## Northwestern Ego Integrity Scale (NEIS)

Using the scale below, indicate in the space provided the number that best describes your *general* attitude towards the statement.

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<tr>
<th></th>
<th>Strongly Disagree</th>
<th>Disagree</th>
<th>Slightly Disagree</th>
<th>Slightly Agree</th>
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1. I appreciate the value of all my experiences.
2. It pains me to think about dreams and goals I have had that I did not fulfill. *(R)*
3. I have accomplished everything I wanted to in my life.
4. Life is meaningful.
5. I wish I had loved more in my life. *(R)*
6. I have reached a point where I can accept the events in my life as having been necessary.
7. As I grow older, I understand people more.
8. I am bothered by mistakes I have made in the past. *(R)*
9. I have done exactly what I wanted to with my life.
10. I see a meaningful thread running through the many events in my life.
11. Had I been born with a different personality, life would have been better. *(R)*
12. I can face death gracefully.
13. Even my sufferings have had meaning.
14. I wish I had more time to take a different path in life. *(R)*
15. As I get older, my life story makes more sense to me.

*(R)* = Reversed scored.

**Coherence subscale.** Items: 1, 4, 6, 7, 10, 13, 15

**Acceptance Subscale.** Items: 2, 5, 8, 11, 14

**Wholeness Subscale.** Items: 3, 9, 12