledge of Walden Pond itself, as demonstrated in a day-long session at a recent geoscience conference. Think how Henry would be amazed at what has become of the scientific studies he began so long ago.

INSTRUCTOR: Dr. Fred Paillet
DAY/DATE: Monday, 2/28/22 - (1)
TIME: 1:00 PM - 3:00 PM
FORMAT: In-Person
LOCATION: Drake
COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

GREAT DECISIONS 2022

DESCRIPTION: Great Decisions is the United States' largest discussion program on world affairs. OLLI at the University of Arkansas has been a participant for nine years, affording adult learners an opportunity to explore foreign policy and options facing our nation. This semester's Great Decisions program topics include: "Outer Space, Climate Change, Russia, Myanmar and A SEAN, The Quad Alliance, Industrial Policy, Drug Policy in Latin America, and Biden's Agenda." Discussions will be led by Hugh Earnest.

Participants will receive a Briefing Book and a weekly discussion guide providing background information, current data and policy options for each topic. These all provide focus for the weekly discussion group.

INSTRUCTOR: Hugh Earnest
DAY/DATE: Tuesdays, 3/1/22 - 4/26/22 (9)
TIME: 10:00 AM - 12:00 PM
FORMAT: In-Person
LOCATION: Drake or OLLI Office
COST: \$85.00 OLLI Member
\$100.00 Non-OLLI Member

LOST WORLDS IN LITERATURE

DESCRIPTION: Dr. Ashley Robinson, storyteller and OLLI Instructor of the Year, will take a closer look at lost worlds in literature in everything from Arthur Conan Doyle's aptly

named *The Lost World* to non-fiction accounts about hunting for the *Lost City of Z*. Along the way we'll ask ourselves why the hunt for these mythical places and civilizations continue to capture our imaginations, and why we can't stop reading literature about adventure.

Students will need the ability to read digital books (Ashley will provide them for the class) or may need to purchase books for the class.

INSTRUCTOR: Dr. Ashley Robinson
DAY/DATE: Tuesdays, 3/1/22 - 3/22/22 (4)
TIME: 1:00 PM - 3:00 PM
FORMAT: In-Person
LOCATION: Grand Village (GV)
COST: \$49.00 OLLI Member
\$64.00 Non-OLLI Member

BASIC DIGITAL PHOTOGRAPHY

DESCRIPTION: Learn how to shoot your digital camera in full manual mode. Diana Michelle, professional photographer with a specialization in dark room photography, will cover composition and framing, lighting and posing.

A combination of indoor and outdoor sessions will be held with plenty of one-on-one instruction. Learn to take dynamic photos and perfect your technical skills with confidence!

Participants must have a digital camera with manual capabilities.

INSTRUCTOR: Diana Michelle
DAY/DATE: Wednesdays & Fridays,
3/2/22 - 3/11/22 (4)
TIME: 9:30 AM - 11:30 AM
FORMAT: In-Person
LOCATION: Mt. Seq
COST: \$69.00 OLLI Member
\$84.00 Non-OLLI Member

OZARK/ARKANSAS WRITERS BOOK CLUB

DESCRIPTION: Explore Ozark/Arkansas writers through four well-written works of fiction and non-fiction by regional authors. March 2 - *White River Red*, by Becky Marietta. April 6 - *Stolen Water, Forgotten Liberties*, by Joe Barnes. May 4 - *Gene, Everywhere: A Life Changing Visit From My Father-In-Law*, by Talya Tate Boerner. June 1 - *The Vapors: A Southern Family, the New York Mob, and the Rise and Fall of Hot Springs, America's Forgotten Capital of Vice*, by David Hill.

Class members are expected to find their

own copies of the books and to have read each title before the meeting.

This class is for OLLI members only and meets the first Wednesday of the month.

INSTRUCTOR: Marilyn Heifner
DAY/DATE: Wednesdays, 3/2/22 - 6/1/22 (4)
TIME: 2:00 PM - 4:00 PM
FORMAT: In-Person
LOCATION: OLLI Office
COST: \$19.00 OLLI Member
N/A Non-OLLI Member

RAISED BED GARDENING

DESCRIPTION: Do you love to grow your own vegetables and herbs but are limited on space? Does your soil have poor drainage or quality? Raised beds and container gardening may be a solution for you. Raised beds are a great way to increase accessibility to your produce, plan for crop rotation, and can help you avoid some problems often encountered with conventional in-soil gardens.

Colin Massey, County Extension Agent for the UA System Division of Agriculture Cooperative Extension Service, will cover the basics of raised bed and container gardening, the pros, the cons, special considerations, and why a raised bed might be right for you. In addition to contrasting between a traditional garden, he will also cover designs, maintenance, and some home-gardening basics.

INSTRUCTOR: Colin Massey
DAY/DATE: Thursday, 3/3/22 - (1)
TIME: 10:00 AM - 11:00 AM
FORMAT: In-Person
LOCATION: WA Co Ext Office, 2536 N.
McConnell Ave, Fayetteville 72704
COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

TAKE A HIKE - 101

DESCRIPTION: Arkansas, known as the Natural State, has countless trails and trail systems for people of all ages and abilities to get outside and enjoy the wonders of nature. Each fall and spring, OLLI offers opportunities to hit the trail to see waterfalls and springs, to bluff shelters, caves, and much more.

Join OLLI Director and volunteer hiking guide, Josh Raney, to learn what to expect on an OLLI hike, including necessary equipment, proper clothing and other useful resources. Whether you are interested in hiking with OLLI or just want to

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 12:00 PM OLLI China SIG (Zoom)	3	4	5
7	8	9	10 2:30 PM Crossing the Red Sea (Drake)	11	12
14	15 1:00 PM Right Brain Photography (Zoom)	16 9:00 AM Oil Painting for Beginners - Still Life (Drake) 1:30 PM Oil Painting for Beginners - Still Life (Drake)	17 10:00 AM Speaking In A Wesleyan Accent (Drake) 11:30 AM Lunch With Authors (TBD)	18 1:30 PM The Radical Reformation (Drake)	19
21 10:00 AM Atapuerca - Eyewitness to Human Evolution (Drake) 10:00 AM Beginner's Bridge (RHBC)	22 1:00 PM Right Brain Photography (Zoom) 1:00 PM Forest Therapy Walk (Mt. Seq)	23 9:00 AM Oil Painting for Beginners - Still Life (Drake) 1:30 PM Oil Painting for Beginners - Still Life (Drake)	24 1:30 PM Genealogy Hunting and Gathering: Using the U.S. Census (BTV) 5:30 PM OLLI Happy Hour (TBD)	25 10:00 AM The Great Ozark Love Affair (Drake) 11:30 AM OLLI Current Events SIG (TBD) 1:30 PM The Radical Reformation (Drake)	26
28 1:00 PM A Naturalist Following the Footsteps of Henry Thoreau (Drake)	<p>CHECK OUT OUR YouTube Channel</p> <p>OLLI at U of A</p> <p>Learn more about upcoming classes and events by watching the OLLI YouTube page! There you will find short takes and exchanges with instructors about what to expect in their classes!</p> 				

MARCH

2022 Spring Classes in Calendar View

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1 10:00 AM Great Decisions 2022 (OLLI or Drake)</p> <p>1:00 PM Right Brain Photography (Zoom)</p> <p>1:00 PM Lost Worlds in Literature (GV)</p>	<p>2 9:30 AM Basic Digital Photography (Mt. Seq)</p> <p>12:00 PM OLLI China SIG (Zoom)</p> <p>2:00 PM Ozark/Arkansas Writers Book Club (OLLI Office)</p>	<p>3 10:00 AM Raised Bed Gardening (WA Co Ext Office, 2536 N. McConnell Ave, Fay 72704)</p> <p>2:00 PM Take A Hike - 101 (Drake)</p>	<p>4 9:30 AM Basic Digital Photography (Mt. Seq)</p> <p>1:30 PM The Radical Reformation (Drake)</p>	<p>5</p>
<p>7 10:00 AM Beginner's Bridge (RHBC)</p> <p>5:30 PM Telehealth for Communities (BTV)</p>	<p>8 10:00 AM Great Decisions 2022 (OLLI or Drake)</p> <p>10:30 AM Refugee Camps in America (Zoom)</p> <p>1:00 PM Lost Worlds in Literature (GV)</p>	<p>9 9:30 AM Basic Digital Photography (Mt. Seq)</p> <p>1:00 PM From Selfies to Sunsets: How to Take Better Cell Phone Pictures (Mt. Seq)</p> <p>1:00 PM Looking for a Home: Literary and Architectural Structure in the Novel Jane Eyre (Mt. Seq)</p>	<p>10 10:00 AM How Does the U.S. Rank - Globally? A Top 10 Summary! (Zoom)</p> <p>1:00 PM Her Story - The Women Who Shaped Fayetteville (Mt. Seq)</p>	<p>11 9:30 AM Basic Digital Photography (Mt. Seq)</p>	<p>12</p>
<p>14 10:00 AM Beginner's Bridge (RHBC)</p> <p>2:00 PM Cut the Cord! Tips for Watching Internet TV and Movies (OLLI)</p>	<p>15 10:00 AM Great Decisions 2022 (OLLI or Drake)</p> <p>1:00 PM Lost Worlds in Literature (GV)</p> <p>2:00 PM Architectural Anthropology in the Ozarks (Ozark Natural Science Center, 1905 Madison 1305, Huntsville, AR 72740)</p>	<p>16 1:00 PM Looking for a Home: Literary and Architectural Structure in the Novel Jane Eyre (Mt. Seq)</p>	<p>17 10:00 AM Hamilton in History: Examining the Icon in Archives and Context (Mt. Seq)</p> <p>11:30 AM Lunch With Authors (TBD)</p> <p>1:00 PM Alice Munro: Nobel Prize Winner II (Mt. Seq)</p>	<p>18 9:30 AM Watercolor Tulips (Beth Woessner Art Studio, 1503 Taldo Loop, Tontitown 72762)</p>	<p>19</p>
<p>21 10:00 AM Beginner's Bridge (RHBC)</p> <p>10:30 AM Experience Urban Wilderness in Style and Comfort (Coler Mtn Preserve Trail, 2500 NW Grove Lane, Bentonville, AR 72712)</p>	<p>22 10:00 AM Great Decisions 2022 (OLLI or Drake)</p> <p>1:00 PM Lost Worlds in Literature (GV)</p>	<p>23 1:00 PM Looking for a Home: Literary and Architectural Structure in the Novel Jane Eyre (Mt. Seq)</p>	<p>24 9:30 AM Yoga For Healthy Aging (GV)</p> <p>1:00 PM Alice Munro: Nobel Prize Winner II (Mt. Seq)</p> <p>5:30 PM OLLI Happy Hour (TBD)</p>	<p>25 OLLI Office Closed</p>	<p>26</p>
<p>28 1:30 PM Fighting Medicare Fraud & Scams with the AR SMP (Drake)</p>	<p>29 10:00 AM Great Decisions 2022 (OLLI or Drake)</p> <p>1:30 PM Turn Your Great Idea Into a Business (Mt. Seq)</p>	<p>30 1:00 PM Forest Therapy Walk (Mt. Seq)</p> <p>1:00 PM Looking for a Home: Literary and Architectural Structure in the Novel Jane Eyre (Mt. Seq)</p>	<p>31 9:00 AM Chasing Waterfalls: Sweden Creek Falls (Ozark National Forest)</p> <p>9:30 AM Yoga For Healthy Aging (GV)</p> <p>1:00 PM Alice Munro: Nobel Prize Winner II (Mt. Seq)</p>		

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

OSHER LIFELONG LEARNING INSTITUTE

FOLLOW
OLLI on social media

Stay up to date on our promotions and giveaways!

Twitter Facebook Instagram
@OLLIatUofA

1
10:00 AM Turning Your Recipes into a Legacy Cookbook (Drake)

2

4
10:00 AM Beginner's Bridge (RHBC)
10:30 AM The Big Switch to Sustainable Gardening (Drake)

5
10:00 AM Great Decisions 2022 (OLLI or Drake)
11:00 AM Mindful Movement: Stretching and Qigong (Zoom)
2:00 PM Northwest Arkansas Regional Growth - Census 2020 & 2045 Projections (Drake)

6
9:00 AM Don't Swim with the Fishes! Watch 35,000 Live Ones! (Springfield MO)
12:00 PM OLLI China SIG (Zoom)
2:00 PM Ozark/Arkansas Writers Book Club (OLLI Office)

7
9:00 AM Chasing Waterfalls of the Ozarks (TBD)
9:30 AM Yoga For Healthy Aging (GV)
1:30 PM Prairie Grove Heritage Museum Tour (PG Hist Museum)

8
10:00 AM Optimizing Brain Health One Small Step at a Time (BTV)

9

11
9:30 AM Japan's Demographic Cliff: Will the US Follow? (Drake)
10:00 AM Beginner's Bridge (RHBC)

12
10:00 AM Great Decisions 2022 (OLLI or Drake)
11:00 AM Mindful Movement: Stretching and Qigong (Zoom)

13
9:00 AM Amateur Radio: History, Present, and Future (OLLI)
1:30 PM First to Jonestown (Drake)

14
9:30 AM Yoga For Healthy Aging (GV)
2:30 PM The Rise of King David (Drake)

15
10:00 AM Optimizing Brain Health One Small Step at a Time (BTV)
1:00 PM Ozark Wildflower Hike (Ozark Natural Science Center, 1905 Madison 1305, Huntsville, AR 72740)

16

18
9:30 AM America's First Public Beach (Drake)
10:00 AM Beginner's Bridge (RHBC)
1:00 PM Diurnal Raptors (Drake)

19
10:00 AM Great Decisions 2022 (OLLI or Drake)
10:00 AM MONAH (A snapshot) (MONAH 202 SW O street Bentonville AR)
11:00 AM Mindful Movement: Stretching and Qigong (Zoom)

20
11:30 AM Spring Wildflower Walk, Buffalo National River (Lost Valley, Buffalo National River)
4:00 PM Take Me Out to The Ballgame (Baum-Walker Stadium)

21
8:00 AM Spring Migrant Bird Walks (O/S)
9:30 AM Yoga For Healthy Aging (GV)
11:30 AM Lunch With Authors (TBD)
2:30 PM The Rise of King David (Drake)

22
9:00 AM Riding The Rails: The History of Railroads in Northwest Arkansas (Mt. Seq)
1:00 PM Forest Therapy Walk (Mt. Seq)

23

25
10:00 AM The Geology of I-49 (Drake)
1:00 PM Fayetteville Trails (GV)

26
10:00 AM Great Decisions 2022 (OLLI or Drake)
11:00 AM Mindful Movement: Stretching and Qigong (Zoom)
1:30 PM The Plight of the Big Cats (Drake)

27
1:00 PM The Conversations (Mt. Seq)

28
8:00 AM Spring Migrant Birdwalks (O/S)
9:30 AM Yoga For Healthy Aging (GV)
2:30 PM The Rise of King David (Drake)
5:30 PM OLLI Happy Hour (TBD)

29
9:00 AM Riding The Rails: The History of Railroads in Northwest Arkansas Tour
10:00 AM Native Plant Ecology (Drake)
11:30 AM OLLI Current Events SIG (TBD)

30

MAY

2022 Spring Classes in Calendar View

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2 10:00 AM MUFON: What is in the Sky? Is it Extraterrestrial? (Drake) 4:00 PM Smart Cooking for 2 (Works for 1 Too!) (Zoom)</p>	<p>3 8:30 AM Turpentine Creek Wildlife Tour (TCWR) 10:00 AM Trees of Arkansas (AR Land Trust, MLK, Fay)</p>	<p>4 9:00 AM Fayetteville Ramble (Start at Fayetteville Public Library, southside parking lot) 12:00 PM OLLI China SIG (Zoom) 1:00 PM Forest Therapy Walk (Mt. Seq) 2:00 PM Ozark/Arkansas Writers Book Club (OLLI Office)</p>	<p>5 9:00 AM Nocturnal Raptors: Silent Predators (Drake) 9:30 AM Yoga For Healthy Aging (GV) 3:00 PM The Craft of Songwriting: Balancing Form, Feeling, Ideas and Technique. (Drake)</p>	<p>6 10:00 AM Native Plant Ecology (Drake)</p>	<p>7</p>
<p>9 10:00 AM America and Guns (OLLI) 1:30 PM University of Arkansas Museum Tour (University of Arkansas Museum Hatch Ave.)</p>	<p>10 10:00 AM From Darwin to Genomes (Drake) 1:30 PM Good to the Last Drop: How Coffee Gets to Your Cup (Drake)</p>	<p>11 9:30 AM Journey to Bolgatanga (BTV) 1:00 PM The Making of Pearl Harbor (Arkansas Air and Military Museum)</p>	<p>12 9:30 AM Yoga For Healthy Aging (GV) 3:00 PM Songwriting Workshop: Techniques, Tips and Tricks to Get You Started (Drake)</p>	<p>13 10:00 AM Exploring Civil Litigation (Drake)</p>	<p>14</p>
<p>16 10:00 AM America and Guns (OLLI)</p>	<p>17 10:00 AM From Darwin to Genomes (Drake)</p>	<p>18 10:00 AM Overcoming Trauma (OLLI) 5:00 PM Designing the National WWI Memorial in Washington, DC (Zoom)</p>	<p>19 9:30 AM Yoga For Healthy Aging (GV) 11:30 AM Lunch With Authors (TBD) 1:00 PM Walking Tour of Evergreen Cemetery (Evergreen) 3:00 PM Songwriting Workshop: Techniques, Tips and Tricks to Get You Started (Drake)</p>	<p>20 10:00 AM Exploring Civil Litigation (Drake)</p>	<p>21</p>
<p>23 10:00 AM WWII Arkansas Relocation Centers (PC)</p>	<p>24 10:00 AM From Darwin to Genomes (Drake) 1:30 PM Sculptural Hand Building with Clay (Community Creative Center)</p>	<p>25 10:00 AM Overcoming Trauma (OLLI) 10:00 AM A Virtual Visit to MAPS Air Museum - Where History Takes Flight (Zoom)</p>	<p>26 9:30 AM Yoga For Healthy Aging (GV) 1:30 PM Printmaking Techniques for Beginners (CCC) 5:30 PM OLLI Happy Hour (TBD)</p>	<p>27 10:00 AM Exploring Civil Litigation (Drake) 11:30 AM OLLI Current Events SIG (TBD) 3:30 PM Baseball: Keeping Score for Beginners (OLLI)</p>	<p>28</p>
<p>30 OLLI Office Closed</p>	<p>31 10:00 AM From Darwin to Genomes (Drake) 1:30 PM Sculptural Hand Building with Clay (Community Creative Center)</p>	<p style="text-align: center;">OLLI NEWSLETTERS OLLI Newsletters are the easiest way to keep up with OLLI courses and events. Not receiving our newsletters? To sign up go to: olli.uark.edu/participate</p>			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:00 AM Overcoming Trauma (OLLI) 10:00 AM High Speed Rail-Where is the United States? (Drake or OLLI) 12:00 PM OLLI China SIG (Zoom) 1:00 PM Forest Therapy Walk (Mt. Seq) 2:00 PM Ozark/Arkansas Writers Book Club (OLLI Office)	2 1:30 PM Printmaking Techniques for Beginners (CCC)	3 10:00 AM Exploring Civil Litigation (Drake) 3:30 PM Baseball: Keeping Score for Beginners (OLLI)	4 TBD Baseball Keeping Score Gameday (Naturals Arvest Ballpark)
6	7 1:30 PM Sculptural Hand Building with Clay (Community Creative Center)	8 10:00 AM Overcoming Trauma (OLLI)	9 1:30 PM Printmaking Techniques for Beginners (In-Person)	10	11
13	14	15	16	17	18

LOCATIONS

BUTTERFIELD TRAIL VILLAGE (BTV)
 1923 E Joyce Blvd.
 Fayetteville, AR 72703

COMMUNITY CREATIVE CENTER (CCC)
 505 W Spring St.
 Fayetteville, AR 72701

FAYETTEVILLE AIRPORT (DRAKE)
 4500 S. School Avenue
 Fayetteville, AR 72701

FAYETTEVILLE PUBLIC LIBRARY (FPL)
 401 W Mountain St.
 Fayetteville, AR 72701

GRAND VILLAGE (GV)
 1998 W Grand Blvd.
 Fayetteville, AR 72704

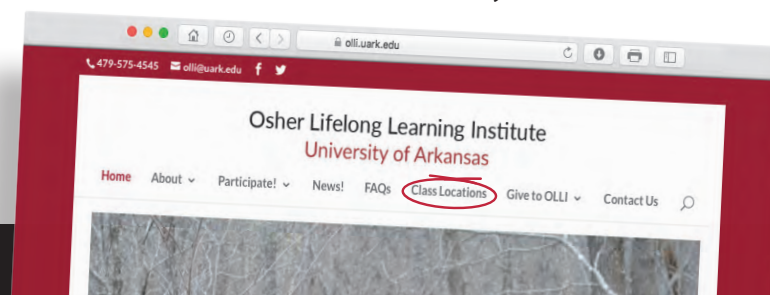
MT. SEQUOYAH (MT. SEQ)
 150 N Skyline Dr.
 Fayetteville, AR 72701

OZARK NATURAL SCIENCE CENTER (ONSC)
 1905 Madison 1305,
 Huntsville, AR 72740

OLLI OFFICE (OLLI)
 211 E Dickson St.
 Fayetteville, AR 72701

PRYOR CENTER (PC)
 1 E. Center St., 1st Floor
 Fayetteville, AR 72701

ROLLING HILLS BAPTIST CHURCH (RHBC)
 1400 E. Rolling Hills Dr.
 Fayetteville, AR 72703



For MAPS and DIRECTIONS: oli.uark.edu or **479-575-4545**

Class Details

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learn more about opportunities to explore on your own, this is for you!

INSTRUCTOR: Josh Raney
DAY/DATE: Thursday, 3/3/22 - (1)
TIME: 2:00 PM - 3:00 PM
FORMAT: In-Person
LOCATION: Drake
COST: \$10.00 OLLI Member and Non-OLLI Member

TELEHEALTH FOR COMMUNITIES

DESCRIPTION: Telehealth has become the new norm since COVID-19. Many people are still unaware of all of the services that can be provided through this electronic format. Anna Jarrett, Associate Professor for the Eleanor Mann School of Nursing at the UofA, will educate the community on how to participate in telehealth visits.

The presentation will identify essential information to provide to the practitioner with each visit. It will demonstrate examples of examinations via smart phone to enhance virtual exam capabilities.

INSTRUCTOR: Anna Jarrett
DAY/DATE: Monday, 3/7/22 - (1)
TIME: 5:30 PM - 7:00 PM
FORMAT: In-Person
LOCATION: BTV
COST: \$15.00 OLLI Member and Non-OLLI Member

FROM SELFIES TO SUNSETS: HOW TO TAKE BETTER CELL PHONE PICTURES

DESCRIPTION: It seems most people have hundreds and maybe thousands of photos on their phones. But are they good photos? Join award winning artist and photographer, Diana Michelle, as she shares basic and advanced tips to take better cell phone pictures. Learn to compose, edit, store and distribute all those photos you keep taking.

Both Android and iPhone models will be taught. Each student must have a cell phone with a built in camera.

INSTRUCTOR: Diana Michelle
DAY/DATE: Wednesday, 3/9/22 - (1)
TIME: 1:00 PM - 3:00 PM
FORMAT: In-Person
LOCATION: Mt. Seq
COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

LOOKING FOR A HOME: LITERARY AND ARCHITECTURAL STRUCTURE IN THE NOVEL JANE EYRE

DESCRIPTION: Charlotte Bronte builds her novel *Jane Eyre* around a series of architectural structures that Jane inhabits, from the terrifying "red room" of her aunt's house, to the horrific Lowood School, to Mr. Rochester's Thornfield, where Jane encounters both love and madness, and, finally, to Ferndean, her heart's home. We will consider the distinction Bronte draws between "houses" - living quarters - and "home," that secure abiding place for body and spirit.

Kay DuVal, who holds a Ph.D. in English, specialized in the 19th century British novel, with her dissertation entitled *The Quiet Heretics: Religion and the Craft of the Bronte Sisters' Novels*. She will present photographs from Bronte's environment which provided inspiration for settings in the novel, while bringing insights into the pilgrimage upon which Bronte sets the orphan Jane Eyre.

Participants should provide their own copy of the novel and will be given reading assignments in advance to encourage lively class discussion.

INSTRUCTOR: Kay N. DuVal
DAY/DATE: Wednesdays, 3/9/22 - 3/30/22 (4)
TIME: 1:00 PM - 2:30 PM
FORMAT: In-Person
LOCATION: Drake
COST: \$35.00 OLLI Member
\$50.00 Non-OLLI Member

HOW DOES THE U.S. RANK - GLOBALLY? A TOP 10 SUMMARY!

DESCRIPTION: Doug Sowell has been conducting market research and public opinion polling for over 15 years. 2022 is year 4 for compiling a comprehensive list that summarizes how the U.S. ranks in over 25 key global categories. The ranking will review economic factors like income, deductions and taxes; environment and pollution; energy sources; healthcare costs and outcomes; marriage, divorce, birth rates; education levels, achievements, life expectancy, paid vacations; national prosperity; religiosity and atheism; murder and crime rates; a change readiness index; happiest and most competitive countries;

"best" countries ranked; "where" to be born in 2022. All charts and links to data sources will be sent to participants in advance.

INSTRUCTOR: Douglas Stowell
DAY/DATE: Thursday, 3/10/22 - (1)
TIME: 10:00 AM - 11:30 AM
FORMAT: Virtual
LOCATION: Zoom
COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

HER STORY - THE WOMEN WHO SHAPED FAYETTEVILLE

DESCRIPTION: Commemorating and encouraging the study and observation of Women's History Month, Marilyn Heifner, a lifelong resident of Fayetteville and purveyor of Arkansas history, will discuss stories of outstanding women in Fayetteville's history. Learn more about these amazing women, including Sophia Sawyer, Roberta Fulbright, Ella B. Hurst, and others.

INSTRUCTOR: Marilyn Heifner
DAY/DATE: Thursday, 3/10/22 - (1)
TIME: 1:00 PM - 2:30 PM
FORMAT: In-Person
LOCATION: PC
COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

CUT THE CORD! TIPS FOR WATCHING INTERNET TV AND MOVIES

DESCRIPTION: Technology can make our lives easier, more productive, and sometimes less expensive. This session will give you tips on how to cut the cord and stream content from the internet. The basics of digital antennas, internet ready televisions and streaming devices will be discussed in this session with information on how to get what you need to cut the cord and how this can save you money!

Popular streaming services will be reviewed with an eye toward value and ease of use. This session is appropriate for anyone who wants to cut the cord.

INSTRUCTOR: Dr. Alishia Ferguson
DAY/DATE: Monday, 3/14/22 - (1)
TIME: 2:00 PM - 3:30 PM
FORMAT: In-Person
LOCATION: OLLI
COST: \$19.00 OLLI Member and Non-OLLI Member

ARCHITECTURAL ANTHROPOLOGY IN THE OZARKS

DESCRIPTION: Join us at the Ozark Natural Science Center as we explore the shelters of Bear Hollow and hike along the two miles of trails to explore three very different shelters. The hike begins with a short lecture and then takes you to the oldest site - Bluff Shelter. This easy to moderate hike follows our trail to Yarbrough Cabin and ends with Rookard House. This rare opportunity allows the explorer a safe and exciting look at how previous humans have dwelt in the Ozarks and how they used the natural elements around them to support life. From the spring box to split rock, this is a hike you will always remember. Cost of admission is in class fee.

Meeting location will be sent to those choosing the transportation option. It is highly encouraged for commuters to follow the van to the ONSC location. Add 45 - 60 mins for travel.

Participants should dress for hiking. Bring a water bottle. **Activity Level: 3**

INSTRUCTOR: Renee Valentine
DAY/DATE: Tuesday, 3/15/22 - (1)
TIME: 2:00 PM - 5:00 PM

FORMAT: In-Person
LOCATION: Ozark Natural Science Center, 1905 Madison 1305, Huntsville, AR 72740
COST: \$35 (CR) / \$49 (TR) OLLI Member
\$50 (CR) / \$64 (TR) Non-OLLI Member

HAMILTON IN HISTORY: EXAMINING THE ICON IN ARCHIVES AND CONTEXT

DESCRIPTION: As an American icon and subject of ample public discourse, Alexander Hamilton has generated many different ideas and opinions from U.S. citizens for generations. For the past few years, he has achieved an even greater level of fame and reverence through Broadway musicals and a broader cultural re-examination of issues around race, class, and power.

Joshua Youngblood, UofA Libraries Special Collections Instruction & Outreach Unit, will share the life and memory of Alexander Hamilton through primary source material and changing historical understandings over two centuries.

Participants will deep dive into the digitally available archives and exhibits in order to study

Class Details

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the real historical figure and develop a critical perspective to enhance the evolving mythology and popular images. The class will explore other rich online sources available from the National Archives, the Library of Congress, the New York Historical Society, and many universities and museums. A few rare books and other items from the University of Arkansas Libraries will also be available for participants to experience firsthand.

INSTRUCTOR: Joshua C. Youngblood

DAY/DATE: Thursday, 3/17/22 (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: BTV

COST: \$25.00 OLLI Member

\$40.00 Non-OLLI Member

ALICE MUNRO: NOBEL PRIZE WINNER II

DESCRIPTION: The second in a series of OLLI courses on Alice Munro led by Dr. Linda Leavell, a biographer and retired professor of American literature. This class will read *Dear Life*, Munro's fifteenth and last collection of stories: stories of unexceptional, mostly rural Canadians whose lives throb with disillusionment, loneliness, mystery, and epiphany. Short stories can be wonders of style and compressed psychological insight, yet they get too little notice among general readers. "I would really hope this would make people see the short story as an important art, not just something you played around with until you got a novel," said Alice Munro when she won the 2013 Nobel Prize for Literature.

Participants should purchase or borrow *Dear Life* to have in hand during class meetings, which will consist mostly of discussion. Before the first class, participants should read the first five stories.

INSTRUCTOR: Linda Leavell

DAY/DATE: Thursdays, 3/17/22 - 3/31/22 (3)

TIME: 1:00 PM - 3:00 PM

FORMAT: In-Person

LOCATION: Mt. Seq

COST: \$29.00 OLLI Member

\$44.00 Non-OLLI Member

WATERCOLOR TULIPS

DESCRIPTION: Create three to five watercolor notecards worthy of sending to friends or loved ones. No experience is needed! Watercolor artist, Beth Woessner, teaches loose and easy techniques. Learn how to use wet

on wet washes or when to use wet on dry and glazing.

Materials cost included in cost of class.

INSTRUCTOR: Beth Woessner

DAY/DATE: Friday, 3/18/22 - (1)

TIME: 9:30 AM - 12:30 PM

FORMAT: In-Person

LOCATION: Beth Woessner Art Studio,
1503 Taldo Loop, Tontitown 72762

COST: \$69.00 OLLI Member

\$84.00 Non-OLLI Member

EXPERIENCE URBAN WILDERNESS IN STYLE AND COMFORT

DESCRIPTION: Bentonville's new Coler Mountain reserve has 1.5 miles of paved trail along a scenic brook in a secluded urban ravine. This little gem of old growth forest has bur oaks and bitternut hickories towering over slopes that are rampant with spring ephemeral wildflowers. Our visit is timed to coincide with the flowering of the relatively uncommon bright yellow version of trout lily as seen in previous years in late March. Also, expect bloodroot, downy yellow violet, trillium, toothwort and jacob's ladder. Fred Paillet, Adjunct Professor of Geosciences, will tell about how there was once a trash filled mud-hole behind a failed dam now converted into a sparkling clear stream cascading over rock ledges. The nearly level paved trail has fully accessible facilities, so this is an opportunity to invite handicapped friends to join us. Participants can make this an out-and-back hike or arrange for a shuttle back between endpoints.

Meeting location will be sent to those choosing the transportation option. Add 45-60 minutes for travel.

Participants should dress for hiking. Bring a water bottle. **Activity Level: 3**

INSTRUCTOR: Dr. Fred Paillet

DAY/DATE: Monday, 3/21/22 - (1)

TIME: 10:30 AM - 12:30 PM

FORMAT: In-Person

LOCATION: Coler Mtn. Preserve Trail,
2500 NW Grove Lane,
Bentonville, AR 72712

COST: \$25 (CR) / \$40 (TR) OLLI Member

\$40 (CR) / \$55 (TR) Non-

OLLI Member

YOGA FOR HEALTHY AGING

DESCRIPTION: There is a solution for improving the body changes that come with aging. Healthy aging requires one to systematically stretch and condition muscles that will protect the aging joints. The slow, exact movements practiced in Yoga will enhance strength, eliminate joint stiffness, restore flexibility and range of motion, improve agility, and improve balance. These key areas - strength, flexibility, agility and balance - are the foundations of healthy living and living without the morning shuffle of pain and stiffness.

Viknisvari Willis, a certified Yoga instructor who teaches at the Arkansas Yoga Center, will guide participants in the practice of Yoga, emphasizing that Yoga means union with our mind and body. Focus will be on breathing and some meditation techniques that help calm the nervous system.

Dress in clothing in which you can move freely. Optional suggestions for participants to use in class are a yoga mat, yoga blocks, straps and a blanket or pillow.

INSTRUCTOR: Viknisvari Willis

DAY/DATE: Thursdays, 3/24/22 - 5/26/22 (10)

TIME: 9:30 AM - 11:00 AM

FORMAT: In-Person

LOCATION: Grand Village (GV)

COST: \$69.00 OLLI Member

\$84.00 Non-OLLI Member

FIGHTING MEDICARE FRAUD & SCAMS WITH THE AR SMP

DESCRIPTION: Kathleen Pursell, the Director of the Arkansas Senior Medicare Patrol, will lead a session about the work of the Arkansas Senior Medicare Patrol and how they inform and train Medicare beneficiaries in how to protect themselves from Medicare fraud; how to detect Medicare fraud of their own Medicare accounts; and how to report Medicare fraud and errors.

Participants will also learn about the latest healthcare scams in Arkansas and nationwide; and also what role beneficiaries and their caregivers play in the fight against fraud. After the session, attendees may want to consider SMP volunteer opportunities and receive further training

INSTRUCTOR: Kathleen Pursell

DAY/DATE: Monday, 3/28/22 - (1)

TIME: 1:30 PM - 3:30 PM

FORMAT: In-Person

LOCATION: Drake

COST: \$19.00 OLLI Member

\$34.00 Non-OLLI Member

TURN YOUR GREAT IDEAS INTO A BUSINESS

DESCRIPTION: Perhaps you have a business idea you've been thinking about but either keep putting it off, or thinking it is too hard to go from your great idea to actually starting a business. Join Morgan Scholz, a local start-up business expert, to learn how to develop a preliminary one-page business plan including the key components to consider in starting or scaling your own business. This could be the time to start that craft business, antique business, or share your knowledge as a business consultant. Morgan is just the person to help you get your start! She will also provide information on free or low-cost area resources available for small businesses and startups.

INSTRUCTOR: Morgan Scholz

DAY/DATE: Tuesday, 3/29/22 - (1)

TIME: 1:30 PM - 3:30 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$25.00 OLLI Member

\$40.00 Non-OLLI Member

CHASING WATERFALLS: SWEDEN CREEK FALLS

DESCRIPTION: Join fellow hikers on this journey in the Sweden Creek Falls Natural Area, a little known area in the Boston Mountains of the Ozarks. It's protected by the Arkansas Natural Heritage Commission and is a mix of glades, deep gulches, bluffs, hardwood forests and the state's eighth tallest waterfall. Hikers will visit two trails for a view from both above and below the falls. Sweden Creek, the waterfalls namesake, forms a narrow v-slot in the top of the bluff before dropping 81 ft. to a green/blue pool below. The hike is approx. 3.5 miles.

To hike below the falls requires previous hiking experience and good balance. Hikers will also visit an old homestead, smaller waterfalls and walk along massive bluff overhangs.

Participants should wear sturdy hiking shoes, bring a hiking pole and bottled water. Departure location and other information will be sent upon registering.

Class Details

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Activity level: 5

INSTRUCTOR: Josh Raney
DAY/DATE: Thursday, 3/31/22 - (1)
TIME: 9:00 AM - 4:00 PM
FORMAT: In-Person
LOCATION: Ozark National Forest
COST: \$25 (CR) / \$45 (TR) OLLI Member
\$40 (CR) / \$60 (TR) Non-
OLLI Member

TURNING YOUR RECIPES INTO A LEGACY COOKBOOK

DESCRIPTION: The thought of taking all those note cards and slips of papers with your favorite recipes and turning them into a cookbook can easily feel overwhelming. Join Chef Christina Bush, author of two family recipe cookbooks, as she explains the process in easy to understand steps that anyone can follow to compile, organize, format, and publish their recipes in a cookbook.

The cost of class booklet is in the cost of class.

INSTRUCTOR: Christina Bush
DAY/DATE: Friday, 4/1/22 - (1)
TIME: 10:00 AM - 12:00 PM
FORMAT: In-Person
LOCATION: Drake
COST: \$29.00 OLLI Member
\$44.00 Non-OLLI Member

THE BIG SWITCH TO SUSTAINABLE GARDENING

DESCRIPTION: Problems in the environment are affecting the ecosystem causing the decline of birds, bees, butterflies, and other pollinators. Change in conventional gardening to a sustainable native plant garden is a big switch. We like our large green lawns and cultivated colorful plants that we purchase from the big box stores. Master Naturalist, Mariellen Griffith, will present methods and ideas to make that change which will help the biodiversity and ecosystems in which we live.

INSTRUCTOR: Mariellen Griffith
DAY/DATE: Monday, 4/4/22 - (1)
TIME: 10:30 AM - 11:30 AM
FORMAT: In-Person
LOCATION: Drake
COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

MINDFUL MOVEMENT: STRETCHING AND QIGONG

DESCRIPTION: This class is an introduction

to Qigong and simple stretching patterns. Movements will be taught both as physical and energetic exercises and as methods for improving present moment awareness and mindfulness of subtle perceptions. Although Qigong can be studied for a lifetime, this brief series will give you a taste of the practices. Over the course of the classes you will learn a set of simple movements you can integrate into your daily routine.

This is an active class and students need to be able to move about comfortably in a home space. The exercises will challenge and enhance your flexibility, balance and coordination. Classes consist mostly of active movement. No special clothing or experience required, come as you are, ready to have fun with others!

We will be meeting over Zoom and the class will include social time with other students. A special treat, this class is cross listed with some other OLLI programs across the country! Students will also have access to videos on YouTube and an optional DVD. Students will sign a liability waiver with OLLI prior to the first class. These sessions will **not** be recorded.

INSTRUCTOR: Nando Reynolds
DAY/DATE: Tuesdays, 4/5/22 - 4/26/22 (4)
TIME: 11:00 AM - 12:30 PM
FORMAT: Virtual
LOCATION: Zoom
COST: \$29.00 OLLI Member
\$44.00 Non-OLLI Member

NORTHWEST ARKANSAS REGIONAL GROWTH - CENSUS 2020 & 2045 PROJECTIONS

DESCRIPTION: Northwest Arkansas continues to see significant growth in population, employment, and households. Join Tim Conklin, Assistant Director for NWA Regional Planning Commission, as he takes participants into a deep dive of the 2020 Census data, future 2045 NWA projections, and how this data is being utilized in transportation planning for the region.

INSTRUCTOR: Tim Conklin
DAY/DATE: Tuesday, 4/5/22 - (1)
TIME: 2:00 PM - 3:30 PM
FORMAT: In-Person
LOCATION: Drake
COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

DON'T SWIM WITH THE FISHES! WATCH 35,000 LIVE ONES!

DESCRIPTION: Travel with us to the Johnny Morris' Wonders of Wildlife National Museum and Aquarium in Springfield, MO. Explore a 1.5-million-gallon aquarium adventure showcasing 35,000 live fish, mammals, reptiles, birds, and a wildlife museum offering a tour of the wildest places on earth. The 350,000-square foot experience features more than 1.5 miles of immersive trails and exhibits - all connected to the Bass Pro Headquarters which contains a delicious restaurant, Hemingways.

Meeting location will be sent in class reminder. Commuters may elect to follow the van to site. Cost of Aquarium admission included in cost of class.

INSTRUCTOR: Douglas Talbott
DAY/DATE: Wednesday, 4/6/22 - (1)
TIME: 9:00 AM - 5:00 PM
FORMAT: In-Person
LOCATION: Springfield MO
COST: \$65 (CR) / \$80 (TR) OLLI Member
\$85 (CR) / \$100 (TR)
Non-OLLI Member

CHASING WATERFALLS IN THE OZARKS

DESCRIPTION: Grab your hiking boots and join the chase for some amazing waterfalls during the wet season of the Ozarks. On this full day outing, hikers will travel down Hwy. 23 / "Pig Trail" to the Mulberry River valley, to seek out a combination of waterfalls ranging in size and natural beauty. The specific waterfalls will be announced the week of the hike based on the water levels and conditions at that time. Possible waterfalls to be visited include: High Bank Twins, a hidden double falls; Bingham Hollow Falls, a towering 50 foot fall; White Oak Creek Falls, an unusual open fall with lots of sunshine; or Pig Trail Falls, which is viewable from the highway.

Due to road conditions and limited parking, van transportation is required. Sign up early or join the wait list for the possibility of an additional session being added. **Activity Level of 3.**

INSTRUCTOR: Josh Raney
DAY/DATE: Thursday, 4/7/22 - (1)
TIME: 9:00 AM - 4:00 PM
FORMAT: In-Person
LOCATION: Buffalo National River
upper wilderness region
COST: \$40 (TR) OLLI Member
\$55 (TR) Non-OLLI Member

PRAIRIE GROVE HERITAGE MUSEUM TOUR

DESCRIPTION: A member of the Prairie Grove Historical Society will open the Prairie Grove Heritage Museum for a private tour. The museum displays items showing the history of Prairie Grove and surrounding areas going back to its incorporation in 1888 including artifacts from local Freemasonry, Woman's Study Club, and many pictures from the 1900s. The time will also be spent taking a walking tour through historical downtown Prairie Grove where most of the buildings were built between 1920 - 1940. The tour will also include a visit to Mock Park to see the spring where it's said that the Spanish explorer De Soto and his men camped in 1541.

Meeting location and instructions will be sent to participants in the class reminder.

INSTRUCTOR: Kerrie Logsdon
DAY/DATE: Thursday, 4/7/22 - (1)
TIME: 1:30 PM - 3:30 PM
FORMAT: In-Person
LOCATION: PG History Museum
COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

OPTIMIZING BRAIN HEALTH ONE SMALL STEP AT A TIME

DESCRIPTION: The Alzheimer's Association estimates that approximately 6.2 million Americans are living with Alzheimer's disease, the most common form of dementia. This includes roughly 60,000 Arkansans. Almost two-thirds of those living with Alzheimer's are women. At this point in time, it is not clear whether Alzheimer's can be prevented. However, research is indicating that there are lifestyle practices we can all adopt to help reduce our risk, optimize our overall brain health, and increase our resilience.

In this course, Kate Kowalski, MSSW, who worked in the fields of clinical social work and geriatrics /dementia education, will review some of the latest research related to lifestyle practices and brain health and explore adaptations people can make to optimize cognitive function. Participants will also learn tips and strategies for putting these changes into practice in our day-to-day lives, one small step at a time.

INSTRUCTOR: Kate Kowalski
DAY/DATE: Fridays, 4/8/22 - 4/15/22 (2)
TIME: 10:00 AM - 11:30 AM
FORMAT: In-Person

Class Details

FORMAT KEY | ■ = In-Person Only | ● = Virtual Only

LOCATION: BTV
COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

JAPAN'S DEMOGRAPHIC CLIFF: WILL THE U.S. FOLLOW?

DESCRIPTION: With a median age of 49 years, Japan's population is the oldest in the world - and it's getting older. The country's population peaked a decade ago and will likely decline by one third by the end of the century. Japan has historically tolerated very little immigration and shows no inclination to add people from outside to offset the drop in population. Fifty years ago, over-population in Japan was a challenge; now ghost towns are beginning to dot the country.

With a median age of 39, the United States is younger than Japan, but similar aging and growth trends are beginning to appear. What might the U.S. learn from Japan's demographic experience? Ken Allen, a lifelong student of global history, finance, economics, and architecture, will lead this single session class in identifying the challenges of national aging and the lessons to be learned from an advanced and experienced Japanese society.

INSTRUCTOR: Ken Allen
DAY/DATE: Monday, 4/11/22 - (1)
TIME: 9:30 AM - 11:30 AM
FORMAT: In-Person
LOCATION: Drake
COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

AMATEUR RADIO: HISTORY, PRESENT, AND FUTURE

DESCRIPTION: Amateur radio operator, Murray Harris, will share an exposition of the history of amateur radio from the early 20th Century to the present with an outlook to the future of radio communication around the world. He will cover early radio techniques and will explain the development of Morse Code, voice, and digital modes of communicating along with some esoteric communications modes such as bouncing signals off of the Moon. New radio techniques using cellphones and small handheld radios allow world wide contacts with other amateur radio operators around the world. These features will be explained and demonstrated.

INSTRUCTOR: Murray Harris
DAY/DATE: Wednesday, 4/13/22 - (1)
TIME: 9:00 AM - 11:00 AM

FORMAT: In-Person
LOCATION: OLLI
COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

FIRST TO JONESTOWN

DESCRIPTION: Preston Jones, Professor of History, John Brown University, will share his discussion with David Netterville. Netterville was the first U.S. Special Forces operator to arrive in Jonestown, Guyana in November 1978. Jonestown was the scene of the largest mass suicide/murder in modern history. At the order of Peoples Temple leader, Jim Jones, 900 people perished; 300 were 17 or younger.

INSTRUCTOR: Preston Jones
DAY/DATE: Wednesday, 4/13/22 - (1)
TIME: 1:30 PM - 3:00 PM
FORMAT: In-Person
LOCATION: Drake
COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

THE RISE OF KING DAVID

DESCRIPTION: According to the Hebrew Bible, David was the greatest of all Israelite kings and a man after God's own heart (cf. 1 *Samuel* 13:14). David unified all the Israelite tribes (if only for two generations), transformed Judah and Israel into a minor empire, and established a dynasty that survived more than 400 years, one of the long-lasting dynasties in world history. His presence is felt throughout the Hebrew Bible, and his legacy continues into the New Testament, where Jesus Christ is proclaimed a descendant of David.

In this course, Dr. Spencer Allen, Instructor of Biblical History and Interpretation at the University of Arkansas, explores the rise of David from humble shepherd to greatest king, who establishes Jerusalem as his political and religious capital (1 *Samuel* 16 - 2 *Samuel* 6). Special attention will be placed on David's dynamic relationship with King Saul's family (week 1), his time on the lam, hiding from the homicidal Saul (week 2), and his consolidation of power as he claims the throne over Judah and then Israel (week 3).

INSTRUCTOR: Dr. Spencer Allen
DAY/DATE: Thursdays, 4/14/22 - 4/28/22 (3)
TIME: 2:30 PM - 4:30 PM
FORMAT: In-Person
LOCATION: Drake
COST: \$45.00 OLLI Member
\$60.00 Non-OLLI Member

OZARK WILDFLOWER HIKE

DESCRIPTION: Are you ready to enjoy a beautiful wildflower hike in the Ozarks? Join us for an easy hike along the beautiful trails of the Ozark Natural Science Center while learning about Ozark wildflowers from an experienced teacher naturalist. An added bonus of this class is that you will have wonderful opportunities for photographing nature in its purest form. This class also offers a brief lecture on Bear Hollow and what you will be seeing as you experience going into the spring-time forest of our Ozark Mountains. Cost of admission is in class fee.

Meeting location will be sent to those choosing the transportation option. It is highly encouraged for commuters to follow the van to the ONSC location. Add 45-60 minutes for travel.

Participants should dress for hiking. Bring a water bottle. **Activity Level: 3**

INSTRUCTOR: Renee Valentine
DAY/DATE: Friday, 4/15/22 - (1)
TIME: 1:00 PM - 4:00 PM
FORMAT: In-Person
LOCATION: Ozark Natural Science Center, 1905 Madison 1305, Huntsville, AR 72740
COST: \$35 (CR) / \$55 (TR) OLLI Member
\$50 (CR) / \$70 (TR) Non-OLLI Member

AMERICA'S FIRST PUBLIC BEACH

DESCRIPTION: In 1896 Revere Beach opened to the public. Perched on the coast of Massachusetts, just north of the city of Boston, it was the first public beach in the United States offering working people and immigrants what in other locations was reserved only for those who could afford beachfront property - recreation and respite from the summer heat. Judith Tavano grew up on Revere Beach and through the 50's and 60's, it was her playground, but Revere Beach, despite its perfect crescent shore and boulevard of amusements, was not all fun and games.

Revere Beach has a rich, storied, and sometimes sordid history. From ladies promenading in their finery in the early 1900's to a boulevard of amusements, star-studded beachside performances, authentic pizzerias, and gangland violence, Revere Beach saw the best and worst of the first half of

the 20th Century. Join Judith as she takes you on a tour of the beach, the boulevard, and the history of America's first public beach.

INSTRUCTOR: Judith Tavano
DAY/DATE: Monday, 4/18/22 - (1)
TIME: 9:30 AM - 11:30 AM
FORMAT: In-Person
LOCATION: Drake
COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

DIURNAL RAPTORS

DESCRIPTION: This two hour class features a lecture and a lab session focused on the diurnal raptors common to Northwest Arkansas. These raptors are active during the day and use their acute vision to catch live prey with their strong feet and toes. Review the anatomy and physiology of these birds and the amazing features they have developed to ensure successful hunting and survival.

Lab fee included in cost of class.

INSTRUCTOR: Madison Kennedy
DAY/DATE: Monday, 4/18/22 - (1)
TIME: 1:00 PM - 3:00 PM
FORMAT: In-Person
LOCATION: Drake
COST: \$29.00 OLLI Member
\$44.00 Non-OLLI Member

MUSEUM OF NATIVE AMERICAN HISTORY - A SNAPSHOT TOUR

DESCRIPTION: The mission of Museum of Native American History (MONAH) is to educate all generations about the first people of the Americas. David Bogle, the founder of MONAH, will present a talk about six different time frames beginning in 12,000 BC and ending in the Mississippian period, 1450 AD. These time frames or eras are covered in the museum tour that will follow the talk.

Meeting location and other information will be sent to participants in their email reminder.

INSTRUCTOR: David Bogle
DAY/DATE: Tuesday, 4/19/22 - (1)
TIME: 10:00 AM - 12:00 PM (Tour)
FORMAT: In-Person
LOCATION: MONAH 202 SW O Street, Bentonville AR
COST: \$25 (CR) / \$40 (TR) OLLI Member
\$40 (CR) / \$55 (TR) Non-OLLI Member

Class Details

FORMAT KEY | ■ = In-Person Only | ● = Virtual Only

SPRING WILDFLOWER WALK, BUFFALO NATIONAL RIVER

DESCRIPTION: Each spring, the Buffalo National River's Lost Valley offers an excellent and diverse display of our native Ozark Mountain wildflowers. The first half of the Lost Valley Trail along Clark Creek is an easy-to-moderate level hike; past Cob Cave and Eden Falls, the trail becomes very steep and challenging. We will walk along the flatter, easier first half of the trail, stopping frequently to observe and identify the wildflowers in bloom. The hike will be best suited to those who desire a basic introduction to our spring wildflowers. Those who wish to do so may continue onward up to the trail's end, unaccompanied.

Activity Level: 3-4

Wear comfortable clothing and hiking shoes. Bring a bottle of water and bag lunch. A park entrance fee will be on your own.

Lost Valley is located approximately 60 miles east of Fayetteville, with a driving time of about 1.5 hours each way. Meeting location and other information will be sent to participants in class email.

INSTRUCTOR: Philip Thompson

DAY/DATE: Wednesday, 4/20/22 - (1)

TIME: 11:30 AM - 4:30 PM

FORMAT: In-Person

LOCATION: Lost Valley, Buffalo National River

COST: \$25 (CR) / \$40 (TR) OLLI Member
\$40 (CR) / \$55 (TR) Non-OLLI Member

TAKE ME OUT TO THE BALLGAME

DESCRIPTION: On Wednesday, April 20, 2022, our Razorback baseball team will play Arkansas State at 4:00 pm at Baum-Walker Stadium. Join Kevin Trainor, Senior Associate Athletic Director, as he leads participants on a tour of the new J. B. and Johnelle Hunt Baseball Development Center before the game. Twelve spaces in the Hog Pen area have been secured with our attendees having the option of using them.

INSTRUCTOR: Kevin Trainor

DAY/DATE: Wednesday, 4/20/22 - (1)

TIME: 4:00 PM - 8:00 PM

FORMAT: In-Person

LOCATION: Baum-Walker Stadium

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

SPRING MIGRANT BIRD WALKS

DESCRIPTION: Here's your chance to enjoy beautiful and energetic warblers, vireos and other birds as they stream through Northwest Arkansas on their way to nesting territories to the North. Rick Jones, avid birder, will lead participants on a visit to habitats that provide food, water, and protected resting areas for these migrants. Some may be seen for a short time only, so join an experienced birder as we seek them out! Facilitator has suggested participants bring binoculars and/or camera. Two separate sessions are being offered. Choose either 4/21/2022 **OR** 4/28/2022.

Meeting location and information will be sent to participants in class reminder.

Activity Level: 3

INSTRUCTOR: Rick Jones

DAY/DATE: Thursday, 4/21/2022 **OR** -
4/28/22 (1)

TIME: 8:00 AM - 11:00 AM

FORMAT: In-Person

LOCATION: TBD

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

RIDING THE RAILS: THE HISTORY OF RAILROADS IN NORTHWEST ARKANSAS

DESCRIPTION: Learn about the rich history of railroads in Northwest Arkansas and how they contributed to the development of this region. Join Mike Sypult, local train historian, to take a step back in time to see where the railroads ran, learn about the personalities involved in the expansion and enjoy historic photos and maps of area railroads and road-railroads. From the 1880s to the present, see how today's Northwest Arkansas railroads continue to be a vital part of the local economy. In the second session the class will take a trip aboard the Arkansas Missouri passenger train that runs from Springdale to Van Buren and back.

The second session is an all day excursion/train ride. Cost of rail tickets is in the cost of class.

INSTRUCTOR: Mike Sypult

DAY/DATE: Friday, 4/22/22 - 4/29/22 (2)

TIME: 9:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: Mt. Seq

COST: \$105.00 OLLI Member
\$120.00 Non-OLLI Member

THE GEOLOGY OF I-49

DESCRIPTION: Interstate 49 provides a wonderful window into the natural world of the Natural State: The hills and valleys, the distant rock bluffs, the rivers deep in the valleys, the road cuts that expose the layers of rocks right next to you as you cruise onward to your destination. Have you ever wondered why the hills and valleys are there? What are those distant rock bluffs? Where do those rivers flow? Why are the rocks you see in those road cuts layered the way they are?

Instructor of Geology at NWACC and former exploration geologist for Exxon, Chris Moyer, will explore those and other natural features that can be seen along I-49 from Bella Vista (Highway 71, I-49's extension at the Missouri state line) southward through the plains of Rogers-Springdale, into the hills of the Fayetteville by-pass, and southward into the Boston Mountains down to the I-40 interchange.

INSTRUCTOR: Chris Moyer

DAY/DATE: Monday, 4/25/22 - (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: Drake

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

FAYETTEVILLE TRAILS

DESCRIPTION: Join Matt Mihalevich, Trails Coordinator for the City of Fayetteville, in this overview of the development of the trails system in Fayetteville, including funding, design, property acquisition, construction and maintenance. The focus of the course will be the new additions to the trail system and specifically the new Clabber Creek Trail. A walking tour of the Clabber Creek Trail will follow the in-class presentation.

Activity Level: 3

INSTRUCTOR: Matt Mihalevich

DAY/DATE: Monday, 4/25/22 - (1)

TIME: 1:00 PM - 3:30 PM

FORMAT: In-Person

LOCATION: Grand Village (GV)

COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

WANT TO PET MY 700 LB. KITTY? THE PLIGHT OF EXOTIC BIG CATS IN CAPTIVITY

DESCRIPTION: The definition of big cats typically includes lions, tigers, leopards, cheetahs, jaguars, panthers, pumas, and ocelots. Unfortunately, most of these are endangered

due to human activity such as population increase, habitat destruction, private pets and zoos, poaching, hunting, and illegal animal trade. We will focus on raising awareness and solutions through discussion of the facts such as: More tigers are in captivity in the United States than in the wild around the world! The West African Lion is on the verge of extinction with less than 40 estimated left in the wild. In Asia, lions only exist in India with about 200 left. It is impossible for most private citizens to tame or care for a big cat. What happens when that cute kitty grows into a 700-pound tiger? We will discuss the role of big cat sanctuaries such as Turpentine Creek Wildlife Refuge and what we can do to help save these big cats.

In the second session take a tour of the Ozark Mountains as we visit Turpentine Creek. At this approximate 400-acre refuge facility view a variety of exotic big cats and gain a deeper understanding of its history, purpose and efforts as well as a greater perspective regarding the plight of these victimized exotic animals.

Afterwards the group will travel to the near-by town of Eureka Spring for lunch (on your own) at a local restaurant.

TCWR Admission Cost included in class fee.

Activity Level: 2

INSTRUCTOR: Doug Talbott

DAY/DATE: Tuesdays, 4/26/2022 -
5/3/2022 (2)

TIME: 1:30 pm - 3:30 pm (lecture) /
8:30 am - 4:00 pm (Tour at TCWR)

FORMAT: In-Person

LOCATION: Drake (lecture) / TCWR (tour)

COST: \$35(CR)/\$55(TR) OLLI Member
\$50(CR)/\$70(TR) Non-OLLI Member

THE CONVERSATIONS

DESCRIPTION: A car accident, heart attack, Covid... can suddenly change your world. Have you had the conversation with significant others about your wishes should you be unable to articulate your preferences? This class is designed to start the conversation with yourself and give you tools to help you in the process of having needed hard conversations with significant others. Information from the Conversation Project and Five Wishes will be presented by RN, MSN, Diane Standfer.

INSTRUCTOR: Diane Standfer

DAY/DATE: Wednesday, 4/27/22 - (1)

TIME: 1:00 PM - 3:00 PM

FORMAT: In-Person

LOCATION: OLLI

COST: \$19.00 OLLI Member and
Non-OLLI Member

Class Details

FORMAT KEY | ■ = In-Person Only | ● = Virtual Only

NATIVE PLANT ECOLOGY

DESCRIPTION: What makes a species 'native' to a given area? What are the ecological relationships between native plants and other elements of the ecosystem such as birds and insects? What is the importance of local ecotypes of native species and of genetic conservation? Environmental Scientist, Eric Fuselier, shares all of this and other information in this two session class on native plants. During the second session, participants will learn about the ecosystem first hand during a native plant walk at Lake Fayetteville.

Meeting location at Lake Fayetteville for the second session will be discussed at the first session class.

INSTRUCTOR: Eric Fuselier

DAY/DATE: Fridays, 4/29/22-5/6/22 (2)

TIME: 10:00 AM-12:00 PM

FORMAT: In-Person

LOCATION: Drake

COST: \$25 OLLI Member
\$40 Non-OLLI Member

SMART COOKING FOR 2 (WORKS FOR 1, TOO!)

DESCRIPTION: Join virtually from your kitchen and enjoy an evening of food preparation, cooking and planning for a week of dining at home. You will learn clever ways to create five unique dinners, while wisely using your ingredients. We will share simple ways to make fabulous meals for a few without eating

WANT TO KNOW MORE ABOUT THE INSTRUCTORS?

Go to YouTube and
search

OLLI at U of A

Or visit the OLLI website
and click on "Classes".



leftovers for days, tricks for repurposing dinner from the night before and meal prep tips that will make preparing dinner nightly a breeze.

You will receive a shopping list of ingredients to gather, along with a list of kitchen gadgets and tools that will be used during class. Each recipe will have vegetarian options and alternate ingredient suggestions. The class will be hosted virtually, allowing each student to learn from their kitchen, utilize their kitchen tools and dine at the end of class. During the 3 hour course, taught by Chef Wes Russell and his sous chef Christine Meier, participants will prepare the evening's meal, prep for upcoming meals, share tips and answer questions. Recipes, tips and tricks to finish the week of meals will be shared.

INSTRUCTORS: Wes Russell & Christine Meier

DAY/DATE: Monday, 5/2/22 - (1)

TIME: 4:00 PM - 7:00 PM

FORMAT: Virtual

LOCATION: Zoom

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

TREES OF ARKANSAS

DESCRIPTION: Arkansas has over 160 species of trees growing throughout the state. While taking a walk in your neighborhood or hiking in the woods do you ever wonder what kind of tree has the beautiful flowers or the amazing fall color? Perhaps you are interested in attracting more birds to your yard, planting a screen for more privacy or shading a patio.

Learn about what Arkansas trees have to offer and how to identify them. The book *Trees of Arkansas* by Dwight Moore and revised by Eric Sundell will be provided. The book has amazing pictures and diagrams that will assist in identifying the many trees that grow in Arkansas. Patti Erwin will share a presentation that will cover many of these trees and some of the benefits they can provide.

After the classroom discussion you will learn more about these trees up close and personal on the trail adjacent to the classroom at the Northwest Arkansas Land Trust.

Activity Level: 3

INSTRUCTOR: Patti Erwin

DAY/DATE: Tuesday, 5/3/22 - (1)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: NWA Land Trust, MLK,
Fayetteville

COST: \$29.00 OLLI Member
\$44.00 Non-OLLI Member

FAYETTEVILLE RAMBLE

DESCRIPTION: The Fayetteville Ramble (previously called the Cultural Arts Corridor Project) is a dynamic new 50-acre outdoor public space that will help to revitalize Fayetteville's downtown area and create a destination for residents and visitors alike.

Linking the City's key cultural institutions including the Walton Arts Center, Theatre Squared, Nadine Baum Studios, Fayetteville Public Library, and the University of Arkansas's Art and Design District; the Ramble will showcase and celebrate local arts culture. It will also enhance civic space and serve as a catalyst for additional development and density in the downtown area, increasing bike trails and connections, and improving streets and walkability.

This project is part of a bond package approved by Fayetteville voters in April 2019. Construction on the project started in September 2020 and will run through the end of 2024. Take a tour along the Ramble Corridor with the project manager, Peter Nierengarten. Participants will meet the group at the parking lot on the south side of the Fayetteville Public Library. **Activity Level:** 3.

INSTRUCTOR: Peter Nierengarten

DAY/DATE: Wednesday, 5/4/22 - (1)

TIME: 9:00 AM - 10:30 AM

FORMAT: In-Person

LOCATION: Start at Fayetteville Public
Library, southside parking lot

COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

NOCTURNAL RAPTORS: SILENT PREDATORS

DESCRIPTION: This three hour class features a lecture and a lab session focused on the nocturnal raptors common to Northwest Arkansas. These raptors are active at night and use their keen hearing to catch live prey with their strong feet and toes. The barn owl is the preeminent nighttime hunter. Review the anatomy and physiology of these complex creatures and the amazing features they have developed to ensure successful hunting and survival.

Lab fee included in cost of class.

INSTRUCTOR: Madison Kennedy

DAY/DATE: Thursday, 5/5/22 - (1)

TIME: 9:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: Drake

COST: \$39.00 OLLI Member
\$54.00 Non-OLLI Member

THE CRAFT OF SONGWRITING: BALANCING FORM, FEELING, IDEAS AND TECHNIQUE.

DESCRIPTION: Perhaps you've listened to or played other people's songs for years and would like to try writing a few yourself. Maybe you just love listening to music and are interested in how songs are put together. Where do ideas for songs come from? How do you figure out melodies? What's the difference between a chorus and a bridge? This course will answer those questions and more by looking at the nuts and bolts of songwriting.

Songwriter, Walter Schmidt, will use his own songs and those of others as examples. He will discuss how songs are structured, melodies developed, and how lyrics are created and polished. Participants will look at some of the techniques songwriters use to spur their creativity.

This course is a prerequisite for the two-session course which follows, "Songwriting Workshop - Techniques, Tips and Tricks to Get You Started."

INSTRUCTOR: Walter Schmidt

DAY/DATE: Thursday, 5/5/22 - (1)

TIME: 3:00 PM - 5:00 PM

FORMAT: In-Person

LOCATION: Drake

COST: \$29.00 OLLI Member
\$44.00 Non-OLLI Member

AMERICA AND GUNS

DESCRIPTION: America has 4.4% of the world's population and 42% of the world's civilian-owned guns. What are the consequences of this huge disparity compared to other developed nations? Dr. Malcolm Cleaveland will explore the ways in which guns are affecting our country. Arkansas has one of the highest rates of gun ownership and a high rate of gun homicide/suicide. Is there a link?

INSTRUCTOR: Dr. Malcolm Cleaveland

DAY/DATE: Mondays, 5/9/22 - 5/16/22 (2)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: OLLI Office

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

UNIVERSITY OF ARKANSAS MUSEUM TOUR

DESCRIPTION: The University of Arkansas Museum traces its beginnings to an early geology teaching collection, which is documented to 1873. From a modest beginning, the collec-

tions have since grown to include millions of objects encapsulating the fields of anthropology, history, geology, and zoology.

Join the Museum's curators on a behind-the-scenes tour of the collections! Whether you are a museum lover in general or like rocks, fossils, animals, or history there will be something for everyone to enjoy. We will start off with a presentation about the Museum's history and present-day operation and efforts to orient everyone. After the presentation, the collections tour will begin and last approximately 1-1.5 hours, depending on the group's interests and questions.

INSTRUCTOR: Laurel Lamb

DAY/DATE: Monday, 5/9/22 - (1)

TIME: 1:30 PM - 3:30 PM

FORMAT: In-Person

LOCATION: University of Arkansas
Museum Hatch Ave.

COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

FROM DARWIN TO GENOMES

DESCRIPTION: Darwin and his Theory of Evolution provided the conceptual framework for understanding the biological world; also, it spurred biologists to explore how information is passed from one generation to the next, culminating in the discovery of DNA and the beginning of the Genomic Era. New insights and the development of powerful technologies to sequence DNA have opened vistas that immensely increase our understanding of the biological world and provide powerful tools to change and manipulate the world around us. We can now genetically alter foodstuffs, look into the genetic basis of diseases and deploy a vast molecular biology arsenal to treat them.

The first session in the course, Claudia Reich, Research Professor and Senior Scientist, will cover Darwin and his Theory of Evolution and later scientific discoveries on the structure of DNA and the basic tenets of Molecular Biology. The second session will give an overview of sequencing technologies and the development of molecular strategies that allow us to custom-change genomes. In the last two sessions, we will focus on how these discoveries have led to revolutionary changes in agriculture and medicine, including discussions on the promises and pitfalls of deploying them.

INSTRUCTOR: Claudia Reich

DAY/DATE: Tuesdays, 5/10/22 - 5/31/22 (4)

TIME: 10:00 AM - 11:30 AM

FORMAT: In-Person

LOCATION: Drake

COST: \$29.00 OLLI Member
\$44.00 Non-OLLI Member

GOOD TO THE LAST DROP: HOW COFFEE GETS TO YOUR CUP

DESCRIPTION: Have you ever looked into your morning cup of coffee and wondered about how that delicious brown liquid got to your cup? Lisa Parmeter, a local coffee expert and entrepreneur, would like to take you on that journey and help you understand the entire supply chain of coffee, including sourcing, grading and trade; from the seed to the brewed cup. It is her goal to help all coffee drinkers develop a common verbal and sensory vocabulary, including coffee sensory skills, brewing and extraction expertise (using the correct grind and coffee to water ratio), basic barista skills, and home roasting tips. Rest assured, once you take this course you will never look at, smell, or experience coffee the same way again.

INSTRUCTOR: Lisa Parmeter

DAY/DATE: Tuesday, 5/10/22 - (1)

TIME: 1:30 PM - 3:30 PM

FORMAT: In-Person

LOCATION: Drake

COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

JOURNEY TO BOLGATANGA

DESCRIPTION: Instructor of the nursing program at the U of A, Carol Agana, will aid participants in following along the journey with U of A nursing students to West Africa. Their purpose in going to Bolgatanga, Ghana was to provide educational programs to villagers in order to improve health awareness. Along the way, they received so much more. They had an immersion in a culture very different from their own. Students taught in schools, village groups, and community groups and participated at different clinics and hospitals. In return, they experienced an immersion into the sights, sounds, and tastes of the culture of Ghana. Some of the clinic experiences were like none here in the U. S. As a bonus the students experienced excursions to the crocodile farm and the slave castles in Cape Coast.

INSTRUCTOR: Carol Agana

DAY/DATE: Wednesday, 5/11/22 - (1)

TIME: 9:30 AM - 11:30 AM

FORMAT: In-Person

LOCATION: BTV

COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

THE MAKING OF A PEARL HARBOR EXHIBIT

DESCRIPTION: This course will take you on a deep dive on the development of a new exhibit that is covering what caused Pearl Harbor. Join Hallie Jo Cartwright on the exhibit making process as she shows you how we turned our land locked building into the hull of a submarine. After she explains the making of the exhibit we will enter the false hull based on the USS Razorback in Little Rock, Arkansas. She will also be going into detail on how she teamed up with the staff of the USS Razorback to work on research for this exhibit.

INSTRUCTOR: Hallie Jo Cartwright

DAY/DATE: Wednesday, 5/11/22 - (1)

TIME: 1:00 PM - 3:00 PM

FORMAT: In-Person

LOCATION: Arkansas Air and Military Museum

COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

From Selfies To Sunsets:
How To Take Better Cell Phone
Pictures, **Page 25**

SONGWRITING WORKSHOP: TECHNIQUES, TIPS AND TRICKS TO GET YOU STARTED

DESCRIPTION: This two-session workshop will pick up where *The Craft of Songwriting* session left off. There will be in-class writing exercises, group breakout sessions, and lots of strategies about ways to get your creative juices flowing. Walter Schmidt will guide participants on creating interesting, well-crafted lyrics and tying them to good melodies. However, it is not necessary to play an instrument or be a singer to participate in the workshop and enjoy songwriting. But if there is a song in your heart, these stimulating and supportive sessions may be just what you need to find a new way to express it. Participants are asked to bring music paper and an instrument if they have one.

Participants must have taken *The Craft of Songwriting* course as it is a prerequisite for this workshop.

INSTRUCTOR: Walter Schmidt

DAY/DATE: Thursdays, 5/12/22 - 5/19/22 (2)

TIME: 3:00 PM - 5:00 PM

FORMAT: In-Person

LOCATION: Drake

COST: \$45.00 OLLI Member
\$60.00 Non-OLLI Member

EXPLORING CIVIL LITIGATION

DESCRIPTION: Have you ever wondered how civil litigation works? Have you wondered how O. J. Simpson was determined to be not guilty in the criminal case, but held liable for \$33 million in the civil action?

Michael Wulf, an attorney concentrating in civil litigations will examine the process of civil litigation from the filing of a lawsuit to final resolution. The examination will include such areas as the complaint, pretrial motions, answer, discovery, experts, evidence, jury selection, opening statements, direct and cross examination, objections, closing arguments, burden of proof, jury instructions, and verdict or settlement. During the course we will reference well known legal movies, television shows, and books to illustrate various aspects of civil litigation.

INSTRUCTOR: Michael Wulf

DAY/DATE: Fridays, 5/13/22 - 6/3/22 (4)

TIME: 10:00 AM - 12:00 PM

FORMAT: In-Person

LOCATION: Drake

COST: \$39 OLLI Member
\$54 Non-OLLI Member

OVERCOMING TRAUMA: THE STORY OF INCARCERATED WOMEN IN NORTHWEST ARKANSAS

DESCRIPTION: This 4-session course describes the unique life experiences of women who end up incarcerated in our community. Many have long histories of serious adversity, starting in early childhood, that negatively influence their ability to form productive relationships and participate fully in the community. This course will focus on explaining the trauma-to-prison pipeline, providing context for justice reform, and illustrating how mental health professionals are helping women overcome trauma experiences. Class sessions will be a mix of presentations and discussions to stimulate interactions. Topics covered will include an overview of common traumatic experiences of incarcerated women, the criminalization of trauma by the legal system, and clinical outcomes from a decades-long volunteer therapy group at the Northwest Arkansas Community Correction Center.

INSTRUCTOR: Dr. Ana Bridges

DAY/DATE: Wednesdays, 5/18/22 - 6/8/22 (4)

TIME: 10:00 AM - 11:30 AM

FORMAT: In-Person

LOCATION: OLLI Office

COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

Class Details

FORMAT KEY | ■ = In-Person Only | ● = Virtual Only

DESIGNING THE NATIONAL WWI MEMORIAL IN WASHINGTON, D. C.

DESCRIPTION: Joe Weishaar, lead designer of the new National WWI Memorial in Washington, D. C. will present an overview of the memorial design process from competition through completion. The design process, which spanned more than 5 years, engaged with traditional and modern design themes, new emerging technologies in the sculpture and fabrication realms, bureaucratic oversight, partnerships with veterans, historians, and preservationists, and sought to bring new meaning to a conflict more than 100 years old.

INSTRUCTOR: Joe Weishaar
DAY/DATE: Wednesday, 5/18/22 - (1)
TIME: 5:00 PM - 6:30 PM
FORMAT: Virtual
LOCATION: Zoom
COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

WALKING TOUR OF EVERGREEN CEMETERY

DESCRIPTION: Join Marilyn Heifner, president of the Fayetteville Evergreen Cemetery Association, and learn about the famous and not-so-famous former residents of the Fayetteville area who are buried in the cemetery. This historic cemetery tour provides much information about the history of Fayetteville and those who made it the wonderful place we call home.

Activity level: 3

INSTRUCTOR: Marilyn Heifner
DAY/DATE: Thursday, 5/19/22 - (1)
TIME: 1:00 PM - 2:30 PM
FORMAT: In-Person
LOCATION: Evergreen Cemetery
COST: \$29.00 OLLI Member
\$44.00 Non-OLLI Member

WWII ARKANSAS RELOCATION CENTERS

DESCRIPTION: The War Relocation Center Act signed in 1942 by President Roosevelt set up camps to house Japanese Americans arrested in California, Oregon and Washington. Some 110,000 Japanese Americans were removed from these three states and placed in 10 camps scattered in the Western part of our country.

Randy Dixon, Hugh Earnest and Doug Talbott will share information, focusing on one of the two camps built in Arkansas, the Rowher camp close to McGehee Arkansas. The rowher behind these camps, a history of the specific site (popu-

lation, facilities and time of usage) will be presented along with video footage detailing certain aspects and individuals detained at the site.

INSTRUCTORS: Hugh Earnest, Doug Talbott & Randy Dixon
DAY/DATE: Monday, 5/23/22 - (1)
TIME: 10:00 AM - 11:30 AM
FORMAT: In-Person
LOCATION: PC
COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member

SCULPTURAL HANDBUILDING WITH CLAY

DESCRIPTION: The Community Creative Center at Walton Arts Center's Nadine Baum Studios has partnered with OLLI to bring a series of art classes this season. In this three-session workshop, students will learn basic sculpture and hand-building techniques with clay. Soft slab, stiff slab and coil construction will be used to make small projects that will be glazed and fired. Each student can make expressive forms or functional pottery, that they will be able to take home!

Cost of materials is included in class cost.

INSTRUCTOR: Anita Cowan
DAY/DATE: Tuesdays, 5/24/2022 - 6/7/22 (3)
TIME: 1:30 PM - 3:30 PM
FORMAT: In-Person
LOCATION: Community Creative Center
COST: \$75 OLLI Member
\$90 Non-OLLI Member

A VIRTUAL VISIT TO MAPS AIR MUSEUM - WHERE HISTORY TAKES FLIGHT

DESCRIPTION: ZOOM in for a fascinating tour of a museum in Ohio we might never have heard of were it not for an OLLI connection to its director of education, Col, USAR (Ret) Reed J. Kimball. Col Kimball will immerse us in the unique history of the Military Aviation Preservation Society (MAPS) Air Museum by introducing us to some of the 55 aircraft housed in the collection. "Our history," explains Col. Kimball, "is more than just the aircraft, it is stories about the people who dreamed about flying, those who made those dreams a reality, and those who have experienced the freedom of flight."

Staffed by veterans, including at times WWII veterans, the museum itself has its own stories. Colonel Kimball will leave us with an appreciation for all that has gone into preserving the aircraft and their stories as well as resources for a deeper dive into the museum on your own.

INSTRUCTOR: Col USAR (Ret) Reed J Kimball
DAY/DATE: Wednesday, 5/25/22 - (1)

TIME: 10:00 AM - 12:00 PM
FORMAT: In-Person
LOCATION: Zoom
COST: \$25.00 OLLI Member
\$40.00 Non-OLLI Member

PRINTMAKING TECHNIQUES FOR BEGINNERS

DESCRIPTION: The Community Creative Center at Walton Arts Center's Nadine Baum Studios has partnered with OLLI to bring a series of art classes this season. In this three-session workshop, students will use simple printmaking techniques using relief, masking, linoleum carving, and gel plates will be explored in this class for making small prints and greeting cards. Students can layer different prints to create abstract backgrounds for painting or drawing.

Cost of materials is included in class cost.

INSTRUCTOR: Anita Cowan
DAY/DATE: Thursdays, 5/26/22 - 6/9/22 (3)
TIME: 1:30 PM - 3:30 PM
FORMAT: In-Person
LOCATION: Community Creative Center
COST: \$75 OLLI Member
\$90 Non-OLLI Member

BASEBALL: KEEPING SCORE FOR BEGINNERS

DESCRIPTION: The best part of keeping score is anyone can do it. With a little bit of guidance, you'll learn the positional numbers, some of the more common symbols, and develop your own method of keeping score. By the end of this class, you'll be able to keep score of ball-games in person, watching on television, or listening to the radio.

There will be two in person classes on Fridays followed by a Saturday "Field-Trip" to a Northwest Arkansas Naturals game to put pencil to paper and show off your new skills. In the end, the goal is to be able to look at a scoresheet and be able to describe how the game progressed to someone who was not there. Remember, there is no right way, there is no wrong way, there is only your way. Take me out to the ballpark, so I can keep score! Saturday's game time will be discussed during the second session. Cost of tickets included in class fee.

INSTRUCTOR: Joseph A. Papania
DAY/DATE: Fridays, 5/27/22 - 6/3/22
and Saturday, 6/4/22 (3)
TIME: 3:30 PM - 4:30 PM
FORMAT: In-Person
LOCATION: OLLI Office
COST: \$39.00 OLLI Member
\$54.00 Non-OLLI Member

HIGH SPEED RAIL-WHERE IS THE UNITED STATES?

DESCRIPTION: China, Japan, and the European Union have thousands of miles of high speed rail where trains may go more than 200 mph. The U.S. does not have a single mile. Dr. Malcolm Cleaveland, train enthusiast, will explore the advantages of comfort and efficiency and why America has not taken advantage of them.

INSTRUCTOR: Dr. Malcolm Cleaveland
DAY/DATE: Wednesday, 6/1/22 - (1)
TIME: 10:00 AM - 12:00 PM
FORMAT: In-Person
LOCATION: Drake or OLLI
COST: \$19.00 OLLI Member
\$34.00 Non-OLLI Member



*Live well.
Learn
forever.*



SPECIAL EVENT!

Refugee Camps In America?

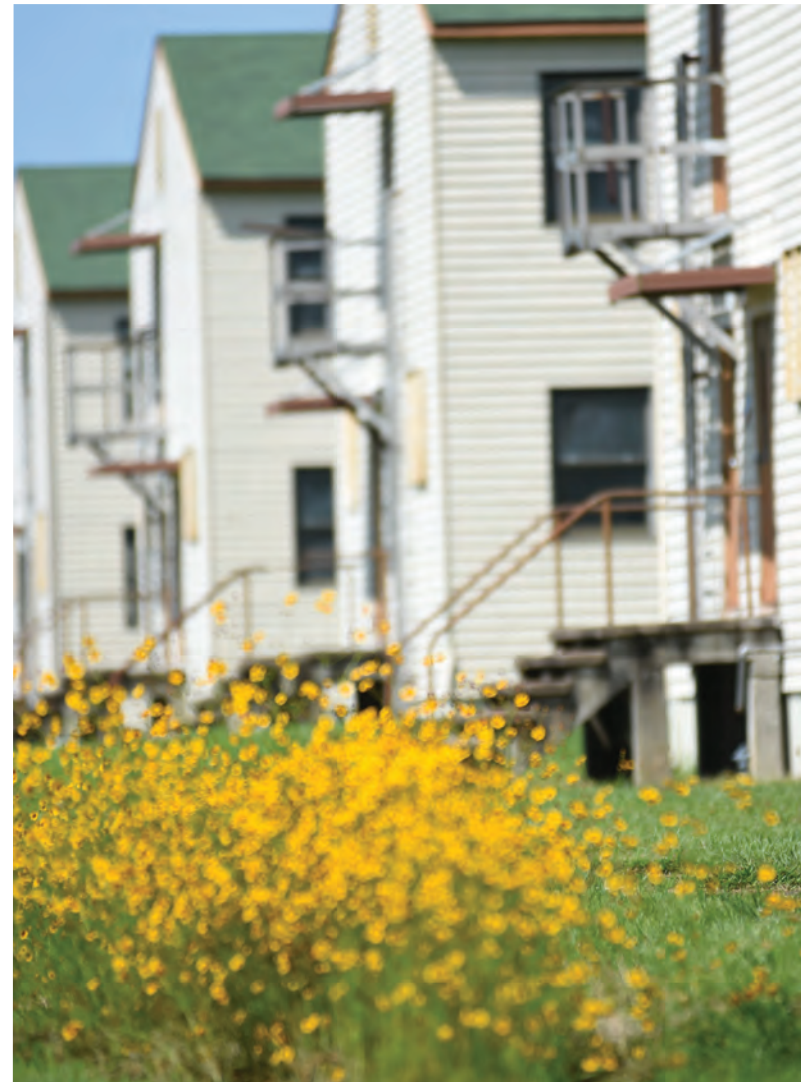
Fort Chaffee & U.S. Refugee Policy Past and Present

Tuesday, March 8, 2022 • 10:30 to 11:45 AM • via ZOOM

War. Persecution. Natural Disaster. Identifying what causes a person to become a refugee seems straightforward. But is it, really? Who is a refugee? Who determines this status? And how does it change over time? Using the entry of Vietnam War refugees into the United States, which occurred in Fort Chaffee (Fort Smith, Arkansas) in 1975-76, Dr. Jana K. Lipman (Professor of History at Tulane University) will address these questions.

This opportunity is FREE and open to current members of the Osher Lifelong Learning Institute at the University of Arkansas who can register at olli.uark.edu or by contacting the OLLI office.

The event is in conjunction with the Northwest Arkansas Community College's Spring Arts & Culture Festival taking place March 7-11, 2022.





OUT DOORS

Many of the courses offered in this catalog provide you with the opportunity to enjoy the great outdoors with a group of your peers. We've listed a few here.



COURSE TITLE	PAGE
Architectural Anthropology in the Ozarks	25
Baseball: Keeping Score for Beginners	32
Chasing Waterfalls in the Ozarks	27
Chasing Waterfalls: Sweden Creek Falls	26
Experience Urban Wilderness in Style and Comfort	26
Fayetteville Trails	29
Fayetteville Ramble	30
Forest Therapy Walk	18
Ozark Wildflower Hike	28
Spring Migrant Bird Walk	29
Spring Wildflower Walk: Buffalo National River	29
Take Me Out to the Ballgame	29
Trees of Arkansas	30
Walking Tour of Evergreen Cemetery	32

Your OLLI is back!

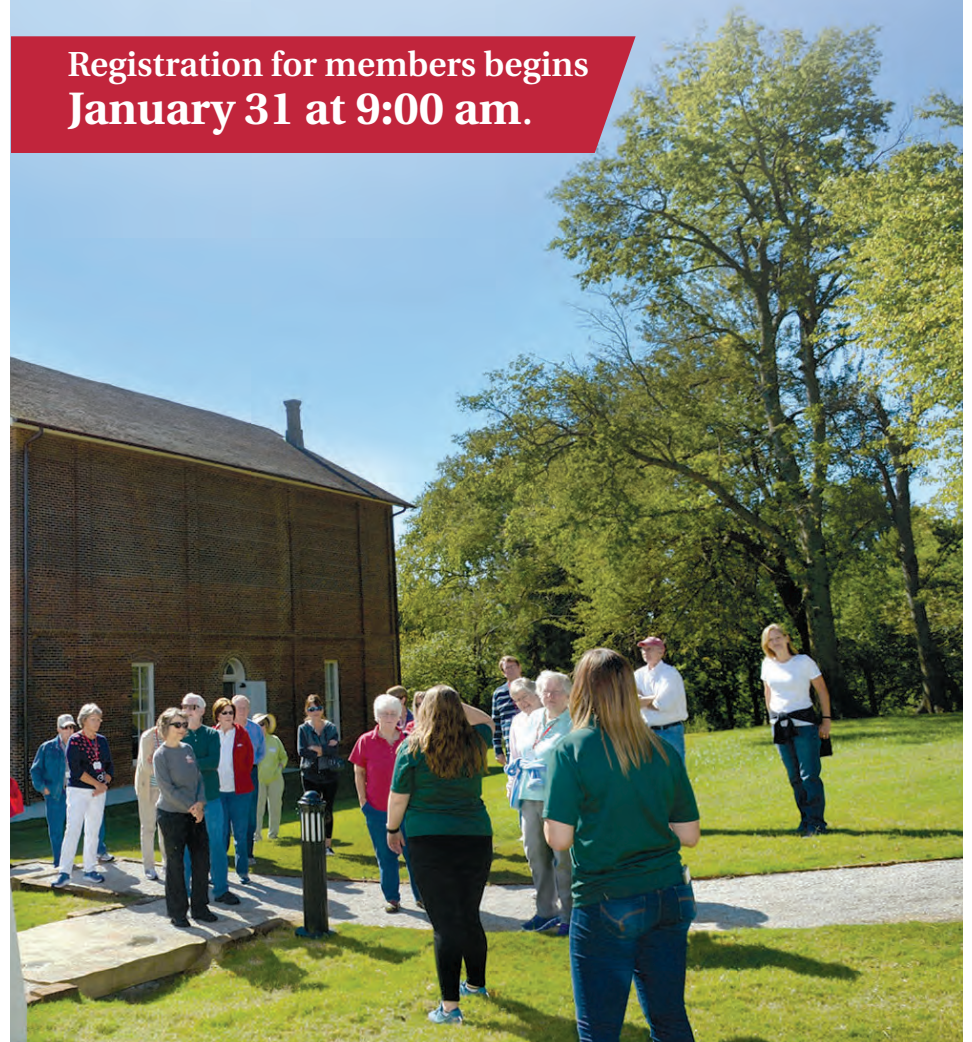
Back with a new, exciting line up of classes and activities for your enjoyment.

COVID 19 affected the past year and changed how we had to operate but now we are returning to a full slate of in person classes and activities. Memberships expire June 30, 2022, and now is a great time to renew/join at our special spring price!

OLLI members receive a \$15 discount on all classes as well as other benefits!

There are a wide variety of classes planned for the spring. OLLI memberships pay for themselves by just registering for three or more classes throughout the full year.

Registration for members begins January 31 at 9:00 am.





Social Events and Special Interest Groups

Monthly Social Events

There is much fun to be had in the classroom, but it's important to have fun and connect with one another beyond the classroom. Our social committee hosts several events throughout the year that build camaraderie and community among our members. Social events are open to anyone who would like to attend but an RSVP is requested. Event dates, times and locations are shared on our website and in weekly e-newsletters.

LUNCH WITH AUTHORS AND OTHERS

Each month an author or other interesting speaker will give a short program followed by conversation at enriching, informative and convivial luncheons. This dutch-treat lunch is held the third Thursday of each month.

HAPPY HOUR

Connect with new and old friends at our fun filled happy hour gatherings! Held the fourth Thursday of each month at varying locations.

Special Interest Groups (SIG)

Special Interest Groups are a chance for members to focus on one particular area of interest beyond what is offered in classes. For more information, or to join or start a SIG, contact the OLLI office. The following SIGs are currently being offered each month. OLLI membership is required to participate in a SIG.

CURRENT EVENTS DISCUSSION GROUP

What's the news of today? This SIG meets to discuss interesting, controversial, newsworthy and fun topics that are streaming in the headlines. Group members, on a volunteer basis, choose, present, and facilitate discussion on topics of local, state, national and foreign interest.

NONFICTION BOOK CLUB

If you enjoy reading a good book and discussing it among like-minded readers then this is the group for you! Group members select books that relate directly to topics of general interest such as political history, economic policy, environmental issues, or controversial public figures. OLLI members who may be interested in such topics are invited to take part in the monthly discussion sessions.

STAYING CURRENT ON CHINA

This SIG meets monthly, for one hour sessions, to review and discuss current events relating to China – with a special focus on their impact in the United States. The group's objective is to gain a greater understanding of the Chinese culture and the objectives of the Chinese government. No prior knowledge or experience with the subject is required.

Photo by Andy Shupe, Northwest Arkansas Democrat-Gazette

Make A Difference - Support OLLI

Gifts of time, talent and treasures are deeply valued and ensure that OLLI sustains its ability to create exceptional lifelong learning opportunities, a vibrant and engaged community, and an experience for our members that is the best.

Currently, membership and course registration fees cover only 40% of OLLI's annual operating budget. Donations to OLLI - U of A help to fund the program on multiple levels, allowing the organization to embark upon programming initiatives, work to grow the membership base and strive toward financial sustainability. Every gift, no matter the size, is an investment in the institute, strengthening it for the future. Consider making a tax-deductible contribution to OLLI - U of A in one of the following ways:

DONATE ONLINE: Gifts can be made online with a credit card at <http://onlinegiving.uark.edu> and selecting the "OLLI Giving Fund" as

your designation.

DONATE BY MAIL: Please make your check payable to OLLI - U of A and add "OLLI Giving Fund" on the note line. Checks should be mailed to OLLI, 211 E. Dickson St., Fayetteville, AR 72701.

If including OLLI in your estate planning is something you are interested in, please reach out to Josh Raney, the OLLI Director, to be put in contact with the U of A Planned Giving team or visit <http://plannedgiving.uark.edu> to determine which planned giving vehicles may be best for you.



OLLI U of A Partners



*Stay up-to-date with the
Faulkner Performing Arts Center!*

faulkner.uark.edu

MOBILE APP AVAILABLE FOR IOS & ANDROID



*Check out our Facebook page for
artist interviews, event updates & more!
facebook.com/FaulknerPAC*



**FAULKNER
PERFORMING
ARTS CENTER**



Registration Spring 2022

Join Now and Sign Up For Spring Classes!

Dr. Mr. Ms. Mrs.

First Name _____ Last Name _____

Email Address _____ (For communication purposes only)

Date of Birth _____ Phone _____

Address _____

City _____ State _____ Zip _____

Name (2nd Member) _____ Date of Birth _____

Email Address _____

MEMBERSHIP*: (July 1 – June 30)

New Member Renewing Member

Non-Member

\$35 Special Spring 2022

Linked Type:

Linking a membership online provides a unique feature allowing members to register one another.

Yes, please link my membership with _____

COURSE REGISTRATION \$ _____

MEMBERSHIP \$ _____

TOTAL AMOUNT \$ _____

** Memberships are tax deductible!*

REGISTER VIA:

On-line: olli.uark.edu **By Phone:** (479) 575-4545

In person: Monday-Friday, 9:00am – 3:30pm

By Mail: OLLI, 211 E. Dickson St., Fayetteville, AR 72701

METHOD OF PAYMENT

Make checks payable to "OLLI". (If registering by phone payment must be received within 5 business days after registering.)

Credit card payments can be made online only.

Registration Opens to **OLLI members** Monday, January 31, 2022
and to **Non-OLLI members** on Wednesday, February 2, 2022.

Osher Lifelong Learning Institute UA | Spring 2022 Courses

Select	Start Date	Brief Course Title	OLLI	Non
	2/10	Crossing Red Sea	\$25	\$40
	2/15	Right Brain Photography	\$45	\$60
	2/16	OPB-Still Life (AM)	\$40	\$55
	2/16	OPB-Still Life (PM)	\$40	\$55
	2/17	Speaking In A Wesleyan Accent	\$25	\$40
	2/18	Radical Reformation	\$35	\$50
	2/21	Atapuerca	\$25	\$40
	2/21	Beginner's Bridge	\$35	\$50
	2/22	Forest Therapy Walk	\$29	\$44
	2/24	Genealogy Hunting	\$25	\$40
	2/25	The Great Ozark	\$19	\$34
	2/28	Naturalist- H. Thoreau	\$25	\$40
	3/1	Great Decisions 2022	\$85	\$100
	3/1	Lost Worlds	\$49	\$64
	3/2	Basic Dig Photo	\$69	\$84
	3/2	Ozark/ AR Writers	\$19	N/A
	3/3	Raised Bed Gardening	\$19	\$34
	3/3	Take a Hike 101	\$10	\$10
	3/7	Telehealth	\$15	\$15
	3/8	Refugee Camps in America	FREE	N/A
	3/9	From Selfies to Sunsets	\$25	\$40
	3/9	Looking for a Home	\$35	\$50
	3/10	How Does the U.S Rank	\$19	\$34
	3/10	Her Story	\$25	\$40
	3/14	Cut the Cord	\$19	\$19
	3/15	Architectural Anthro (CR)	\$35	\$50
	3/15	Architectural Anthro (TR)	\$49	\$64
	3/17	Hamilton in History	\$25	\$40
	3/17	Alice Munro II	\$29	\$44
	3/18	Watercolor Tulips	\$69	\$84
	3/21	Experience Urban (CR)	\$25	\$40
	3/21	Experience Urban (TR)	\$40	\$55
	3/24	Yoga for Healthy Aging	\$69	\$84
	3/28	Fighting Medicare	\$19	\$34
	3/29	Turn Your Great Ideas	\$25	\$40
	3/30	Forest Therapy Walk	\$29	\$44
	3/31	CW Sweden Creek (CR)	\$25	\$40
	3/31	CW Sweden Creek (TR)	\$45	\$60
	4/1	Turning Your Recipes	\$29	\$44
	4/4	Big Switch to S Gardening	\$19	\$34
	4/5	Mindful Movement	\$29	\$44
	4/5	NWA Regional Growth	\$19	\$34
	4/6	Don't Swim-Fishes (CR)	\$65	\$80
	4/6	Don't Swim-Fishes (TR)	\$85	\$100
	4/7	Chasing Waterfalls of the Ozarks (TR Only)	\$40	\$55
	4/7	PG Heritage Museum	\$25	\$40
	4/8	Optimizing Brain Health	\$25	\$40
	4/11	Japan's Demographic	\$25	\$40

Select	Start Date	Brief Course Title	OLLI	Non
	4/13	Amateur Radio	\$25	\$40
	4/13	First to Jonestown	\$25	\$40
	4/14	The Rise of King David	\$45	\$60
	4/15	Ozark Wildflower (CR)	\$35	\$50
	4/15	Ozark Wildflower (TR)	\$55	\$70
	4/18	America's 1st Pub Beach	\$25	\$40
	4/18	Diurnal Raptors	\$29	\$44
	4/19	Museum of Native American History (CR)	\$25	\$40
	4/19	Museum of Native American History (TR)	\$40	\$55
	4/20	Spring Wildflower Walk (CR)	\$25	\$40
	4/20	Spring Wildflower Walk (TR)	\$40	\$55
	4/20	Take Me Out-Ballgame	\$25	\$40
	4/21	Spring Migrant Birdwalk	\$25	\$40
	4/22	Riding the Rails	\$105	\$120
	4/22	Forest Therapy Walks	\$29	\$44
	4/25	The Geology of I-49	\$25	\$40
	4/25	Fayetteville Trails	\$19	\$34
	4/26	Plight of the Big Cats in Captivity (CR)	\$35	\$50
	4/26	Plight of the Big Cats in Captivity (TR)	\$55	\$70
	4/27	The Conversations	\$19	\$19
	4/28	Spring Migrant Birdwalk	\$25	\$40
	4/29	Native Plant Ecology	\$25	\$40
	5/2	Smart Cooking for 2	\$25	\$40
	5/3	Trees of Arkansas	\$29	\$44
	5/4	Fayetteville Ramble	\$19	\$34
	5/4	Forest Therapy Walks	\$29	\$44
	5/5	Nocturnal Raptors	\$39	\$54
	5/5	The Craft of Songwriting	\$29	\$44
	5/9	America and Guns	\$25	\$40
	5/9	U of A Museum Tour	\$19	\$34
	5/10	From Darwin to Genomes	\$29	\$44
	5/10	Good to the Last Drop	\$25	\$40
	5/11	Journey to Bolgatanga	\$19	\$34
	5/11	The Making of Pearl Harbor	\$19	\$34
	5/12	Songwriting Workshop	\$45	\$60
	5/13	Exploring Civil Litigation	\$39	\$54
	5/18	Overcoming Trauma	\$19	\$34
	5/18	Designing the WWI Memorial in Washington	\$19	\$34
	5/19	Walking Tour of Evergreen Cemetery	\$29	\$44
	5/23	WWII Arkansas Relocation Centers	\$19	\$34
	5/24	Sculptural Hand Building	\$75	\$90
	5/25	Virtual Visit to MAPS Air Museum	\$25	\$40
	5/26	Printmaking Techniques	\$75	\$90
	5/27	Baseball: Keeping Score	\$39	\$54
	6/1	Highspeed Rail	\$19	\$34
	6/1	Forest Therapy Walks	\$29	\$44



At the
University of Arkansas
211 E. Dickson St. • Fayetteville, AR
479-575-4545
olli.uark.edu



OLLI POLICIES AND PROCEDURES

Please read and be aware of all OLLI policies and procedures.

PRICING

Classes are priced based on a combination of: rental space fee; instructor compensation; class materials cost; transportation rates; tech fee; and/or catering (if applicable).

COURSE CHANGES

Periodically, due to unforeseen reasons, class times or locations may change after the catalog is printed. Please check your email and the OLLI website for the most up-to-date information www.olli.uark.edu.

MISSING A CLASS:

If you miss the first meeting of a class, please call the OLLI office at 479.575.4545 or email olli@uark.edu to learn whether the next meeting location or time has been changed. If you register for a class and decide not to attend, please call us to let us know because many classes and activities have waiting lists.

WEATHER CANCELLATIONS:

The Osher Lifelong Learning Institute typically follows the University of Arkansas's Inclement Weather Policy. This policy can be viewed at www.uark.edu under Fayetteville Policies and Procedures 210.0. U of A closings are announced on the www.uark.edu website and on all local television stations and KUAF radio.

CLASS CANCELLATION / REFUND POLICY:

When dropping/cancelling a class you MUST contact the OLLI office at least five (5) days prior to the start of the class to receive a partial refund.

A cancellation fee of \$15 or the cost of

the class, whichever is less, will be taken from the refund.

NO refund will be processed if the registration is not cancelled at least five days prior to the first class session.

Refunds are processed once a month.

Payments made by credit card will be refunded back to the credit card account. Payments by cash or check will receive a refund check mailed to the home address. Receipts will not be sent for refunds.

*Note: You will receive a full refund if OLLI has to cancel a class due to unforeseen circumstances (weather, instructor illness, etc.). Memberships are non-refundable.

COURSE EVALUATIONS:

Following the final session of all courses participants will be sent an electronic evaluation form via email using Google Forms. Please complete these evaluations and provide honest and open feedback. The information collected on the evaluations is used by the instructors and curriculum committee to develop future courses.

COURSE CONTENT DISCLAIMER:

Courses listed in this catalog are offered in the spirit of academic freedom. The Osher Lifelong Learning Institute and the University of Arkansas do not endorse any creed, concept, service or product that might be presented.

EMAIL NOTIFICATIONS:

Please read your emails thoroughly!! It is important that we have your cur-

rent contact information, especially your email address! OLLI communicates class reminders, updates, newsletters and other information via email. If you haven't been receiving our emails please contact us right away to ensure you aren't missing out on the latest OLLI news.

LOCATION POLICIES:

Please pay very close attention to the location of your class.

Fayetteville Municipal Airport (Drake) Policies

Please do NOT go into the pilot and flight lounging areas or outside the back of the building to view the planes. It is advisable to dress in layers due to fluctuating temperatures at this location. You may bring your own beverage or snacks to class. Covid restrictions at offsite locations could affect classes. Please watch (and read) all notifications.

PHOTOGRAPHS:

OLLI reserves the right to take photographs or videos during the operation of all programs and events to use for promotional purposes. By registering for an OLLI program, participants agree to allow their images to be used in such photography. Participants who prefer that their images not be used are asked to contact the OLLI office at (479) 575.4545 to make that request.

OTHER POLICIES

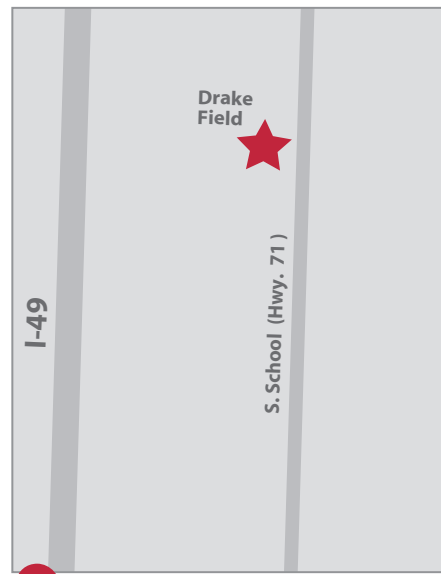
We ask that OLLI members wear nametags to OLLI classes, social activities and special events. When attending classes and events sign the roster sheet at each class and update contact information as needed.

Class Locations

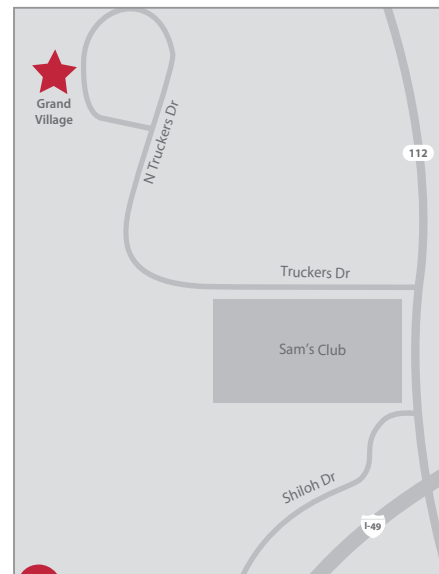
NEED DIRECTIONS TO AN OLLI CLASS?
Go to www.oli.uark.edu and click "Class Locations"
or call **479.575.4545**



BUTTERFIELD TRAIL VILLAGE (BTV)
1923 E Joyce Blvd.
Fayetteville, AR 72703



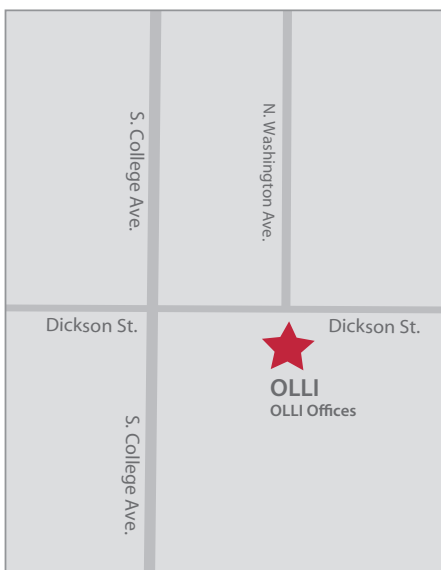
FAYETTEVILLE AIRPORT (DRAKE)
4500 S. School Avenue
Fayetteville, AR 72701



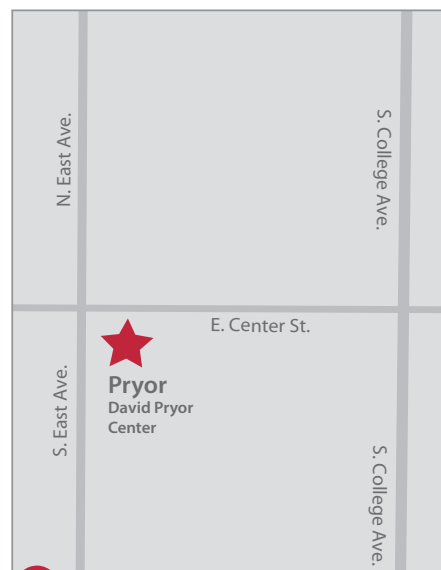
GRAND VILLAGE (GV)
1998 W Grand Blvd.
Fayetteville, AR 72704



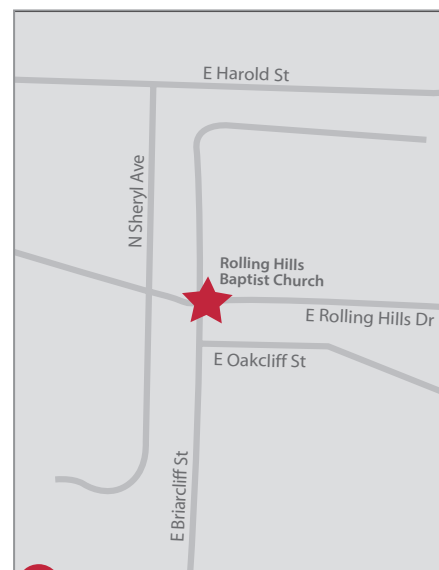
MT. SEQUOYAH (MT. SEQ)
150 N. Skyline Dr.
Fayetteville, AR 72701



OLLI OFFICE (OLLI)
211 E Dickson St.
Fayetteville, AR 72701



PRYOR CENTER (PC)
1 E. Center St., 1st Floor
Fayetteville, AR 72701



ROLLING HILLS BAPTIST CHURCH (RHBC)
1400 E. Rolling Hills Dr.
Fayetteville, AR 72703

OTHER CLASS LOCATIONS:

COMMUNITY CREATIVE CENTER (CCC)
505 W Spring St.
Fayetteville, AR 72701

FAYETTEVILLE PUBLIC LIBRARY (FPL)
401 W Mountain St.
Fayetteville, AR 72701

OZARK NATURAL SCIENCE CENTER (ONSC)
1905 Madison 1305,
Huntsville, AR 72740

OSHER
LIFELONG
LEARNING
INSTITUTE

At the
University of Arkansas

211 E. Dickson St.
Fayetteville, AR 72701
479-575-4545
olli.uark.edu

Live well.
Learn forever.



OLLI's Spring Kick Off

OLLI - U of A is kicking off the Spring term with the following events and activities!

Monday, January 31

9:00am- MEMBER PRIORITY REGISTRATION OPENS

Priority registration is exclusively for current members. If you are not a current member, renew, or join, for the first chance at securing a seat in your favorite classes.

9:00am to 3:00pm- DROP IN OPEN HOUSE

Take this opportunity to drop by the OLLI office and enjoy light refreshments as we kick off the new season. Throughout the day our doors will be open to visitors wanting to sign up as a member, register for classes or pick up a copy of the new course catalog. There will be opportunities to enter into drawings for free classes and more!

Wednesday, February 2

9:00am- NON-MEMBER REGISTRATION OPENS TO PUBLIC

For more information, contact OLLI at U of A by calling
(479) 575-4545 or email us at olli@uark.edu

SPRING 2022 COURSE CATALOG
FEBRUARY - JUNE

OSHER
LIFELONG
LEARNING
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