

# Meeting 8<sup>th</sup> Apr

2019年4月9日

9:02

<b>Type of Meeting:</b>	<b>Swim Team Review Committee</b>		<b>7 Norms of Collaboration</b>
Attendees: Kathrin, Grace, Tony, Alex, Molly, Luke, Winston, Sonia, Jo, Ellen, Sunghee, Jeong Ju	Copies:		<ul style="list-style-type: none"> <li>• <i>Pausing</i></li> <li>• <i>Paraphrasing</i></li> <li>• <i>Putting Inquiry at the Centre</i></li> <li>• <i>Probing for Specificity</i></li> <li>• <i>Placing Ideas on the Table</i></li> <li>• <i>Paying Attention to Self &amp; Others</i></li> <li>• <i>Presuming Positive Intentions</i></li> </ul>
<b>Agenda:</b>		Attachments and/or links:	
	<b>Item:</b>	<b>Intention:</b>	<b>Description / By Whom / When</b>
1	Introductions	Inform	Welcome and introduction of coaches, team captains and parents representatives.
2	Review and Feedback	Evaluate	<ul style="list-style-type: none"> <li>• Swim team uniform goes well and will look into the swim suit.</li> <li>• Team spirit - cheer together on pool deck - can do that at NIS meet and local meets.</li> <li>• Combine dryland and swimming is good, good improvement.</li> <li>• Party for students and parents at the end of the school year to let the parents and students know each other better.</li> <li>• Team coaching from older</li> </ul>

			swimmers to younger ones.
3	Long-term Athlete Development Model	Inform/Investigate	<ul style="list-style-type: none"> <li>• Aim to build a long-term athlete development model based on character development, technique, physiological progressions and psychological skills.</li> <li>• Re-selection into the swim team - commitment and good performance swimmers can be selected to the swim team the next school year, the rest need to do the team try-outs.</li> </ul>
4	Team Kit	Next Steps	<ul style="list-style-type: none"> <li>• Team uniform looks good, students made the choices.</li> <li>• Swim Suit – team captains to do research.</li> </ul>
6	Future Amendments	Propose	<ul style="list-style-type: none"> <li>• Swim meets – Which to go? Less meets but more swimmers. Considering more NIS meets with local clubs.</li> <li>• Platinum Squad – with the swimmers show commitment and good performance. What to offer? Maybe swim camp, International Meets or harder session?</li> <li>• Workshops for younger swimmers from older ones.</li> <li>• Sleep-over camp at the beginning of the school year.</li> <li>• Swimathlon to be considered.</li> </ul>
7	Next Meeting		May – Date and time to be confirmed.

### Intentions:

Inform/Confirm    Elaborate/Investigate    Reform/Create    Decide