In order for hazing prevention to be effective in combating hazing, everyone must work together—roommates, friends, family, parents, guardians, faculty, and staff.

Observe and pay attention for signs of hazing.

**I AM BEING HAZED**

If you have been hazed or know someone who may have been hazed, take action. Be a responsible bystander.

- Stay connected with friends outside of the group. Groups that haze often try to isolate their new members from others who might challenge them to question what they are going through.

- Talk with others about what you are going through. You do not have to keep it a secret. Demanding secrecy is a common practice designed to protect people who are abusing others.

- Seek guidance from your parents/guardian, other family members, trusted friends, or university officials.

- Refuse to participate. Others before you have done so.

- Join together with other new members to refuse to be hazed. There is power in numbers.

- Leave the group. This is hard to do, but it is always an option. Walking away from hazing takes strength. Don’t believe it if anyone tries to tell you that it is sign of weakness or that you weren’t tough enough to take it. Quitting when you are being hazed takes character, courage, and integrity. There are likely others in the group that will leave with you but need someone like you to take the first step.

- Talk to a health care provider or mental health professional to help you sort out what to do.

- Call 911 if there is an immediate threat to your safety or the safety of others.

- Report the hazing, anonymously if you prefer.
**WHAT TO INCLUDE WHEN REPORTING HAZING ACTIVITY**

When reporting hazing activity or any other violence, it is important to be as detailed as possible. The ability of school officials to locate and adjudicate the activity often depends on the thoroughness and accuracy of the report.

Include the following when making a report:

- Describe the event(s) in as much detail as possible.
- What is the name of the organization that you are reporting?
- Where did the event(s) take place?
- When did the event(s) occur?
- What time of day did the event(s) occur?
- Who was involved in this event?
- Are there any other people that either were present or can substantiate the information you are providing?
- How did you become aware of the event(s)?
- Your contact info or choose to remain anonymous.

**FRIENDS, FAMILY, & ROOMMATES**

If you are concerned that someone you know is being hazed, you can make a difference by helping that person.

- Talk to the person and let them know that you are concerned about their well-being.
- Describe what you have observed (e.g., lack of sleep, changes in their mood, energy level, ability to do academic work, etc.)
- Ask your friend what they have had to do in order to join the group.
- If the person describes being hazed, underscore that hazing is wrong and that they do not have to go along with it and participate. If you suspect that your friend is being hazed but they do not want to say so, ask if there are things going on that they are not allowed to discuss. If that is the case, it is very likely that the person is being hazed.
- Let your friend know that it is okay to withdraw from the organization at any point.
- Offer to support the person and ask how you can be helpful.
- Let your friend know what resources are available for support and reporting.

If you are concerned about someone who you suspect is being hazed, you can also talk to university staff members for advice about how to support.
COLLEGE STUDENTS, YOU ARE INVITED TO THE ANTI-HAZING COALITION SPRING PROGRAM:

**LOVE, MOM & DAD: TURNING TRAGEDY INTO PROGRESS**

Deb Debrick, her son Dalton died after a hazing incident at Texas Tech University
Steve and Rae Ann Gruver, their son Max died after a hazing incident at Louisiana State University
Lianne Kowiak, her son Harrison died after a hazing incident at Lenoir-Rhyne University
Jim and Evelyn Piazza, their son Tim died after a hazing incident at Penn State University
Kathleen Wiant, her son Collin died after a hazing incident at Ohio University

For the spring term, the Anti-Hazing Coalition will host a live nationwide presentation and discussion on Sunday, March 21 at 7 p.m. ET.

The AHC parents will present a program via Zoom and streamed live on social media to share their sons' stories and educate current students about hazing prevention. The program will include Q&A with the parents.

These families each suffered unimaginable loss as a result of fraternity hazing. They are here to share their stories and to challenge ALL fraternity/sorority members to take up the fight to end hazing now. If we are not actively part of solving this problem, then we are responsible for its continued persistence. Whether you’ve been hazed, know that hazing is happening on your campus, or even if you’ve hazed one of your members in the past, we must all actively take part in solving this problem so that no family has to endure this kind of tragedy. Let’s be the generation of fraternity and sorority members who end hazing once and for all.

Parents currently scheduled to participate include:
- **Deb Debrick**, her son Dalton died after a hazing incident at Texas Tech University
- **Steve and Rae Ann Gruver**, their son Max died after a hazing incident at Louisiana State University
- **Lianne Kowiak**, her son Harrison died after a hazing incident at Lenoir-Rhyne University
- **Jim and Evelyn Piazza**, their son Tim died after a hazing incident at Penn State University
- **Kathleen Wiant**, her son Collin died after a hazing incident at Ohio University

THIS IS A FREE PROGRAM AND OPEN TO ALL STUDENTS/ADVISORS/COACHES.

**REGISTER NOW**

SHARE WITH MEMBERS OF STUDENT ORGANIZATIONS, CLUBS, FRATERNITIES, SORORITIES, TEAMS ON CAMPUS!