Self-Reflection

In the beginning of this speaking and listening course, I had set up my goal to improve my speaking and listening abilities and my pronunciation. In addition, I could be able to speak fluently and make listener clearly understand what I said after finishing this class.

I was surprised that our instructor could bring a lot of different type academic materials for us. For example, ted talk, small talk, dope test, this is I believe presentation, concrete poem, group presentation for social advocacy and so on are all different materials that help me to improve both my speaking and listening. Besides, I also took some workshops to establish some social skills. However, all of these were useful and beneficial to me. Body language was one of my favorite class in this course because I could learn more about how we use our body gestures to transmit meaningful sentences to another person. I had learned how to coordinate with other
group members when we were doing the group presentation and use assertive words
to talk to classmates.

joining this course is interesting and helpful. The way of education in this
class is totally different comparing to my country. I have met a lot of new friends and
instructor at there. Spending time with them is worth and helpful. Although, I have
finished tons of assignments for every day, but it does help me to improve my
speaking and listening. I believe that I can be a great speaker after this StepUp
program. And then, I will continue pursuing my master degree.