## Diverse Teams

## A diverse workplace might ultimately create better results.

A study, detailed by NPR, looks at the work of scientific researchers and finds that papers written by multicultural teams were cited in other research more often than those written by homogenous groups. In the world of research, citations are seen as a metric of quality. Ethnic diversity wasn't the only harbinger of success. The same study also found that groups with members from several geographic areas—perhaps three cities in the same country—also created better papers than those with members from the same place.

The principle isn't an entirely new one. The idea that different perspectives result in better work has been explored from a more macro-economic perspective, as research shows that diverse cities experience more economic growth. The idea is also at play in research showing that companies with females on their boards financially outperform those that don't.

However, building multicultural teams does put a premium on the manager. For instance, it's worth exploring recent research from Harvard. That work, spearheaded by organizational behavior professor Roy Chua, finds that multicultural teams bring many benefits to an organization-provided the workplace is harmonious. However, rifts between members of different cultures can cause even those team members not directly involved in the conflict to produce lesser work, Chua's study shows. Chua suggests that managers of culturally diverse teams should encourage practices to keep potential friction low.

## More/Less Privileged Groups

One key concept to keep in mind is that people in a group don't have equal power. This does not just refer to supervisory power, but also the access to power and resources throughout each person's lifetime. The Diverse Teams Worksheet provides a way to "tallying" the ways in which people might find themselves at an advantage/disadvantage because of their relative power or privilege.

## Some Key Concepts About Power, Privilege and Group Dynamics

(Source: Kathy Obear, Ed.D., Alliance for Change Consulting, http://drkathyobear.com/):

- Not always about numbers
- Includes both Visible and Invisible; Innate and Chosen
- People may be members of multiple groups
- Not always about individual behaviors or feelings
- You didn't ask for it and you can't give it back

| Groups with more privilege | Groups with less privilege |
| :--- | :--- |
| $\rangle$ Greater access to power and resources | $\rangle$ Less access to power and resources |
| $\rangle$ Make the Rules | $\rangle$ Often seen as less than, inferior, deficient |
| $>$ Define what is "normal," "right," the "Truth" | $\rangle$ Often assimilate, collude, abide by the rules, try |
| $>$ Assumed to be the leader; smarter, competent | to fit in |
| $>$ Given the benefit of the doubt | $\rangle$Track the indignities they experience; aware of <br> oppression |


| Groups w | Groups with less privilege |
| :---: | :---: |
| > Often unaware of dominant group membership \& privilege <br> > Less aware about uninclusive and discriminatory treatment of subordinated groups <br> > More comfortable with people from subordinated groups who share similar behaviors, appearance, and values <br> ) Hold to dominant cultural beliefs, often without examination <br> > Collude, and if challenged, risk being ostracized/punished <br> > Focus on "how far we've come" | ) Punished if challenge the status quo <br> ) Have their truth \& experiences questioned and invalidated <br> > Need to know the language, behavior norms, and everyday reality of dominant groups to survive <br> ) Often struggle with finding a balance between who they are and who they are told they need to <br> > be to be "acceptable" <br> > Struggle with finding their voice and speaking up <br> ) Focus on "how far we need to go" |

## Diverse Teams Worksheet

Review the list of features that typically categorize the relative power of individuals in society. Add up how many correlate with your status. Compare your total number to each other (note that some people may not wish to reveal their responses) and consider how someone might feel being an "outsider" and how it might be reflected in group work. [Adapted from several training worksheets]

| Often more power/privilege |  | Often less power/privilege |
| :---: | :---: | :---: |
| 30's to early 50's | 1. Age | Younger; older |
| White | 2. Race | Person of Color |
| Male | 3. Biological Sex | Female; Intersex |
| Fit into the gender binary system- either masculine OR feminine | 4. Gender Identity \& Gender Expression | Gender Variant; Gender Queer; Ambiguous; Androgynous; Transgender |
| Executive leaders, managers, managers, supervisors | 5. Hierarchical Level | Don't supervise others; Classified staff; Student staff; students |
| Heterosexual | 6. Sexual Orientation | Gay; Lesbian; Bisexual; Queer |
| Upper class; upper middle class; middle | 7. Class | Working class; Living in poverty class |
| Graduate or college degree; private | 8. Educational Level | High school degree; Public schooling; $1^{\text {st }}$ schooling generation to college |
| Protestant; Catholic | 9. Religion/ Spirituality | Muslim; Jewish; Buddhist; Hindu; Mormon; Jehovah Witness; Agnostic; Atheist |
| U.S. born | 10. National Origin | "Foreign born;" Born in a country other than the U.S.; undocumented |
| People who are "able-bodied" | 11. Ableness | Disability; People with physical, mental, emotional and/or learning disability; People living with AIDS |
| "American;" Western European heritage | 12. Ethnicity/Culture | Puerto Rican; Native American; Mexican; Nigerian; Chinese; Japanese; etc ... |
| Fit society's image of attractive, | 13. Size/ Appearance | Perceived by others as too fat, tall, short, beautiful, handsome, athletic, unattractive, not athletic |
| Proficient in the use of "Proper" English | 14. Use of English | Not proficient in use of English; have an "accent" |
| Legally married in a heterosexual relationship | 15. Marital Status | Single; divorced; widowed; in a same-sex relationship partnership or marriage; in an unmarried heterosexual partnership |
| Parent children within a $2 \cdot$ parent heterosexual marriage | 16. Parental Status | Single parent; do not have children; LGBT parents |
| More experience on campus | 17. Experience | New; little experience on campus |
| Very athletic | 18. Athleticism | Not very athletic |
| Suburban; valued region of the U.S. | 19. Geographic region | Rural; urban; less valued region of the U.S. |
| Light skin; European/Caucasian features | 20. Skin color; physical | Darker skin; African; Asian; Native American characteristics features |
|  | TOTAL FOR EACH COLUMN |  |

