17-item version of the Protective Behavioral Strategies for Marijuana Scale (PBSM-17)

	Please indicate the degree to which you engage in the following behaviors when using marijuana/cannabis.	Never	Rarely	Occasionally	Sometimes	Usually	Always
1	Use marijuana only among trusted peers	1	2	3	4	5	6
2	Avoid use while spending time with family	1	2	3	4	5	6
3	Avoid using marijuana before work or school	1	2	3	4	5	6
4	Avoid using marijuana to cope with emotions such as sadness or depression	1	2	3	4	5	6
5	Limit use to weekends	1	2	3	4	5	6
6	Only purchase marijuana from a trusted source	1	2	3	4	5	6
7	Avoid using marijuana habitually (that is, every day or multiple times a week)	1	2	3	4	5	6
8	Use a little and then wait to see how you feel before using more	1	2	3	4	5	6
9	Avoid mixing marijuana with other drugs	1	2	3	4	5	6
10	Avoid using marijuana in public places	1	2	3	4	5	6
11	Take periodic breaks if it feels like you are using marijuana too frequently	1	2	3	4	5	6
12	Buy less marijuana at a time so you smoke less	1	2	3	4	5	6
13	Have a set amount of "times" you take a hit (e.g., passing on a shared joint if you have already hit that limit)	1	2	3	4	5	6
14	Avoid methods of using marijuana that can make you more intoxicated than you would like (e.g., using large bongs, volcano, 'edibles,' etc.)	1	2	3	4	5	6
15	Only use one time during a day/night	1	2	3	4	5	6
16	Limit the amount of marijuana you smoke in one sitting	1	2	3	4	5	6
17	Avoid using marijuana before engaging in physical activity (i.e., exercise, hiking)	1	2	3	4	5	6

Source: Pedersen, E. R., Huang, W., Dvorak, R. D., Prince, M., Hummer, J. F., & Marijuana Outcomes Study Team. (2017). The Protective Behavioral Strategies for Marijuana Scale: Further examination using Item Response Theory. *Psychology of Addictive Behaviors, 31,* 548-559.

Further reading: Pedersen, E. R., Hummer, J. F., Rinker, D. V., Traylor, Z. K., & Neighbors, C. (2016). Measuring protective behavioral strategies for marijuana use among young adults. *Journal of Studies on Alcohol and Drugs, 77,* 441–450.