

## UNIT 3: HEALTH AND BEAUTY

### WARM-UP

#### Choose

Circle 1 photo. I look a little like Woman A, B or C...



Woman A



Woman B



Woman C

#### Discuss

- What is the same about you?
- What is different?

#### Photo

Put a photo or picture of yourself here:

## VOCABULARY

### Definitions

Practice pronunciation of the words below with your teacher.

Put the number next to the word that matches the body part.

#### Body Parts

\_\_\_ *an arm*

\_\_\_ *an eye*

\_\_\_ *an eyebrow*

\_\_\_ *a finger*

\_\_\_ *a foot*

\_\_\_ *hair*

\_\_\_ *a leg*

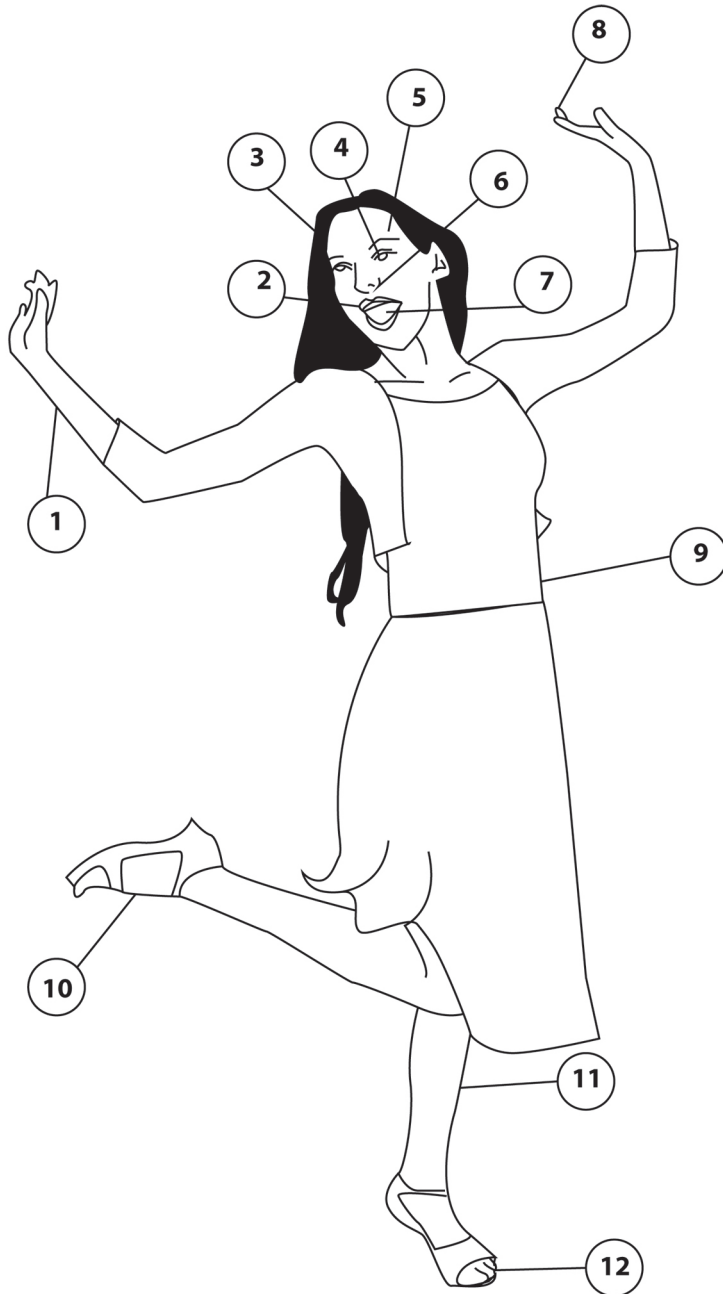
\_\_\_ *lips*

\_\_\_ *a mouth*

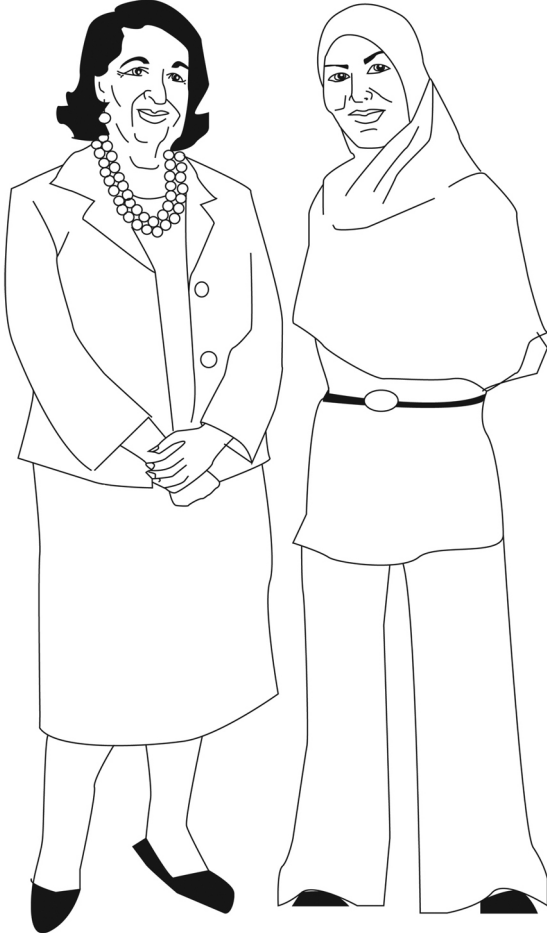
\_\_\_ *a nose*

\_\_\_ *a stomach*

\_\_\_ *a toe*



Draw a line from the **word** to its picture.

<p><u>Clothing</u></p> <p><i>a dress</i></p> <p><i>earrings</i></p> <p><i>a headscarf</i></p> <p><i>a necklace</i></p> <p><i>pants</i></p> <p><i>a scarf</i></p> <p><i>a shirt</i></p> <p><i>shoes</i></p> <p><i>pantyhose</i></p>	
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**What are you wearing?**

Work in pairs.

**Ask:**                   What you are wearing today?

**Answer,** example: I **am wearing** a blue dress.

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

## READ-WRITE-TALK

Write **T** for true or **F** for false. All answers are okay!

- |                          |                                   |
|--------------------------|-----------------------------------|
| <input type="checkbox"/> | 1. My favorite color is green.    |
| <input type="checkbox"/> | 2. I am wearing earrings.         |
| <input type="checkbox"/> | 3. My friend is wearing pants.    |
| <input type="checkbox"/> | 4. My shoes are old.              |
| <input type="checkbox"/> | 5. My teacher is wearing a dress. |

### Group Work

Tell your answers to other students near you in the class.

- What is the same?
- What is different?

### THE HILWE W MORRA STORY

Listen and read along as the teacher reads this out loud. An audio recording is available to download at <http://aei.uoregon.edu/wtwe/>

*There are 2 new children: May and Nabil. Joumana is the cousin of Dima, Nour and Samar. They are talking in their home.*

- Nabil: Look, Auntie Hala! May is **wearing lipstick!**
- Auntie Hala: May, dear, why are you wearing lipstick?
- May: Today is Auntie Nadine's party, so I am wearing **makeup!**
- Joumana: But, May, you are **too young** for makeup.
- May: I am not too young! My friends are wearing makeup now.
- Auntie Hala: Be **patient**, dear! You are a **beautiful** girl with no makeup! *(She kisses May's face.)*
- Joumana: May, you can not wear makeup yet. You are **growing up too fast!**
- May: Okay, Mommy, but I am wearing my new shoes and dress to the party!
- Joumana: Okay, now please **take off** the lipstick!

## Vocabulary, Definition A or Definition B

Put a ✓ by the best answer.

Vocabulary	Definition A	Definition B
<u>wear</u>	= take off clothes	put on clothes ✓
<u>lipstick</u>	= hair color	color on the mouth
<u>makeup</u>	= color for the skin	color for the hair
<u>too young</u>	= not old enough	very old
<u>patient</u>	= waits quietly	does not wait quietly
<u>beautiful</u>	= pretty	not pretty
<u>grow up</u>	= become older	become younger
<u>too fast</u>	= very slowly	very quickly
<u>take off</u>	= clean off	put on

### Group Work

First, practice saying the questions and answers below with the teacher.

Then, practice in pairs or small groups.

Make questions.

Are you...	... wearing earrings? ... wearing a necklace? ... wearing makeup?
Is she...	... wearing earrings? ... wearing a necklace? ... wearing makeup?
Are they...	... wearing earrings? ... wearing a necklace? ... wearing makeup?

Make answers.

Yes,	... I am. ... she is. ... they are.
No,	... I am not wearing _____.      ... I'm not. ... she is not wearing _____.      ... she isn't. ... they are not wearing _____.      ... they aren't.      ... they're not.
	I do not know.      I don't know.

Discuss in pairs or small groups:

- Are you wearing makeup today?
- Are you wearing your favorite shoes today?
- Are you wearing your favorite jewelry today?

Extra discussion:

- Are you wearing too many clothes now? Are you too hot?
- Are you wearing comfortable clothes today? Are they tight or itchy?

## **READERS THEATER**

### **Practice with the Teacher**

First, practice all of the story together with the teacher. Read the story as a script in a theater play.

- Nabil: Look, Auntie Hala! May is wearing lipstick!
- Auntie Hala: May, dear, why are you wearing lipstick?
- May: Today is Auntie Nadine's party, so I am wearing makeup!
- Joumana: But May, you are too young for makeup.
- May: I am not too young! My friends are wearing makeup now.
- Auntie Hala: Be patient, dear! You are a beautiful girl with no makeup!  
*(She kisses May's face.)*
- Joumana: May, you cannot wear makeup yet. You are growing up too fast!
- May: Okay, Mommy, but I am wearing my new shoes and dress to the party!
- Joumana: Okay, now please take off the lipstick!

Then, practice with the teacher in different ways:

- You are Nabil. Say in a surprised way, "Look, Auntie Hala!"
- You are Joumana. Say in a kind way, "Okay, now take off the lipstick!"
- You are Joumana. Say in an angry way, "Okay, now take off the lipstick!"

*An audio recording is available to download at <http://aei.uoregon.edu/wtwe/>*

## Group Work

Next, work in groups. Each group has 3 students, and your teacher will read Nabil's role at the beginning. Each student is a person in *The Hilwe w Morra Story*. Each group reads the story out loud.

## Active Listening

Listen as other groups read the story. Put a  $\checkmark$  by the best answer for each group.

**Group 1:** \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.

Listen to May. She is...

patient	angry	surprised
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Listen to Joumana. She is...

patient	angry	surprised
---------	-------	-----------

Look at Auntie Hala. She is...

patient	angry	surprised
---------	-------	-----------

**Group 2:** \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.

Listen to May. She is...

happy	angry	sad
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Listen to Joumana. She is...

happy	angry	sad
-------	-------	-----

Look at Auntie Hala. She is...

happy	angry	sad
-------	-------	-----

**Group 3:** \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.

Listen to May. She is...

patient	angry	surprised
---------	-------	-----------

Listen to Joumana. She is...

patient	angry	surprised
---------	-------	-----------

Look at Auntie Hala. She is...

patient	angry	surprised
---------	-------	-----------

**Group 4:** \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.

Listen to May. She is...

happy	angry	surprised
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Listen to Joumana. She is...

happy	angry	surprised
-------	-------	-----------

Look at Auntie Hala. She is...

happy	angry	surprised
-------	-------	-----------

**Group 5:** \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.

Listen to May. She is...

angry	happy	surprised
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Listen to Joumana. She is...

angry	happy	surprised
-------	-------	-----------

Look at Auntie Hala. She is...

angry	happy	surprised
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**Group 6:** \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.

Listen to May. She is...

patient	sad	angry
---------	-----	-------

Listen to Joumana. She is...

patient	sad	angry
---------	-----	-------

Look at Auntie Hala. She is...

patient	sad	angry
---------	-----	-------

Group 7: \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.

Listen to May. She is...

Listen to Joumana. She is...

Look at Auntie Hala. She is...

happy	patient	surprised
happy	patient	surprised
happy	patient	surprised

### The *Hilwe w Morra* Story, Family Tree

- Go to the beginning of this book. Put drawings or photos on the *Hilwe w Morra* family tree for May and Nabil in relation to Joumana and Auntie Hala. Write their ages, too.
- What are they wearing? What are they thinking?
- All answers are okay!

### READING

**Title: Interview with Film Star Nadine Labaki, from *Caramel***

### Guess

Think about the title, "*Interview with Nadine Labaki.*" Guess! Do you think these sentences about the story are T (true) or F (false)?

<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

1. The interview is about a film.
2. The interview is about Nadine.
3. Women in Lebanon like to be beautiful.
4. Women in Lebanon use many beauty products.

### Listen-Read-Circle

Listen as the teacher reads the interview 2 times. The second time, circle 5 words about beauty (for example, *kohl*, mascara, skin, products).

*An audio recording is available to download at <http://aei.uoregon.edu/wtwe/>*

**What are 3 tips for beauty?**

Drink water, reach for your dreams and exercise. Most of all, happiness is good for your skin!

**What are your favorite beauty products? What are you using?**

I am using black *kohl* and mascara on my eyes. These days I am traveling a lot. I'm also working long hours. My skin gets dry. I love body lotion.



**How are you keeping your skin healthy?**

I am cleaning it well. I'm only wearing makeup for filming. I'm using sunscreen during the day. I'm also using a good night cream.

**Are you exercising?**

It depends on my mood. I'm doing yoga regularly. I love it! Yoga is really helping my body and my mind.

**Listen-Read-Write**

Listen to the teacher read *Interview with Nadine Labaki* as many times as needed. Write the **words** in the \_\_\_\_\_ **blanks** \_\_\_\_\_ below.

<p><i>beauty</i></p> <p><i>dry</i></p> <p><i>exercise</i></p> <p><i>happiness</i></p> <p><i>lotion</i></p>	<p><b>What are 3 tips for beauty?</b></p> <p>Drink water, reach for your dreams and _____.</p> <p>Most of all, _____ is good for your skin!</p> <p><b>What are your favorite _____ products? What are you using?</b></p> <p>I am using black <i>kohl</i> and mascara on my eyes. These days I am traveling a lot. I'm also working long hours. My skin gets _____.</p> <p>I love body _____.</p>
<p><i>cream</i></p> <p><i>makeup</i></p> <p><i>mood</i></p> <p><i>Yoga</i></p>	<p><b>How are you keeping your skin healthy?</b></p> <p>I am cleaning it well. I'm only wearing _____ for filming. I'm using sunscreen during the day. I'm also using a good night _____.</p> <p><b>Are you exercising?</b></p> <p>It depends on my _____. I'm doing yoga regularly. I love it! _____ is really helping my body and my mind.</p>

## Sentence Correction

What is Nadine doing now for beauty and health?

Put a ✓ by all the correct answers.

Look at the reading to check your answers.

- \_\_\_\_\_ She is using night cream.
- \_\_\_\_\_ She is putting on makeup.
- \_\_\_\_\_ She is not cleaning her face.
- \_\_\_\_\_ She is going to work.
- \_\_\_\_\_ She is exercising.
- \_\_\_\_\_ She is wearing sunscreen.
- \_\_\_\_\_ She is doing yoga.

## What to Say?

Fill in the blanks with your choices. Practice saying this with the teacher.

Then, practice with a partner.

### Giving compliments about appearance

Student A: You look nice in that color!

Student B: Thank you! \_\_\_\_\_ is my favorite color.

Student A: Your \_\_\_\_\_ looks beautiful today!

Student B: Thank you!

Student A: You are wearing a pretty \_\_\_\_\_ today!

Student B: Thank you!

## WHAT'S THE BUZZ?

There are 5 questions. First, practice the questions with the teacher. Then, each student talks to 3 students in the class and asks all the questions. Write the names of the students and all the answers in the boxes below.

	STUDENT 1: _____	STUDENT 2: _____	STUDENT 3: _____
<b>Question 1:</b> What is your favorite clothing?			
<b>Question 2:</b> What is your least favorite clothing?			
<b>Question 3:</b> What are your favorite beauty products?			
<b>Question 4:</b> How are you keeping your skin healthy?			
<b>Question 5:</b> How are you keeping your body healthy?			

### Discuss with Your Group

- How many answers are the same?
- How many are different?

### Discuss with the Teacher All Together

- For all the groups, what is the same or different?
- What is the most popular beauty product?
- How are you all keeping your bodies healthy?

## **WRITING**

### **Interview Questions and Answers**

First, work together as a class with the teacher. On the board, think of more questions to ask Nadine Labaki. Write 3 more questions here. Then, guess her answers! Compare your answers with a partner. Are they similar or different?

#### **Questions for Nadine:**

**1.**

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**2.**

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**3.**

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#### **Answers from Nadine:**

**1.**

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**2.**

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**3.**

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## SUPPLEMENTARY ACTIVITIES

### VOCABULARY

#### Flash Cards

On page 53, there is a set of flash cards with the vocabulary from this module. Students can cut out the cards and create their own sets of flash cards.

#### Sorting Game

Students work in pairs or groups.

Sort the flash cards into 3 groups (piles). They then explain how the 3 piles are the same and different.

Alternate: The teacher tells the students to sort the cards in one of these ways.

- natural / not natural / neither
- clothing / jewelry/ neither
- like to wear/ do not like to wear / no opinion

### PROJECT POSSIBILITIES

A. Create “natural beauty secret” products.

1. Design your own “natural beauty secret” product.
2. Use the recipe card format from Unit 2 as a guide.
3. Why should everyone use this product?

B. Share natural remedies.

1. Do you have your own natural remedies?
2. Ask older female relatives for their natural remedies.
3. Share your ideas in the next class.

C. Write a letter to Ask Grandma Rose.

1. Work with a partner.
2. Think of a question about natural health.
3. Write a letter to “Ask Grandma Rose.” Ask about natural health advice:  
[http://www.rosannacacace.com/ask\\_grandma\\_rose](http://www.rosannacacace.com/ask_grandma_rose)

D. Write a memoir.

1. Watch the video at <http://www.youtube.com/watch?v=DW8hOX6QcLk>
2. Then, write a 6-word memoir about yourself: your outer beauty and your inner beauty.
3. Share your memoir with others!

## INTERNET: WEB QUEST

Here are some places to **Go** and things to **Do** on the Web in relation to this module.

**Go: Body Mix and Match Game**

[www.1-language.com/memorymatchelem/bodya/memori1.swf](http://www.1-language.com/memorymatchelem/bodya/memori1.swf)  
[www.1-language.com/memorymatchelem/bodyb/memori1.swf](http://www.1-language.com/memorymatchelem/bodyb/memori1.swf)  
[www.1-language.com/memorymatchelem/face/memori1.swf](http://www.1-language.com/memorymatchelem/face/memori1.swf)

**Do:** Find pairs of words about **body** and **face**. Draw a picture of a body and a face and add the words in the right places.

**Go: Flashcards: Body Parts and Clothing**

<http://www.havefunteaching.com/flash-cards/esl-and-esol>

**Do:** Download as PDF files. Add to your flash card collection. These have pictures!

**Go: Clothes**

<http://learnenglishkids.britishcouncil.org/en/language-games/find-the-pairs/clothes>

**Do:** What are your favorite things to wear? Here are eight things to wear. Can you match the words with the pictures?

**Go: Natural Skin and Hair Care**

[www.natural-skin-care-info.com/homemade-skin-care-recipes-face.html](http://www.natural-skin-care-info.com/homemade-skin-care-recipes-face.html)

**Do:** Try one of these recipes for skin or hair at home. Share with the group in the next class.

**Go: Ask Grandma Rose**

[http://www.rosannacacace.com/ask\\_grandma\\_rose](http://www.rosannacacace.com/ask_grandma_rose)

**Do:** Read some questions and answers. Do you agree with Grandma Rose?

<b>young</b>	<b>younger</b>	<b>too young</b>
<b>old</b>	<b>older</b>	<b>too old</b>
<b>yet</b>	<b>these days</b>	<b>mascara</b>
<b>beautiful</b>	<b>patient</b>	<b>natural</b>
<b>health</b>	<b>pretty</b>	<b>hair</b>
<b>skin</b>	<b>a finger</b>	<b>an eye</b>
<b>a nose</b>	<b>a mouth</b>	<b>an eyebrow</b>
<b>lips</b>	<b>an arm</b>	<b>a stomach</b>
<b>a leg</b>	<b>a foot</b>	<b>a toe</b>
<b>earrings</b>	<b>jewelry</b>	<b>a scarf</b>
<b>a shirt</b>	<b>pants</b>	<b>a dress</b>
<b>a headscarf</b>	<b>stockings</b>	<b>shoes</b>
<b>products</b>	<b>favorite</b>	<b>a necklace</b>
<b>put on</b>	<b>take off</b>	<b>grow up</b>
<b>yoga</b>	<b>mood</b>	<b>lotion</b>

