The Emeriti News
A Quarterly Newsletter for Northwestern University Emerita & Emeritus Faculty
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NEO SEeks VOLUNTEERS FOR OUR EXPANDING ACTIVITIES

Volunteer Opportunity #1

The current editor of The Emeriti News, Jeff Garrett, is stepping down at the end of June 2023 after five years of service. A search committee has been formed to find his successor, consisting of NEO VP/Pres-elect Steve Carr, current editorial board member Joan Linsenmeier, and past NEO President David Zarefsky. Editing experience is helpful but not required. You may apply as an individual or as a member of a team. If you are interested, please contact a search committee member or NEO’s administrative assistant, Gina Prokopeak. Jeff is also happy to answer any questions by prospective candidates for the job—email as above.

Volunteer Opportunity #2

Are you handy with modern video and audio equipment—or are you willing to learn? We are looking for a few good emeritae and emeriti to serve on the new NEO Tech Team! Your sole responsibility will be, once trained, to operate our new user-friendly hybrid audio/video equipment at selected off-campus events, allowing your NEO colleagues and, depending on the event, members of the general public to “attend” NEO events they can’t attend in person—via Zoom! These events include NEO dinners at
nearby off-campus venues, e.g. local restaurants such as the popular Happ Inn in Northfield, and NEO mini-courses at Evanston Public Library and other community locations. Training by NUIT will be provided. Needed: a pool of six volunteers to serve in three teams of two. Two or three calls to duty a year. Remuneration: of course! You receive lunch or dinner at the event where you serve—for free! Reply to Gina Prokopeak at the email or phone number in the newsletter header.

**President’s Message**
From NEO President Jeff Garrett

At the outset of my term as president, NEO’s mission bears repeating. As spelled out in our charter, we are called “to advocate for the interests of emeriti, provide stimulating intellectual and social opportunities for emeriti, and to strengthen ties between emeriti, the University, and local communities.” Under the leadership of my three predecessors, Michal Ginsburg, Roger Boye, and Erv Goldberg, all of whom served during the COVID pandemic, a successful effort was undertaken to turn the impossibility of meeting in physical space into an opportunity to bring us together virtually. Within weeks of that awful crash in March 2020, NEO successfully moved lock, stock, and barrel to Zoom—and in the months and years thereafter, attendance at NEO events never dipped. Roger and Erv, who inherited the pandemic that struck in the last months of Michal’s term, exploited Zoom to democratize participation in all NEO activities. In fact, with the election of Sandra L. Richards to the board in 2021, the 27% of NEO members who we know live outside the 60xxx zip codes that are assigned to the greater Chicago area⁴—in addition to those living closer in who are not currently mobile—acquired a spokesperson.

The pandemic handed us a lemon . . . and NEO made lemonade.

With our gradual emergence from the pandemic and return to in-person events, we must now integrate our new, pandemic-honed remote participation capability with traditional in-person events, regardless of where we come together, on campus or off. On campus is already enabled, thanks to a major investment in technology by the University. The $10,000 grant from the Alumnae of Northwestern University announced six months ago will make that possible for NEO off campus as well. On September 19, NEO’s Executive Council accepted a NUIT proposal for equipment, training, and support that was within the budget of the grant, and we will be acting on that proposal in the next two months.

Regarding the second and third parts of NEO’s mission: for my tenure as NEO president, I have selected human memory as the theme for a series of six presentations for NEO members scheduled over the

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¹ Based on a study of NEO membership reported on these pages by Roger Boye.
course of the academic year, four of which will be hybrid (accompanying a lunch or dinner) and two Zoom-only. You can learn more about NEO’s Memory Series later in this issue.

And finally, we continue to act upon our commitment to strengthen ties to the greater community. You will find the full program of NEO mini-courses for the Evanston community in this issue of The Emeriti News. This is the fourth year of our award-winning collaboration with Evanston Public Library.

Post-pandemic? Yes, it’s time.

FROM THE EDITOR

Jeff Garrett, Editor, The Emeriti News

institutionally at least, the highlight of the summer was the Big Ten Retirees Association Conference on Northwestern’s Evanston campus in early August. This was the first time in the 30-year history of the BTRA that Northwestern has had the privilege of hosting this meeting. The weather cooperated magnificently, and our guests were splendidly fed and entertained (by us) and edified (by each other). See the report by conference organizers Al Telser and David Zarefsky, which you will find in the “Provost’s Corner” of this issue—where it belongs as evidence of the Provost Office’s strong and continuing support for NU emerita and emeritus faculty.

At this meeting, I spoke about The Emeriti News—yes, the very publication you now hold in your virtual hands! My talk emphasized the importance of newsletters not only for informing emeriti about benefits, events, and accolades which retiree organizations and individual members have won, but also—and perhaps most importantly—for creating and sustaining a sense of community among our membership. Click on the image to the left to be taken to the text of that talk, complete with embedded PowerPoint slides.

Along with our contributors and the members of our editorial board, I wish you much enjoyment with this issue of The Emeriti News!

PROVOST’S CORNER

THIS ISSUE WITH A SPECIAL REPORT BY AL TELSER AND DAVID ZAREFSKY

The Northwestern Emeriti Organization and the NU Provost’s Office hosted the annual Big Ten Retiree Association Conference this year from August 1 to 3. Delegates from 11 of the 14 Big Ten universities attended. This was the first time the BTRA conference has been held at Northwestern. The Conference was organized by NEO...
past presidents Al Telser and David Zarefsky—with a great deal of help from NEO Administrative Assistant Gina Prokopeak and Assistant Provost for Faculty Celina Flowers. The overall program consisted of three half-day sessions, Monday afternoon, Tuesday morning, and Wednesday morning. Each working session was led by one or more Northwestern persons.

Celina prepared a classy program brochure that was included in everyone’s registration packet (see brochure cover above)—setting a new standard for these meetings, since programs in the past were usually just a few photocopied pages of the schedule. There was a Monday evening and Tuesday evening dinner, each with a presentation by an outstanding faculty member: on Monday, Mary Pattillo on Northwestern’s prison education program; and on Tuesday, E. Patrick Johnson, Dean of the School of Communication, on his personal story as a queer Black male growing into a successful performer and administrator. Working sessions—including a discussion of BTRA newsletters and the BTRA business meeting on Wednesday morning—alternated with presentations by leading Northwestern researchers, among them John A. Rogers, well-known to NEO members for his fascinating presentation on medical (and commercial) applications of his lab’s nanoengineering advances, reported in the Winter 2022 issue of this newsletter.

An especially engaging event was on Tuesday: a set of three talks on Evanston-Northwestern town-gown relations. After University archivist Kevin Leonard set the stage with a well-informed summary of these relations going back to the mid-1800s, showing the original documents on the screen, delegates heard in turn from Evanston mayor Daniel Biss and from Northwestern’s Director of Neighborhood and Community Relations, Dave Davis, on the current state of relations between the two neighbors, emphasizing all the positive relational work that has been accomplished in recent years.
On Tuesday afternoon we took our guests on a brief tour of the North Shore, stopping first at the Baha’i House of Worship and then heading up to the Chicago Botanic Garden, including a drive through the ravines on Sheridan Road. At the Garden we had a private tram tour and made a stop at the Science Center for a talk about all the programs that take place there.

The working sessions were lively and filled with discussion among the delegates and the speaker, perhaps more so than at previous conferences. Working sessions addressed newsletters, town-gown relations, and the impact on our campuses of global issues. The sessions were held in four different campus locations, spanning over 80 years of Northwestern architecture, to give our guests a flavor of our campus geography. BTRA conference sessions at other campuses typically have been held in just one location and then included a bus tour of the campus. Our plan of meeting at different campus locations sought to accomplish the same thing in a more creative manner.

Delegates were happy to see one another in person, since the 2020 and 2021 meetings were cancelled because of the pandemic. From our own perspective and from comments received from participants, the meeting was a big success. We enabled the participants to consider issues of common interest—and we also took advantage of the opportunity to showcase Northwestern at its most beautiful.

Delegates from 11 of the 14 Big Ten universities attended the BTRA conference at Northwestern. Here is a group picture taken at the entrance of the Daniel F. and Ada L. Rice Plant Conservation Science Center at the Chicago Botanic Garden in Glencoe. Co-organizers David Zarefsky (middle left) and Al Telser (far right) were part of the tour group.
WELCOME TO NEO, NEW EMERITI FROM NORTHWESTERN’S PRITZKER SCHOOL OF LAW!

In our last issue, we recognized 69 faculty members as the new emeriti of 2022. This distinction, conferred by Northwestern’s Board of Trustees, was recognized by President Schapiro at Northwestern University’s 164th Annual Commencement on June 13, 2022. We now add eleven more names to this illustrious list: the 2022 emeritae and emeriti from Northwestern’s Pritzker School of Law. We congratulate them as well. Welcome to membership in NEO, the Northwestern Emeriti Organization!

Locke E. Bowman, Clinical Professor Emeritus of Law, Pritzker School of Law; 16 years of service.

Robert P. Burns, William W. Gurley Memorial Professor Emeritus of Law, Pritzker School of Law; 42 years of service.

David L. Cameron, Professor of Practice Emeritus of Law, Pritzker School of Law; 21 years of service.

Thomas F. Geraghty, Class of 1967 James B. Haddad Professor Emeritus of Law, Pritzker School of Law; 53 years of service.

James T. Lindgren, Professor Emeritus of Law, Pritzker School of Law; 26 years of service.

Nancy C. Loeb, Clinical Professor Emerita of Law, Pritzker School of Law; 13 years of service.

Steven Lubet, Edna B. and Ednyfed H. Williams Professor Emeritus of Law, Pritzker School of Law; 47 years of service.

Stephen P. Sawyer, Clinical Associate Professor Emeritus of Law, Pritzker School of Law; 17 years of service.

Carole Silver, Professor of Global Law and Practice Emerita, Pritzker School of Law; 19 years of service.

Matthew L. Spitzer, Howard and Elizabeth Chapman Professor Emeritus, Pritzker School of Law; 11 years of service.

Maureen Stratton, Clinical Assistant Professor Emerita of Law, Pritzker School of Law; 20 years of service.
The Next Bio Challenge
by NEO Administrative Assistant Gina Prokopeak

When I started with NEO back in November 2021, there were only 21 biographies on the NEO website. In the Winter 2022 edition of The Emeriti News, we set a goal of 50 total biographies, and I am proud to say that we now have 51 on the site. Thank you to everyone who has shared their story! Take a look at what your colleagues say about themselves. It’s an excellent way to get to know them and make discoveries about their amazing lives. With nearly 700 total emeriti, there are still countless interesting stories to share, and every new bio we receive and post is evidence that this is true. Please share yours to help us reach our next challenge goal of 100 bios! Thank you to our most recent contributors, whose freshly posted bios are here for you to read and enjoy:

- David Abrahamson, Journalism, Medill
- S. Hollis “Holly” Clayson, Art History, Weinberg
- Syamal K. Datta, Rheumatology, Feinberg
- Bernard J. Dobroski, Music Studies, Bienen
- Betsy Erkkila, English, Weinberg
- Robert Tanz, Pediatrics, Feinberg

NEO’s Memory Series 1
Remembering the Way We Were: Jim Roberts Photographs (1969–1972)

This year’s “Memory Series” of talks and presentations on individual and societal memory kicked off via Zoom on Wednesday evening, September 14. University Archivist Kevin Leonard introduced former Northwestern Syllabus photographer—later its editor-in-chief and now retired executive vice provost at Duke—Jim Roberts (’72) to present and interpret the documentary images of his photo archive, freely open to the public at Northwestern and beyond. Jim was joined by former classmates Nancy Sommers, now at Harvard, and NEO member Jeff Rice, each of whom offered their own very different perspectives on the photographs in the archive as well as the times they capture. What transpired over the following 90 minutes was at once an ode to Northwestern’s power to shape the future lives of its students as well as a demonstration of the power of photography to craft and re-craft our memory of past experience.
There were remarkable juxtapositions of the panelists with their former selves, seeming both remarkably the same—but at the same time of course very different. To learn more about the archive and to see the pictures, visit Jim Roberts Photographs at NU Archives. If you missed the event live, you can time-travel back to it by watching and listening to the recording.

NEO members and former campus SDS co-chairs Jeff Rice (center) and Steve Lubet (r.) manning the barricades during a student demonstration on Northwestern’s Evanston campus. Source: Jim Roberts Photographs, Northwestern University Archives.

ABOUT THE NEO MEMORY SERIES . . . AND COMING SPEAKERS

“. . . porque el olvido es una de las formas de la memoria, su vago sótano, la otra cara secreta de la moneda.”

—Jorge Luis Borges, Obra poética (1977)

Memory—and forgetting, the “other side of the coin” (Borges)—may not be unique to human beings, but they are extraordinarily well developed in our species and form the basis of learning, education, as well as of our relationships to others and to things. Memory is the source of our quiet joys—but also of great emotional pain, both on the individual and societal level. This is because memory in humans is long lasting. It exists both within and outside of us—often in the form of writing and other “aides de mémoire,” like art and photography. This year, in a series of six talks by NU experts on the subject, we

2 “. . . because forgetting is one of the forms/of memory, its vast basement, the secret/other side of the coin.”
will be exploring both individual and social memory—as well as the occasional failures of each, which can be accidental, incidental, as well as intended and purposeful.—**Jeff Garrett**

Here are the coming presentations in the NEO Memory Series:

Thursday, October 20, 11:30 to 1:30 p.m.: **Prof. Ken A. Paller**, Chair, Department of Psychology, and Director, Northwestern’s Cognitive Neuroscience Program, speaking on “**Memory, Sleep, and the Unconscious**.” Luncheon, Norris Center, Northwestern Room (2nd floor). [Register for Lunch](#).

A person with amnesia can experience a profound loss of the ability to recollect the past. Some memory functions, however, tend to be preserved, such as several types of unconscious memory. Both conscious and unconscious memories also inhabit our sleep. We study this largely hidden activity and its influence on waking cognition using EEG recordings and subtle sensory stimulation while people sleep. We also discovered a way to engage sleeping individuals in a two-way dialogue while they are dreaming. A growing array of neuroscience methods are thus allowing us to gain insight into what our minds do while we sleep and the intriguing influence this has on our waking life.

Thursday, December 1, 5:30 to 8:30 p.m.: **Prof. Leslie M. Harris**, Department of History, “**How the Word is Passed: On the History and Memory of Slavery in the U.S.**” Guild Lounge at Scott Hall. Registration for Dinner opens soon.

This year's book selection for One Book One Northwestern is Clint Smith's *How the Word is Passed: A Reckoning with Slavery Across America*. Smith's personal account discusses the ways in which the public memory of slavery (museums, monuments, and community ideas) at times aligns with and at other times is in conflict with historical knowledge about slavery from academic research. What is the distinction between (academic) history and (public) memory of slavery? Are there other histories that have a similar "split" in understanding? And how can individuals and communities work to reconcile such divisions?

Speakers in the New Year, with exact dates and venues yet to be announced, will be:

- Kenneth D. Forbus, Department of Computer Science: “Human vs. Machine Memory”
- M. Marsel Mesulam, MD, Director, Mesulam Center for Cognitive Neurology and Alzheimer's Disease, “The Current State of Research and Treatment of Alzheimer's Disease”

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3 For more information about this year's One Book, One Northwestern events, including Smith's visit to our Chicago and Evanston campuses, see the OBON website: [https://www.northwestern.edu/onebook/](https://www.northwestern.edu/onebook/).
• Jeffrey Garrett, University Libraries and Department of German, “The End of Monastery Libraries in Early Modern Europe: Memory Loss or Memory Transplant?”

NEO-EPL MINI-COURSES UPDATE

IN OCTOBER: EMILE OKAL ON THE DEVASTATING POWER OF TSUNAMIS

In mid-October, our colleague Emile Okal will be inaugurating the fourth year of NEO “mini-courses,” our prize-winning collaboration with Evanston Public Library. Given the neverending appeal (at least from safe distance!) of natural disasters, this topic is sure to draw a big public. Prof. Okal’s approach is, however, not sensationalism but rather hard science.

Throughout Earth's history, few natural phenomena have resulted in such widespread colossal damage and loss of life as tsunamis, caused by volcanos, earthquakes, and even giant meteor impacts. Prof. Okal has studied the physics and the geology of tsunamis for most of his career—frequently on site, arriving as soon as possible after they strike. Most recently, he has been involved in the ongoing research into the Tonga tsunami of 2022—which is a very different event from the others, as it involved the largest volcanic eruption on the planet in 160 years. At the end of the day, with all the research, he asks the question: "Have we become any wiser?"

Prof. emer. Emile A. Okal, “40 Years of Tsunami Research.” Tuesday, October 11 & 18, 2022, 6–7:30 p.m. In person only in the Community Meeting Room, Evanston Public Library, 1703 Orrington Ave. Register.

Abstract: Throughout Earth's history, few natural phenomena have resulted in such colossal damage and loss of life as tsunamis, caused by volcanos, earthquakes, and—even giant meteor strikes. Prof. Okal will take a close look at several case studies from over the course of his professional career, examining which new facets of science, engineering, and social response each of these events have taught us. Among these: Sumatra 2004 and Japan 2011, but also challenging, less known cases such as Nicaragua 1992 and whatever comes out of our ongoing research into Tonga 2022—which is a very different event from the others, as it involved the largest volcanic eruption in 160 years.

We also invite NEO members to register for the next two mini-courses, starting in January 2023:

Prof. Okal on the island of Niuatoputapu (Tonga) during the survey following the 2009 Samoa tsunami. Photo courtesy Emile Okal.
Prof. emer. Dr. Barbara J. Deal with Dr. Stephen Devries, Director of the educational Gaples Institute for Integrative Cardiology, Deerfield, IL. “Diet, Heart Health, and Living a Full Life.” Wednesday, January 18 & 25, 2023, 6–7:30 p.m. Hybrid: Virtual via Zoom and in person at Evanston Public Library. Register.

Abstract: Diet has an enormous impact on health, obesity, and our capacity to greatly lower the risk of heart disease. These lessons are relevant for every stage of life, from childhood to old age. Early eating habits help set the stage for health later in life—though it is never too late for dietary changes to impact longevity and well-being. Accordingly, this program will be led by a pediatric cardiologist, Dr. Deal, and a preventive adult cardiologist, Dr. Devries.


Abstract: Some places are famously known as sacred. Rome had deep religious significance even before Christianity, and Constantinople was founded as a new Rome. Canterbury and Santiago de Compostela are notable pilgrimage sites. But even cities and towns that we may not think of so readily as sacred—Prague, Bruges, Nuremberg, London, Paris, Florence, and many others—were also at some point in their development wrapped in a mantle of holiness.

DISCOVERING (AND RECOVERING) AN UNKNOWN PORTRAIT OF JUSTICE STEVENS

With his passing in 2019, the late Supreme Court Justice John Paul Stevens, who graduated from Northwestern’s Pritzker School of Law in 1947, joined a remarkable number of NU law school graduates in the pantheon of American jurisprudence and society, among them William Jennings Bryan, Adlai Stevenson II, Arthur Goldberg, and Harold Washington. During Stevens’s lifetime, an official portrait was unveiled at the Supreme Court on October 14, 2011. Commissioned by the Supreme Court Historical Society on behalf of Justice Stevens’ clerks, it was the work of portrait artist James J. Ingwersen, who resides today in Door County, Wisconsin.

A seasonal neighbor of Ingwersen in Wisconsin—and an active member of the Northwestern Emeriti Organization—is NU Professor of Mechanical Engineering emeritus Elmer Lewis. Elmer first learned of Jim Ingwersen's reputation as a portrait painter through his Evanston neighbors and close friends Jim
and Jean Rahl. Soon after they bought their cottage in Door County, Elmer and wife Ann met and became friends with the Ingwersens, Jim and his late wife Phyllis, visiting Jim’s gallery, having coffee at their new place, and attending the Midsummer’s Music chamber concerts in Sister Bay and elsewhere on the peninsula.

A year ago last fall, when he heard that Ingwersen was selling off much of his private collection, Elmer attended one of the showings. He was floored to see a “sketch” there that Ingwersen had done in preparation for the official Stevens portrait, which neither he—nor presumably anyone else—ever knew existed. It was in fact far more than just a sketch, but rather a smaller but thoroughly executed study for the final work which now hangs in the Supreme Court. Elmer thought immediately: why isn’t this portrait hanging at NU’s law school? When he shared this question with the artist, Ingwersen agreed to let him take the painting back to Evanston to try to find someone who would buy it and donate it to the law school. Darnell Hines, Pritzker’s associate dean of alumni relations and development, liked the idea and shopped it to several law school alums. A donor was quickly found: Justice Stevens’ daughter, Susan Stevens Mullen, herself an attorney in the Washington, DC area. Susan bought the work and donated it to the Pritzker School of Law.

This new acquisition fit right in with Pritzker’s developing plans for the dedication of the new Justice John Paul Stevens Courtyard, which took place in September, in the presence of a special guest, Stevens’s successor on the Supreme Court, Justice Elena Kagan. Even earlier though, on April 22, 2022, the Ingwersen portrait was unveiled in a celebration which included remarks by the dean of the law school, Hari M. Osofsky, attended by most of Justice Stevens’ living descendants, including Susan Mullen’s family. The portrait hangs now on a wall right next to Justice Stevens’s chair, part of a fitting tribute to one of Northwestern Law School’s most famous graduates. We are proud that NEO could play a role in bringing this portrait home.---Jeff Garrett

Donor-Advised Funds: Two Ways to Benefit Charities
by Laura Sowatsky, Director, Gift Planning

Donor-advised funds—or DAFs—offer a flexible and tax-advantaged way for donors to support charitable organizations, including Northwestern.

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4 James A. Rahl (1917–1994) was Northwestern’s law school dean from 1972 to 1977. James Ingwersen painted the portrait of Rahl which now hangs in the Lowden Hall gallery of past law school deans, on the Chicago campus.
How does a DAF work?

DAFs are charitable investment accounts that can only be used for philanthropic purposes. They allow donors to make a charitable gift, receive immediate tax benefits, and then recommend grants from the DAF over time.

Donors can use an existing DAF to support charitable organizations in two ways:

- They can recommend grants to charities, which are considered outright gifts.
- They can designate a charity as a beneficiary of their DAF. When the fund terminates, that organization receives the balance in the account. This is considered a planned gift. At Northwestern, this type of gift qualifies the donor for membership in the Henry and Emma Rogers Society.

Donors can establish a new DAF through community foundations, single-issue non-profits (including Northwestern Compass Funds) and national non-profits.

The University established its Compass Funds program in 2018 in partnership with TIAA Kaspick, a financial firm specializing in higher education planned gift and asset management. A donor can establish a Compass Fund with a minimum gift of $250,000 and must distribute at least 50 percent of the assets to Northwestern. The benefits of our program include:

- **Tax advantages:** The donor may be eligible for an income tax deduction in the year they transfer assets into their Compass Fund.
- **Competitive fees and high-quality investment options:** There is no cost to establish a Compass Fund and the investment and management fees are competitive. TIAA Kaspick, which has more than $8.3 billion under management, offers a range of quality investment options.
- **Ease and flexibility:** Compass Funds provide an easy and flexible way for donors to support Northwestern and other charities from a single account.

Is a DAF right for you?

- You would benefit from a significant tax deduction—possibly after selling a business or receiving another windfall—but are not ready to make giving decisions. **There is still time to set up a Compass Fund in the current tax year!**
- You give to multiple charities and would like to simplify the giving process.
- You would like to involve your family in your philanthropic decisions now or in the future.

Consult with Northwestern’s [Office of Gift Planning](#) or explore the resources below to learn more.

- [Donor-advised fund page on Gift Planning web site](#)
EMERITA PORTRAIT

LOVE, LOSS, AND WRITING ABOUT IT: A CONVERSATION WITH EMERITA SUSAN THISTLE

Susan Thistle retired in 2021 as Associate Professor of Instruction Emerita in the Department of Sociology, where she was Associate Chair for many years. She was also affiliated with the Program in Environmental Policy and Culture and the Institute for Policy Research. Her teaching and research focused initially on the sociology of gender—she wrote a book, *From Marriage to the Market* (University of California Press: 2006)—and then on environmental issues. Her first year of retirement gave Susan time to return to writing. She completed a memoir written by her mother, Mary MacCracken, who died before finishing the book herself. *The Memory of All That*, also featured in this month’s Emeriti Bookshelf, is a poignant story of love and loss and includes important lessons for people facing cognitive decline and those who care for, and about, them.

*Joan Linsenmeier for The Emeriti News*: I read a draft of the book and found it moving, engaging, and filled with instructive examples. It’s on my list of gifts to give friends this holiday season. Can you give a brief overview for people who haven’t read it?

*Susan Thistle*: It’s a story of how two people in a remarkably supportive relationship first helped each other succeed in their work—my mother taught autistic children and wrote about them; Cal was an inventor with 80 patents—and then helped each other overcome the challenges of Alzheimer’s. A big part of the book focuses on how Cal approached his disease, how my mother helped him through it, and what she did to help herself, too.

*JL*: The idea of finishing someone else’s memoir is intriguing. How did you go about doing this?

*ST*: My mother had worked so hard on this book, and I felt it was such a good one. I just had to finish it. It was like making a quilt (not that I’ve ever made one). My mother made almost all the squares and laid them out in a pattern. I added a few more squares, rearranged some, and stitched them all together.

My mother had previously written quite successful books about working with autistic and learning-disabled children. She knew how to shape a story and use words effectively. My role was to tie together all her vivid vignettes about her experiences with Cal and to add some dates and details to clarify what happened when. I also read through her journals, looking for incidents and details that might enhance the book.

*JL*: What do you think your mother hoped people would take away from the book?
ST: She wanted to help others understand what happens at different stages of Alzheimer’s and how she and Cal got through each of them, and to show that Alzheimer’s is not terrifying, but manageable. So, she wrote about both small solutions (like laying out Cal’s clothes for him before he got dressed) and larger decisions (like moving to a continuing care community) that made life easier for them both.

Also, and this was very important to her, much as when she wrote about autistic children, she hoped to lessen the stigma and shame associated with the disease.

JL: Do any key lessons stand out for you, as you think about the book?

ST: Yes, two key lessons for people caring for others who are experiencing cognitive, or other, declines. First, learn more about the disease and look for practical and creative ways to handle it. This is how my mother helped Cal sustain a sense of self-worth despite his failing mind.

Second, don’t try to do it all on your own. Help from others—good doctors, social workers, other healthcare workers, support groups—is essential. A daycare program, a companion, and, near the end, a memory care unit can be helpful for your loved one. As my mother’s book shows, you can get through it, and can even continue to enjoy sweet times together.

JL: I know much of your time since retiring from Northwestern has been spent on the book. I’m wondering if you’ve had time for anything else.

ST: I feel like I’ve never worked harder (except when writing my own book)! But because I’m retired, I’ve been able to do the work in two beautiful places, Arizona and the San Juan Islands off the Washington coast. My life this past year has followed a sort of pattern: working on the book for the first part of the day—and then going outside, hiking in Arizona in winter, beating back the brush and growing vegetables on a remote island in the Pacific Northwest in spring and summer.

For many years at Northwestern, I taught courses on the environment, mainly about climate change. My love of nature lay behind my concerns about the climate crisis, while also drawing me to the two places where I now live. In both places I see the impacts of climate change vividly: mega-drought and many wildfires in the Southwest; more wildfires, smoke-filled air, and constant fear of fire in the Northwest. My next project is to do all I can to help stop the climate crisis!

JL: Susan, thank you for this conversation.
The Emeriti Bookshelf

This column draws attention to recent books published by Northwestern emeriti—fiction as well as non-fiction—especially titles of interest to general audiences. We also include older works by emeritae/-i featured in this newsletter, as well as interesting works by non-emeriti who have spoken at recent NEO events. Unless another source is stated, these books may be purchased directly from local independent bookstores—many of which, largely as a result of the pandemic, now have robust and efficient e-commerce sites—or from Bookshop.org, Amazon, Barnes & Noble, Indiebound, as well as other online sources.

Readers are encouraged to send title information to the editor to be considered for inclusion in this column. Please note that you do not need to be the author to suggest a title for mention! Feel free to confidentially inform on your friends and colleagues!


Susan Thistle discusses the genesis of this book—and her role in finishing it after her mother’s death—in this issue’s “Emerita Portrait.” Here is her brief description for The Emeriti News of what it’s about: “The book initially recounts how Mary and Cal MacCracken helped each other overcome setbacks in their lives. Cal came to be called one of America’s most prolific inventors; Mary wrote several books about her work with autistic and learning-disabled children. The book then details how they handled Cal’s diagnosis of Alzheimer’s, providing an understanding of the different stages of the disease, and showing how the two coped with each in small and large ways that preserved Cal’s dignity and their loving relationship.

Containing valuable lessons for anyone dealing with dementia or other caregiving issues, it also gives friends and family members a sense of the issues involved.”


This eBook is focused on ways to enhance the body’s endogenous regulatory mechanisms, namely by generating specialized regulatory T cells that are targeted to suppress inflammatory autoreactive cells.
responsible for causing autoimmune disease, like lupus. How this book came about? As book co-editor (and NEO member) Datta told The Emeriti News: “After my residency at Cook County Hospital in the late 1960s and early 1970s, I completed a fellowship in hematology, and my mentors recommended me to Dr. Robert Schwartz for a research fellowship at the New England Medical Center of Tufts Medical School in Boston. Dr. Schwartz was known as “Immunosuppression Schwartz”, since immunosuppressive drugs like Immuran, Cytoxan, and others being used today for transplants and autoimmune diseases like lupus nephritis were developed based on his discoveries. I wanted to do research on lupus, a systemic autoimmune disease, which with its diverse immunological abnormalities was an excellent window to the immune system. This interest of mine, as reflected in this new volume, is traceable back to those days, fifty years ago, and to the research I’ve conducted ever since.”


From the introduction: “This volume . . . is dedicated to how the process of spermatogenesis is regulated by endocrine and paracrine mechanisms. It encompasses peer-reviewed perspectives, reviews, opinion papers, and original research reports by scientists at the cutting edges of their fields.” And as co-author Ev Goldberg told The Emeriti News: “The four of us solicited manuscripts, were responsible for assigning reviewers and for final acceptance of the papers that were published in this special edition e-book on testis function and spermatogenesis. We also combined to write the ‘Editorial’ introducing the collection.”

Editor’s note: By the end of September 2022, this collection, released in July 2022 on an open access platform, had 33,000 downloads/views. This is a new model of open access publishing: click on the linked title above to download the entire open access book—for free.
PASSINGS

Column Editor George Harmon

Note: We list Passings in alphabetical order, and we publish them each quarter as we learn of the news. Please keep us informed of such events, readers, and don’t be shy about adding your own observations about our beloved emeriti.

Russell Dagon, 83, a clarinetist whose career ran on parallel tracks of teaching and performing, passed away Oct. 20, 2021, in Waukesha, WI, after a two-year battle with Alzheimer’s. Born in Joliet, IL, he did undergraduate and graduate work in music at Northwestern. During 25 years on the faculty, he taught many students who went on to professional careers all over the world. From 1969 to 1999, Russ was principal clarinetist for the Milwaukee Symphony. In summers, he taught in youth programs. He performed across the country as a recitalist, guest soloist, and chamber musician and was a featured artist at conferences of the International Clarinet Society. On campus he played in the Winter Chamber Music Festival as well as chamber music collaborations with colleagues. In retirement he remained active as a clinician and performer. Russ and Sandy spent most of their summers and falls in Door County, WI, where he taught at the Birch Creek youth program. Russ liked nothing more than to enjoy his evening cocktail while watching the sunset over Green Bay. Obituary.

Marcia Gealy, who spent 38 years helping Northwestern students become better writers, passed away July 13, 2022. She was 90 and had retired in 2018. A dedicated and beloved teacher, she appeared often on the student government’s faculty honor roll and held a Charles Deering McCormick professorship for distinguished teaching from 2002 to 2005. She loved teaching international students and took fierce pride in those who excelled. Marcia also taught courses in modern Jewish literature for the programs of Jewish Studies, American Studies, and Comparative Literature, and served as a reader for the Northwestern University Press, as a member of the University Fellowship Committee, as a faculty fellow of the Women’s Residential College, and as a senior fellow at the Searle Center for Teaching Excellence. Marcia’s late husband, Bill, directed the Office of Research and Sponsored Programs. Her master’s was from Columbia and her PhD from Ohio State, where she wrote her dissertation on Bernard Malamud. She loved poetry, storytelling, long walks, tai chi, and classical music. Obituary.
Frances Larimer, 92, who established the music school’s master’s and doctoral programs in piano performance and pedagogy, died on October 21, 2021, in Evanston. Born in Florida, she received bachelor’s and master’s degrees in piano performance from Northwestern. While teaching at Bienen, Larimer received research grants to develop instructional techniques in piano pedagogy and college-level group piano. She reorganized the preparatory department, expanding its offerings to include preschool classes, adult piano classes, and classes for non-majors. Frances also was instrumental in acquiring the school's first piano laboratory in 1970 and keeping it up to date. Author of numerous articles for music periodicals and professional journals, she was coauthor of *The Piano Pedagogy Major in the College Curriculum*. From 1993 to 2004 she organized annual summer piano institutes for American students and teachers in St. Petersburg, Russia. She was also guest professor for three summers at the Rubin Academy of Music in Jerusalem. She retired in 1998. [Obituary](#).

James Edwin Moore, 92, former director of field services at Bienen School of Music, died April 14, 2022, in Vancouver, WA, of complications from pneumonia. Born in Detroit, Jim attended Wayne State, became first of his family to graduate from college, served stateside during the Korean War, and received master’s and doctoral degrees from the University of Michigan. He met his wife Carol in 1960 when she was working at a music store in Ypsilanti. In 1968 Jim joined Northwestern and took on progressively more responsible administrative responsibilities as director of admissions, of career services, and then of summer session. He reorganized and modernized the national admissions office, oversaw advertising and recruitment campaigns, edited the school’s *Fanfare* magazine, and directed its cherub program. Jim especially enjoyed traveling the country to audition and recruit new students. After retirement in 1994, he and Carol returned to Arizona, where he had been a professor at Cochise College, and built a house with mountain views in Tucson. Jim sang in a church choir and became a consultant for the National Association for College Admission Counseling. [Obituary](#).

Franklin R. (Pancho) Safford, 87, an award-winning economic and political historian of 19th century Colombia who served two terms as history chair, two as associate dean of social sciences, and one as director of international studies, died June 16, 2022, in Evanston. He was a good-humored and active man, riding his bicycle everywhere in town—never mind the weather—and playing tennis into his early 80s with a company of friends. Pancho loved research and wrote many books and articles, but his greater joy was mentoring students and younger colleagues. His courses addressed topics ranging from the formation of Latin American societies to race relations and slavery, politics and development, revolution, U.S. hegemony, and the role of the media. Born in El Paso and
nicknamed Pancho as a baby by a caregiver, he became Phi Beta Kappa at Harvard and wrote his doctoral dissertation in Spanish at Columbia. He then taught at Dartmouth and arrived at Northwestern in 1972. After retirement in 2011, Pancho taught in Bogotá and at the University of Texas, where he was editor of the *Hispanic American Historical Review*. Obituary.

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**THE EMERITI CALENDAR**

Note: NEO events are either virtual over Zoom, in person at locations on campus or in the community, or hybrid, i.e. taking place in both real and virtual space as this will allow us to accommodate NEO participation from anywhere.

Please visit the NEO website’s Program of Events for updates between newsletters and your email inbox for invitations to upcoming events. If you need assistance, please contact the NEO office by email or by phone at (847) 467-0432.

Zoom links and passwords (if required) will be communicated to all NEO members in advance.

- **Tuesdays, October 11 & 18, 6:00 p.m.–7:30 p.m. CST**
  - Fall Qtr EPL-NEO Mini-Course. Prof. emer. Emile Okal, Department of Earth & Planetary Sciences, “40 Years of Tsunami Research”. In-person only, Evanston Public Library. Register here.

- **Thursday, October 20, 11:30 a.m.–1:30 p.m. CST**
  - NEO Memory Series II. Lunch event. Speaker: Ken Paller, Director of Northwestern’s Cognitive Neuroscience Laboratory, “Memory, Sleep, and the Unconscious”. Hybrid: In-person lunch at Norris Center, Northwestern Room (2nd floor), Evanston Campus, and Zoom. Register for lunch.

- **Monday, October 24, 1:00 p.m.–2:30 p.m. CST**
  - Executive Council Meeting. Hybrid

- **Thursday, December 1, 5:30 p.m.–8:30 p.m. CST**
  - NEO Memory Series III. Dinner event. Prof. Leslie M. Harris, Department of History, “*How the Word is Passed*: on the History and Memory of Slavery in the U.S.” (One Book, One Northwestern selection for 2022–23). Hybrid: In-person and Zoom.

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**2023**

- **Wednesdays, January 18 and 25, 6:00 p.m.–7:30 p.m. CST**
  - Winter Qtr EPL–NEO Mini-Course. Prof. emer. Dr. Barbara J. Deal with Dr. Stephen Devries, Director of the educational Gaples Institute for Integrative

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*The Emeriti News* (Fall 2022)
Cardiology, “Diet, Heart Health, and Living a Full Life.” Hybrid: In-person, Evanston Public Library Main & Zoom. Register Here.

Tuesdays, April 18 & 25, 6:00 p.m.–7:30 p.m. CST Spring Qtr: EPL & NEO Mini-Course. Prof. emer. Richard Kieckhefer, “Sacred Places: What Gave London, Paris, and Florence Their Allure?”

### NEO Officers and Executive Council Members, 2022–23

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Our engaged editorial board consists of George Harmon, Joan Linsenmeier, and David Zarefsky.

Our next issue (Winter 2023) will be published in mid-to-late January.