

COUNSELLING MATTERS...

University visits /

From the High School Counsellor...

Upcoming University Visits

World Universities Fair

On Monday 16th March, Concordia International School in Shanghai is hosting the World University Fair. Some of the Gr 11 students will be there.

Andy Ray from **University of Tennessee** is visiting on Monday 23rd March at 12.50 - 1.50 @Counselling Office

Grade 11 - Gearing Up For...

The Junior Interview - if you haven't booked yours yet, please do so soon.

Monday and Thursday Office Hours

The High School Counselling Office is open to students on Mondays and Thursdays 3.00pm - 5.00pm
scottlangston@staff.nanjing-school.com
@NISCounsellor on Twitter

Coming up for Grade 11 - University Challenge!

Get the real deal, the real McCoy, the pukka, kosha, bona fide truth, the Dinky di, the low down on University life around the world...

A panel of experts is assembling...

When: April 1st Where: MYP LGR Who: Grade 11 students

Talking to your teen...

Be An Involved Parent

- Show interest in your teenager's activities and friends.
- Talk openly, honestly, and respectfully with your teenager.
- Set clear limits and expectations.
- Know what's going on at school and after school.
- Teach your teenager how to safely avoid violence.

Teenagers are no longer children, but they are not yet adults. While teenagers are developing more independent thoughts, feelings, and values, it is only natural for them to question their parents' rules, beliefs, and expectations. There is some great advice for parents at this site.

www.healthychildren.org/



Counsellor Absence

I will be out of school from Friday next week (20th March) and all of the following week, on a school accreditation visit, returning to school on Monday 30th March.

I can still be contacted via the school email address which I will check daily as far as travel permits. For urgent matters relating to courses you should address Dr Saavedra and for counselling/support issues please speak to Gail Griffiths, my K-8 Counselling colleague.

