

PSY 350
Psychology Internship

Information for Prospective Students
Enrolling for
Spring 2015

Mary Anne Sedney, Ph.D.
Albertus Magnus 120
masedney@providence.edu
401.865.2617

Fall Office Hours:
Tuesdays 2:15-3:30
Thursdays 2:15-3:30
& by appointment

I am glad that you are interested in doing an academic internship as part of PSY 350 in the Spring 2015 semester. This course has several requirements:

- Sophomore or Junior Psychology Major
- Make arrangements for a Learning Agreement with an agency, preferably before you leave campus at the end of fall semester
- Volunteer at a Psychology site 8-10 hrs/wk (unpaid) for 13 weeks, from the first week of classes through May 4 (last day of classes)
- several face-to-face meetings with class
- Maintain journal, submitted weekly
- Weekly readings
- Weekly online response to readings
- Satisfactory completion of Learning Agreement
- Final reflective paper of about 7-8 pages

To enroll in the course, you will need to complete each of the steps below, paying particular attention to the deadlines specified. Note that while you may enroll in the course during pre-registration, final enrollment is contingent upon successful completion of these steps. I believe that the development of your capacity to follow these instructions, engage in the self-reflection suggested, organize your time to make these arrangements, and present yourself to potential internship supervisors are all parts of the internship learning experience. Participation in the psychology internship requires the organizational skills you will need to be ready to start the internship at the start of the spring semester.

Scheduling: Please note: PSY 350 is scheduled to meet in Series G TWF 10:30 – 11:20. I have scheduled this time so that we will have a shared time for our meetings. However, all of our meetings will be on Tuesdays 10:30 – 11:20. Therefore, while you cannot schedule another class in Series G, you can schedule other activities (including some of your internship hours) during the 10:30-11:20 time on Wednesdays and Fridays.

Step 1

Pre-register for PSY 350.001 Psychology Internship; the CRN is 2130. Send me an e-mail masedney@providence.edu informing me of your pre-registration for the course. I also strongly encourage you to **meet with me in person** to discuss internship sites.

Step 2

Complete the **Internship Background Questionnaire** that is included with this packet, and return it to me by **Tuesday, Nov. 11.** *I will accept only a **paper** copy of this questionnaire; no e-mails of questionnaire response accepted.*

Step 3

Explore placement opportunities. This step includes reviewing the information on possible sites described on pages 5-7 below, and reviewing internship site information available at the Career Education Center in Slavin 111. Laura Pellecchia (lpellecc@providence.edu) is director of internships and an excellent source of information and help. There usually are internship listings on eFriar as well.

If you would like to work at a placement that is not represented in these sources, come talk with me about it. I am open to work with you to find a new placement, as long as you are willing to gather the information required to convince me that it will work well for the course. Many of the sites we use were originally suggested by students.

Once you identify some possible placements, you will need to contact them by telephone or e-mail to inquire about the availability of an internship for the fall. When you call, be sure to

- identify yourself (by name, and as a student at PC and as enrolled in this course),
- state the purpose of your call (to inquire about the possibility of an internship in the spring,
- be ready to describe the course requirements relative to the internship (the number of hours that you would work, the fact that you cannot be paid, the fact that you will need regular supervision by a staff member, and the beginning and ending dates of your work).
- Be prepared to ask some questions about the internship: the kinds of clients served, the kinds of activities and responsibilities in which you would be engaged, any required training at the start of the internship, participation in case conferences or in research, etc.
Remember that this is designed to be a learning experience for you; think about what you might want to be learning and some of the ways you could learn.
- Be sure to thank the people with whom you speak for their time and consideration.

You must visit the site(s) in which you are seriously interested. Be sure to dress appropriately (business casual) and follow up the visit with a written note of thanks to whoever met with or interviewed you. This should take place during November and December.

Please note that reaching possible internship placements by telephone, internet, and visits will require time and persistence. More often than not, when you telephone you will need to leave a message and wait for a call-back. The person who will call you back is usually busy and has limited telephone time. So, don't take any slow responses as personally directed to you! Just be politely persistent, and call every day or so. Make sure that any message you leave indicates a time and number at which you can be reached, and then be sure you are available then and there!

Step 4

After you have visited, interviewed, and selected a placement, complete the **Preliminary Agreement** included in this packet; due by **Monday, December 15..** You are not finished yet!

Step 5

Based on the information you have developed in the previous steps, you will complete a draft of the **Learning Agreement for Internships and Field Placements**, available through Career Services and on the Sakai site for this course. After I approve your LAIFP draft, you will have it signed by yourself, your internship supervisor, and then me. I must receive your final Learning Agreement for Internships and Field Placements, signed by you and a representative of your placement, by **January 9.**

Summary

Do not be intimidated by this process; just take it one step at a time, checking them off as you go.. Throughout the process, please contact me (Dr. Sedney) at masedney@providence.edu with any questions/concerns/wonderings you have about any of this. I look forward to helping you get to the point that you are able to profit from an internship experience!

PSY 350
Internship Sites to Consider

Below is a list of agencies in which students have done the Psychology Internship. They are presented in no particular order. *Agencies marked with a * are accessible from PC by walking; those marked with a ** are accessible through RIPTA bus service.*

****Rhode Island Public Defender Social Services Unit**

160 Pine Street, Providence, RI 02903

Information: <http://www.ripd.org/aboutus/studentint.htm>

401.222.3492

Law and psychology. From the RI Public Defender website: *Undergraduate internships are available each semester, including summer, and during winter intercessions. Approximately 12-16 interns are accepted statewide each term. Interns must be able to complete at least 8 hours a week, for the full term. Interested interns should send resume and cover letter at least two months before the beginning of the term to Rhode Island Public Defender, Intern Coordinator, 160 Pine Street, 3rd Floor, Providence R.I. 02903. Interviews for prospective interns are conducted all year. Interns receiving credit must also submit requirements from their school.*

****The Groden Center**

86 Mount Hope Ave.

Providence, RI 02906

401.274.6310

<http://www.grodennetwork.org/children/groden-center.asp>

Contact person: Peggy Stocker, Director of Volunteers pstocker@grodencenter.org

Child treatment and education. Check out the Groden Center website for information about the setting, paying particular attention to the description of the Day Program. Children in the program have severe behavior problems. Most interns work in a classroom with a child on an individual basis. This is a school setting, so interns who can work during the school day are preferred; by 2:00 p.m., the students are getting ready to leave for the day. Typically, an intern would work from about 8:30 - 12:30, two mornings a week, in the same classroom. This is not an internship in which the intern simply observes---this is an internship for interns who want to be involved with the students during each visit.

****Butler Hospital**

345 Blackstone Blvd.

Providence, RI 02906

<http://www.butler.org/patientsandcommunity/volunteer/index.cfm>

Contact person: Linda Dias, Volunteer Office, 401.455.6245

A private psychiatric hospital affiliated with Brown Medical School. Provides inpatient, day, and outpatient services for adults, adolescents, children, in addition to individuals with substance abuse problems and the elderly. Begin by completing the online application at the website listed above.

****The Providence Center School**

Providence Center School
520 Hope St.
Providence, RI 02906
401.276.4531
www.tpcschoool.org
Contact person: Dotty Poirier, LICSW 401.276.4189

The Providence Center School is a K-12 school for students with special academic, social, and therapeutic needs. Students wishing to do an internship here must be available between 9:30 and 11:00 on Thursday mornings, so that they can attend clinical meetings.

****Hasbro Children's Hospital**

593 Eddy Street
Providence, RI 02903
<http://www.hasbrochildrenshospital.org/volunteering-hasbro-childrens-hospital/>
Director of volunteers, 401.444.5530

Rhode Island's Children's Hospital, with medical and psychiatric, inpatient and outpatient services for children and adolescents. Previous PSY 350 interns have worked at the Partial Hospitalization Program, which is a day treatment program for children with both medical and emotional issues. In some cases, a child with an illness, like diabetes or asthma, also has emotional problems. In other instances, emotional problems are made worse by medical ones. Students interested in the pediatric partial hospital program at Hasbro should contact Ms Ana Crook at 444-9362 or ACrook@lifespan.org

***Sojourner House**

386 Smith St.
Providence, RI 02908
<http://www.sojournerri.org>
401.861.6191 or info@sojournerRI.org

Sojourner House provides services to women who are in abusive relationships, community education, preventive programs, and legal and advocacy interventions. Previous interns have worked in the areas of direct services, public relations and fund-raising, education, and prevention. If you are interested in an internship position with Sojourner House, please complete the [Initial Interest Form](#) (available online at their site) Once the form is completed and submitted online, you will receive a confirmation receipt via email, and the volunteer coordinator will be in touch shortly thereafter to schedule a brief in-person interview. If you have any questions about the online form, please do not hesitate to contact:

Erin Gargurevich Gorman, Volunteer Coordinator.
Phone: 401-765-3232
email: egorman@sojournerri.org

****Centers for Preventive & Behavioral Medicine**

Coro Building, Suite 500
One Hoppin Street
Providence, Rhode Island 02903

<http://www.miriamhospital.org/centers-and-services/centers-for-behavioral-and-preventive-medicine/>
401-793-8000

Affiliated with Brown Medical School, CPBM aims to improve health through behavioral change and the integration of behavioral and biomedical science using clinical, community, and laboratory-based research.

One CPBM program that actively is recruiting volunteers is the Stress Response and Adolescent Transition Project. The current study investigates neuroendocrine and neural response to social interactions in adolescents. Position involves assisting with recruitment, preparing for sessions, entering and cleaning clinical data, and assisting with other study related tasks. Preference is given to interns who can begin work in Summer 2014 and continue into the fall. Contact **Christina D'Angelo** at cdangelo1@lifespan.org for more information

Another program in the CPBM is the Weight Management Program. Information available at: <http://www.miriamhospital.org/weight-management.html>

There is also a Smoking Cessation Program, with information at: <http://www.miriamhospital.org/centers-and-services/behavioral-and-preventive-medicine/smoking-cessation-project.html>

Students interested in working at the CPBM (in projects other than the Stress Response and Adolescent Transition Project) should, *first*, go to the websites listed above and read about the various areas of research in which the staff are engaged. Decide what areas are of most interest to you. *Second*, send an application e-mail to behavioralmed@lifespan.org. The application should include: a current resume, a cover letter explaining that you would like to do an internship at CPBM (detailing the beginning and ending dates of the spring semester, that the internship is for course credit at PC, that you wish to work 8-10 hours/week, and that you are not permitted to be paid), and indicating the areas of the Center's work in which you are interested. If there is a particular faculty member with whom you would like to work, you should include that information.

****Women & Infants Hospital**

101 Dudley St.
Providence, RI 02905

Women & Infants is a specialty hospital for women and newborns. Affiliated with Warren Albert Medical School of Brown University, W&I provides a variety of clinical services and engages in many research projects.

Information for prospective college student interns is at <http://www.womenandinfants.org/patientsandcommunity/volunteer/non-clinical-college-internships.cfm>
This site describes the process of applying for an internship at W&I Hospital.

Community Care Services

70 Main Street
Taunton, MA 02780
<http://volunteer.communitycareservices.org/>
The Attleboro Center: 508 226-6031

Community Care Services is a private, non-profit corporation that provides emotional, educational and behavioral support to children, adults, elders, and families throughout Southeastern Massachusetts and Rhode Island. We have had interns successfully work both at the Residential Unit and the Total Achievement Program, both programs within CCS that work with children and adolescents.

***St. Mary's Home for Children**

420 Fruit Hill Ave.
North Providence, RI 02911
353-3900
<http://www.smhfc.org/>
Contact person: Susan DeRita
(401)353-3900 x262
sderita@smhfc.org

St. Mary's Home for Children is a non-profit agency offering comprehensive treatment programs for boys and girls traumatized by abuse or experiencing the challenges of psychiatric disorders. Children are treated and cared for in both the residential, educational and out-patient programs located in North Providence, Rhode Island.

****Rhode Island Hospital Neuropsychology Unit**

Contact: Dr. Geoffrey Tremont, Director of Neuropsychology Unit
401 444-4500
gtremont@lifespan.org

The Alzheimer's Disease and Memory Disorders Center was provide specialized consultation for people with a variety of memory disorders, including diagnostic and treatment services.

Background Questionnaire

Due: November 11

PSY 350.001
Spring 2015

Your name _____

Telephone _____

e-mail _____

Class year _____

Previous Psychology courses _____

Please respond to the following questions carefully and in detail by November 11. I will accept responses only in print, no e-mails! You may use this page or separate pages, whichever is easiest. I want your responses in type-written format.

1. Why do you wish to do a psychology internship at this point in your program of studies?
2. What kind of people do you want to work with in your internship, and why?
3. What knowledge and understanding do you hope to gain from an internship in Psychology at this point in your training/development?
4. What skills or competencies do you hope to develop or expand through this internship?
5. What personal insights about your beliefs or values do you wish to develop through this internship?

Preliminary Agreement for Psychology Interns

Due: December 5

I, _____ (your name), will volunteer as an intern at _____ during the Spring 2015 semester. While there, I will do the following:

1. *(list all specific tasks and duties in detail)*
 - 2.
 - 3.
 - 4.
- Etc.

I will intern on _____ (*days of the week*) from _____ (*beginning time*) to _____ (*ending time*). I will begin on _____ (*date*) and end on _____ (*date*).

I will be supervised on site by _____ (*name and title of your supervisor*), meeting _____ (*at least 30 minutes/week*).

We, the following, agree to the terms of this Internship Agreement:

Student _____ **date**

On site supervisor _____ **date**

Mary Anne Sedney, Ph.D., course instructor _____ **date**

Students: use this information to work out a rough draft of the 4-page Providence College Academic Year Learning Agreement for Internships & Field Placements, is available online at <http://www.providence.edu/Career/Students/Internships.htm> in the FORMS section at the bottom of that page. A final, signed copy of the Learning Agreement is due to Dr. Sedney **by January 9.**