

Annual Resource Guide 2018-19

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Play Groups and Indoor Play Areas

Early Childhood CARES Parent Chat and Play Group

Free monthly playgroup where parents learn new skills to help their child succeed while children participate in a high-quality play group with peers, siblings, and Early Childhood CARES staff. For more information call 541-346-2578.

Learning Littles Playgroup: Springfield

Free playgroup for children from birth to age 5. Bilingual drop-in playgroup program for parents and children. Includes open playtime, storytime, activities, and snack. For more information call 541-744-6769.

Three locations:

Brattain House: 1030 G St. Tuesdays 10-11:30 a.m.

Maple Elementary 2109 J St. Wednesdays/Fridays 8:30-9:30 am (Fridays until 10)

Chifin Native Youth Center 1084 G St. Thursdays 10-11 a.m.

MOMS Club of Eugene

MOMS Club of Eugene is a support group for stay-at-home moms. They meet on the second Thursday of every month (excluding summer) to carry out club business, have snacks, and hear from speakers. The group has regular playdates, MOMS night outs, and age-based playgroups. Visit www.eugenemomsclub.org or contact eugenemomsclub@gmail.com.

Playtime for Parents and Children Hosted by Parenting Now!

Drop-in playtime for children birth-5. Mondays (except holidays) from 10-noon. Try for free, then 5-visit punch cards are available for \$25. 86 Centennial Lp., Eugene. Call 541-484-5316 for more information.

Tiny Tots Indoor Playground

A family run co-operative playground for children ages birth-5. Located inside Our Savior Lutheran Church, 2200 Coburg Rd., Eugene. For more information <https://tinytotscoop.org/>.

Westside Indoor Playground

Co-op playground open September-May for children ages birth-5. Located at Bethesda Lutheran Church, 4445 Royal Ave., Eugene. \$60 per family/year. For more information call 541-688-9085 or visit our website at <http://westsideindoorplayground.webs.com/contact.htm>

Library Storytimes

Eugene Public Library: 100 W 10th Avenue, Eugene

- Baby Storytime (0-1), Fridays 10:15 and 11 a.m.
- Walkers, Thursdays 10:15 and 11 a.m.
- Talkers, Tuesdays 10:15 and 11 a.m.
- Preschool (3-6), Wednesdays 10:15 and 11 a.m.
- Sensory Storytime (ages 2-8), call 541-682-8316 for information.
- Pajama Storytime, Tuesdays 6:30 p.m.
- Family Music Time (all ages), Saturdays 10:15 a.m.
- Bethel & Sheldon branches, Family Storytime, Fridays 10:15 a.m.

Springfield Public Library: 225 5th Street, Springfield

- Baby & Toddler (0-30 months), Tuesdays 10 a.m.
- All Ages (0-6), Wednesdays 10 a.m.
- Preschool Art & Science Storytime, 2nd & 4th^hThursdays 10:30 a.m.

Local Libraries and Recreation Services

Local Libraries

Eugene Public Library

Downtown Library – 100 W 10th Ave.
Bethel Branch – 1990 Echo Hollow Rd.
Sheldon Branch – 1566 Coburg Rd.
Website: www.eugene-or.gov/library

Springfield Public Library

225 5th St., Springfield
Website: www.wheremindsgrow.org

Creswell Public Library

64 W. Oregon Ave., Creswell
Website: <http://www.creswell-library.org>

Cottage Grove Public Library

700 E Gibbs Ave., Cottage Grove
Website: cottagegrovepubliclibrary.org

Fern Ridge Public Library

88026 Territorial Rd., Veneta
Website: <http://fernridgelibrary.org>

Suislaw Public Library

Florence — 1460 9th St., Florence
Mapleton — 88148 Riverview Ave., Mapleton
Website: <https://www.siuslawlibrary.info>

Recreation Services

City of Eugene Recreation Services

Website: www.eugene-or.gov/rec
Phone: 541-682-5333

Willamalane Park & Recreation District (Springfield)

Website: www.willamalane.org
Phone: 541-736-4544

River Road Parks and Recreation (North Eugene)

Website: <http://rrpark.org/>
Phone: 541-688-4052

Local Resources for Affordable Housing, Food, and Clothing

The Brattain House

Provides family services for Springfield Public Schools, including free clothing for families, school supplies, homeless services, services for English language learners and connections to services throughout Lane County.

Website: springfield.k12.or.us/brattain

Phone: 541-744-6769

Catholic Community Services

An essential provider of safety-net services in Lane County, particularly food distribution. CCS also helps with clothing, utility payment assistance, bus passes, and basic necessities.

Website: <http://www.ccslc.org>

Phone: 541-345-3628

Cornerstone Community Housing

Provides high-quality affordable housing for individuals and families with income between 30 and 60 percent of the Area Median Income.

Website: cornerstonecommunityhousing.org/

Phone: 541-683-1751

DHS Self Sufficiency

Your local DHS Self Sufficiency office is your resource for in-person help applying for SNAP (food stamps), Temporary Assistance for Needy Families, child care assistance, and refugee services.

Website: oregon.gov/DHS/Assistance

Phone: 541-686-7878 (Eugene)

541-942-9186 (Cottage Grove)

541-726-3525 (Springfield), 541-997-8251 (Florence)

Diapers

Free diapers available for children with developmental delays age 3 and older with Trillium OHP insurance. Parent needs to request a prescription for diapers from doctor.

Doctor will fax prescription to a vendor. Some private insurances will cover this benefit and some do not. Please check with your carrier.

First Place Family Center

Helps families who are low-income, at risk of losing their housing or are in transition between homes due to job loss, health issues and other critical problems.

Website: svdp.us/what-we-do/homeless-services/first-place-family-center/

Phone: 541-342-7728

FOOD for Lane County

A private, nonprofit food bank that provides emergency food assistance and supplemental food programs.

Website: <https://foodforlanecounty.org/>

Phone: 541-343-2822

Homes for Good Housing Agency

Provides safe, affordable and energy-efficient housing for low-income Lane County residents.

Website: homesforgood.org

Phone: 541-682-3755 (Eugene)

Phone: 541-682-4090 (Springfield)

Lane County WIC

Special supplemental nutrition program for women, infants, and children providing monthly food vouchers, nutrition education, and breastfeeding support.

Website: oregon.gov/oha/ph/healthypeoplefamilies/wic

Phone: 541-682-4202

Local Educational Services, Childcare, & Parenting Support

Daisy C.H.A.I.N.

Provides free breastfeeding support and postpartum doula services for families in Lane County regardless of income. Free in-home doula support and lactation consultation is available during the first two weeks postpartum, as well as drop-in breastfeeding support services for any nursing mother.

Website: daisychainmothering.org/services.html

Phone: 541-505-1139

Early Education Program

Early Education Program (EEP) is a preschool program with the mission of working together with families to prepare preschoolers of all abilities to succeed in kindergarten and beyond.

Website: earlyeducationprogram.org

Phone: 541-485-0368

Head Start of Lane County

Head Start of Lane County is a nonprofit organization serving eligible children and families throughout Lane County. It promotes school readiness by providing educational, nutritional, health, and social services to enrolled children. Services are provided in Early Head Start home-based programs and part and full-time Head Start classrooms.

Website: www.hsolc.org

Phone: 541-747-2425

Inclusive Child Care

A state-wide program that helps with supports and accommodations in childcare for eligible children. May include financial support to cover the higher cost of care for some children.

Website: <http://oregoninclusivecc.org>

Phone: 1-866-837-0250

Email: contact.iccp@state.or.us

Lane Education Service District

Provides services to school districts in Lane County. Services focus on: services for students with special needs, administrative services, technology support, and school improvement.

Website: www.lesd.k12.or.us

Phone: 541-461-8200

Parenting Now!

Parenting Now! provides parenting education and support to families with young children.

Website: parentingnow.org

Phone: 541-484-5316

Preschool Promise

Preschool Promise is a low-cost preschool program for income-eligible families. Sites in Cottage Grove, Creswell, Dorena, Eugene, Springfield, and Junction City.

Website: lanekids.org/preschool-promise/

Phone: 541-741-6000

Relief Nursery

Nonprofit child abuse and neglect prevention agency providing early childhood services and family supports.

Website: www.reliefnursery.org

Phone: 541-343-9706

WellMama

WellMama provides a variety of pregnancy and postpartum support to women and families. Free support groups, wellness workshops, and online chats available for women and their family members. Mental health referrals for fathers are available as well. The Unexpected Journeys support group is for families of young children with developmental delays and disabilities, or other health challenges.

Website: <http://www.wellmamaoregon.com/>

Phone: 1-800-896-0410 (all messages will be returned within 24 hours)

Email: info@wellmamaoregon.org

*If you are in danger of hurting yourself or others, call 911.

Local Resources for Families Experiencing Disability

Autism Society of Oregon

Empowers individuals with autism, their families, and their service providers with programs in education, support, services, policy, advocacy, and awareness.

Website: www.autismsocietyoregon.org

Phone: 1-888-288-4761

Bridgeway House

A nonprofit organization that offers education, therapies, and support to children and families affected by autism and related disabilities.

Website: www.bridgewayhouse.org

Phone: 541-345-0805

Creative Housing Solutions

Plans and designs solutions to help make homes safe while increasing individual control and independence for people with special needs.

Website: <http://gbcchs.com>

Phone: 541-685-1406

Developmental Disabilities Services: Lane County

Provides support, case management, and crisis response for persons with developmental disabilities and their families.

Website: lanecounty.org/cms/One.aspx?portalId=3585881&pageId=4133191

Phone: 541-682-3695

Down Syndrome Network Oregon (DSNO)

DSNO is a faith-based support group that provides comfort and acceptance for families, friends, and individuals with Down Syndrome.

Website: <https://dsno.org>

Phone: 503-530-6892

Families and Communities Together (FACT)

Offers trainings and family support to families experiencing disability. A helpline is available to answer questions, provide assistance with special education concerns, and support families in preparation for IEP/IFSP meetings.

Website: www.factorregion.org

Phone: 503-786-6082 or 1-888-988-3228

Kindtree – Autism Rocks

Support, services, and information for individuals and families living with autism, and the professionals who serve them.

Website: <https://kindtree.org/>

Phone: 541-780-6950

Oregon Council on Developmental Disabilities

Focuses on activities that enhance the independence, productivity, integration, and inclusion of Oregonians with developmental disabilities and their families.

Website: www.ocdd.org

Phone: 503-235-0369

RideAble

An equestrian program for people with special needs living in the Eugene/Springfield area.

Website: www.rideable.org

Phone: 541-684-4623

The Arc Lane County

Offers a variety of services and programs to support people with intellectual and developmental disabilities and their families.

Website: www.arclane.org

Phone: 541-343-5256

Supplemental Security Income (SSI) Frequently Asked Questions:

What is Social Security Income?

SSI is a program run through the Social Security office that will make a payment for children/adults with disabilities and limited resources and income.

What are the eligibility requirements?

A child younger than age 18 can qualify if he/she has a physical or mental condition (or combination) that result in “marked and severe functional limitations.” Meaning the disability seriously limits your child’s activities. The condition must also be expected to last for at least 12 months.

How do I apply? What information do I need?

You can pick up a paper application and starter kit at your local social security office or print the application and information checklists at home. Get started here:

https://www.ssa.gov/disability/disability_starter_kits_child_eng.htm

What happens next?

The disability determination services office in your state review your application and will request your child’s medical and school records. Your child may need to take a free medical examination or test.

Who do I contact for more information?

Social Security Administration 1-800-772-1213.

Local Medical, Therapy, and Counseling Resources

Center for Community Counseling

A nonprofit mental health organization that provides affordable counseling and parent education workshops.
Website: www.ccceugene.org Phone: 541-344-0620

Child and Family Center

A program through the University of Oregon that provides low-cost family therapy and support, and child-centered skill enhancement.

Website: <http://cfc.uoregon.edu/index.htm>
Phone: 541-346-4645

Child Development & Rehabilitation Center (CDRC)

CDRC specializes in diagnosis, assessment and intervention related to disorders affecting development. Child development, communication disorders, feeding and nutrition, outreach clinics, neurodevelopmental, etc.

Website: www.ohsu.edu/cdrc
Phone: 541-346-3575 or 1-800-637-0700

Community Health Centers of Lane County

Provides quality, low-cost health care services at multiple health centers in Eugene and Springfield.

Website: lanecounty.org/cms/one.aspx?pageId=4133182
Phone: 541-682-3550

Connect the Dots Pediatric Therapy

Provides occupational, physical, and speech therapy for children and adolescents.

Website: www.ctdpediatrictherapy.com
Phone: 541-255-2681

Direction Service

Counseling Center, the Center for Appropriate Dispute Resolution in Special Education, and intensive support for families of children with disabilities from birth to age 23.

Website: www.directionservice.org
Phone: 541-344-7303

HEDCO Clinic

Multi-disciplinary training clinic within the University of Oregon. Resources include speech language services, counseling for parents, and applied behavior analysis (ABA) therapy.

Website: <https://hedcoclinic.uoregon.edu>
Phone: 541-346-0923

Lane County Public Health

Provides immunizations and family healthcare. Home visits for health and parenting support for eligible families.

Website: lanecounty.org/cms/one.aspx?pageId=4078590
Phone: 541-682-4041

Crisis Phone Numbers

CAHOOTS Crisis Center

Provides immediate stabilization in case of urgent medical need or psychological crisis in Eugene/Springfield. Dispatched through the non-emergency police phone numbers.

Eugene: 541-682-5111
Springfield: 541-726-3714

Respite Opportunities

The Arc Saturday Respite Program

This program is for children ages birth to 18 with developmental disabilities and their siblings. Two Saturdays/month September through June at 4181 E St., Springfield. Families provide a sack lunch. Contact Annie for more information at annie.wahto@arclane.org.

The Arc JumpStart! After School

After school childcare practicing independence, communication, and community living skills. Monday through Friday from 2-6 p.m. and 7:30 a.m. – 6 p.m. non-school days. Contact Annie for more information at annie.wahto@arclane.org.

Social Groups at Bridgeway House

Bridgeway House Social Groups provide a supportive setting for children to practice their social skills and build friendships. Groups are generally composed of children of similar ages and skill levels. Some groups are based on similar special interests (e.g. Legos or Minecraft). Call 541-345-0805 for more information.



Families Connected is a support program within The Arc Lane County for families with children ages birth-18 who experience disability. We serve the whole family and bring parents together to support each other and be supported.

Address: 4181 E St. Springfield, OR 97478

Website: <http://www.arclane.org/home-pagelist/families-connected/>

Contact: Laura Dahill 541-343-5256 or laura.dahill@arclane.org

FREE Family Monthly Dinner Nights

The 3rd Thursday of each month from 6:00 – 8:00 p.m. Parents relax and network while children will break into small groups and enjoy a healthy meal and sensory-related activities. Each meeting has a guest speaker. Parents are encouraged to bring up issues and concerns they have or simply share their experiences.

Family Fun Events

Families Connected also organizes monthly Family Fun Events where families are able to connect with other families in community settings. Check the website for up-to-date information on dates and locations.

Summer Recreation Co-op

Join other families experiencing disability in the community for fun events throughout the summer. The Summer Recreation Co-op also has a World of Work component, where we tour sites and introduce kids and youths to different jobs and industries in our community. Lots of great fun for the entire family!

Training or Conference Funds for Families

Funds for Conferences or Trainings

Early Childhood CARES has training funds available that families may use to attend a workshop, training or conference. Parents can access funds to pay conference registration fees, lodging, food, transportation or childcare. Parents may contact their service provider and request a form that will need to be completed and returned to Early Childhood CARES for pre-approval.



Web-Based Informational Resources

211info.org

Connects users with programs and resources available in their local area. Some of these resources include housing, childcare, healthcare, and food. <http://211info.org/>

The A Team Justice League

This is a private Facebook Group for parents, grandparents, or guardians of special needs children. Members form a support group that uses tools, education, and camaraderie to increase the safety and wellbeing of families experiencing autism and other disabilities.

<https://www.facebook.com/groups/ateammamas/>

Autism Social Networking Site for Parents

MyAutismTeam (www.myautismteam.com) is a social networking site that helps parents connect with other parents of children with autism. Members can search among more than 30,000 autism specialists and autism-friendly businesses in their local community – all recommended by other members.

Autism Speaks

Autism Speaks is a website with many resources for parents of children with autism. This site features a variety of useful tool kits that families can download here:

<https://www.autismspeaks.org/family-services/tool-kits>

They have also created an online ASD Video Glossary. The glossary is a free, web-based tool designed to help parents and professionals learn about the early red flags and diagnostic features of autism. For more information:

www.autismspeaks.org/what-autism/video-glossary

Create Emergency Plan for Wandering

The Autism Wandering Awareness Alerts Response and Education (AWAARE) Collaboration is a working group of national nonprofit autism organizations whose mission is to prevent autism-related wandering incidents and deaths.

They have created a Family Wandering Emergency Plan to help families in the event of a wandering emergency. The emergency plan can be downloaded from www.awaare.org.

Disability Law and Disability Rights

The ADA National Network Disability Law Handbook (<https://adata.org/lawhandbook>) provides a broad overview of rights and obligations under federal disability laws.

Financial Guide Helps Plan for Child's Future

Possibilities: A Financial Resource for Parents of Children with Disabilities (www.pacer.org/publications/possibilities) helps parents manage their money and plan for their child's financial future and overall well-being.

LaneKids

LaneKids (www.lanekids.org) is an online resource for parents, caregivers, and professionals. The site provides a calendar of family activities, child development information, local community resources, and a blog with entries from local parents and professionals.

Positive Behavior Interventions & Supports

The National Center for Pyramid Model Innovations (<http://www.challengingbehavior.cbs.usf.edu/implementation/family.html>) has created the Backpack Connection Series as a way for teachers and parents to work together to help children develop social emotional skills and reduce challenging behavior. Each handout provides parents with specific ideas on how to address challenging behaviors at home.

Resources for Traumatic Brain Injury

The Center on Brain Injury Research and Training (CBIRT) conducts research and training to improve the lives of children and adults with traumatic brain injury. CBIRT's research focuses on developing interventions to improve outcomes related to education, employability, and quality of life. To see some of the resources developed by CBIRT, visit www.cbirt.org.

Social and Emotional Skill Development

The Center on the Social and Emotional Foundations for Early Learning (<http://csefel.vanderbilt.edu>) focuses on promoting the social-emotional development and school readiness of children from birth to five years. This site has many articles and tools to support teachers and parents including visuals, social stories, and recommended booklists.

Additional Resources for Families

Free Notebook Helps Parents Stay Organized

The "My Child's Life Care Notebook and Organizer" is offered free to parents of children with disabilities. Parents can see the notebook by selecting the "Care Notebook" tab on the Swindells Resource Center website at <http://oregon.providence.org/our-services/s/swindells-resource-center/>. Parents may also request a free notebook by calling 503-215-2429 or via email at swindells@providence.org.

InfantSee® Provides Vision Exams for Infants

InfantSee® is a national public health program that provides a one-time, free eye exam to infants 6-12 months, regardless of family income or insurance coverage. To find a participating optometrist, visit www.infantsee.org or call 1-888-396-3937.

Low Cost Internet Service

Internet Essentials provides low-cost Internet service to families with children who receive free or reduced price lunches through the National School Lunch Program. Families can visit www.internetessentials.com for additional information. To request an application, call 1-855-8-INTERNET or 1-855-846-8376.

Medical IDs Aid Delivery of Precise Treatment

American Medical ID (www.americanmedical-id.com) has medical and personal identification bracelets and necklaces for kids that help medical professionals give prompt, precise treatment in the event of a medical emergency.

Oregon HealthCare.gov

Oregon HealthCare.gov is the online portal for applying for Oregon Health Plan or to purchase insurance through the federal health care marketplace. Oregon Health Plan provides comprehensive free health insurance for income eligible residents. Visit Healthcare.oregon.gov.

Oregon LifeLine Telephone Assistance

Oregon LifeLine is a telephone assistance program that reduces the cost of phone or broadband service for income eligible households. Limited to one person per household. Website: <http://www.lifeline.oregon.gov>
Phone: 1-800-848-4442

Oregon Technology Access Program (OTAP)

Provides training, information, technical assistance, and resources regarding the uses of technology for children with disabilities. Website: www.otap-oregon.org Phone: 541-440-4791

Special Smiles for Special Kids

The Grottoes of North America Humanitarian Foundation helps pay for dental treatment for children with cerebral palsy, muscular dystrophy and related neuromuscular disorders, intellectual disabilities, and well as organ transplant recipients. Visit the Humanitarian Foundation at www.hfgrotto.org to learn more.

Wheel to Walk Foundation

The Wheel to Walk Foundation is a nonprofit organization that helps children with disabilities access medical equipment and services that are not covered by insurance. Families must complete an application for financial assistance and allow two to three weeks for application review. All funds will be distributed directly to the equipment or service provider. To learn more, visit the Wheel to Walk Foundation at www.wheeltowalk.com or call 503-257-1401.

Fundraising Opportunities

Earn Money While Shopping

Early Childhood CARES has partnered with eScrip for fundraising. eScrip is a hassle-free program for families to help raise funds for Early Childhood CARES through everyday purchases made at participating eScrip merchants. It doesn't cost anything to participate and eScrip merchants will automatically donate a percentage of every purchase to a designated group of your choice.

To enroll, log on to www.escrip.com. Designate ECCARES (group #11129266) as the agency you want to support. Register the cards you use to shop with regularly (e.g. credit cards and membership cards, like the Safeway Club card). Shop at Market of Choice, Safeway or Macy's, and Early Childhood CARES will benefit from the purchases you make. You can also shop at eScrip's online mall. The online merchants including Land's End, The Children's Place, Barnes & Noble NOOK, 1-800-FLOWERS, and Starbucks will give up to 12 percent of your purchases to Early Childhood CARES. Be sure to share the news with family and friends who may also enroll and register at eScrip, even if they do not live nearby.

Earn Money While Surfing the Net

GoodSearch, a search engine that donates 50 percent of its sponsored search revenue to charities designated by its users, is now contributing money to Early Childhood CARES. Visit GoodSearch at www.goodsearch.com. Select Early Childhood CARES as your favorite charity.

Earn Money at the Gas Pump

SeQuential Biofuels, Inc. will donate five cents per gallon for fuel purchases and five percent of all store purchases to Early Childhood CARES. Make sure they write, "We support Early Childhood CARES" on your ticket. There are two locations in Eugene: 86714 McVay Highway and 1690 W 18th Ave (corner of 18th & Chambers).

Getting Involved in Early Intervention/Early Childhood Special Education

Local Statutory Oversight Committee: Eugene, OR

The Statutory Oversight Committee (SOC) is comprised of service providers, community agencies, school district personnel and Early Childhood CARES families meeting to discuss fiscal issues and the delivery of services to children and their families. Meetings are quarterly from 9-10:30 a.m. at Early Childhood CARES, 1500 W 12th Ave., Eugene.

Childcare is not provided for SOC meetings, however, parents may request a \$25 stipend which may be used to pay for self-arranged childcare.

Please call 541-346-2578 for more information.

Getting Involved at the State Level

Oregon Disability Network

The Oregon Disability Network is a collaborative statewide network of disability organizations and their members, including people with disabilities, their families, friends, providers, and policy makers. Members share information, learn about training events and empowerment opportunities and have the chance to voice their opinions on policy issues. Visit www.ocdd.org or call 503-235-0369.

Alliance for Early Intervention

The Alliance for Early Intervention/Early Childhood Special Education (AEI) works with parents and professionals to advocate on behalf of early intervention and early childhood special education (EI/ECSE).

Visit the AEI website at <http://www.oregonaei.org> or on Facebook at <http://www.facebook.com/OregonAEI> to find updates about legislative issues, links to blogs and articles with an EI/ECSE focus. Monthly emails provide information about current services and opportunities to be involved and informed.

Important Contact Information

Early Childhood CARES Mission

Early Childhood CARES provides early intervention and early childhood special education to all children in Lane County, ages birth to five, who have delays in their development.

Early Childhood CARES
Director
Judy Newman

Address:
1500 W 12th Ave.
Eugene, OR 97402

Telephone:
541-346-2578
1-800-925-8694

Website:
earlychildhoodcares.uoregon.edu

Early Childhood CARES Resource Guide is a publication for parents to use and reference throughout the year. It includes parent involvement opportunities, as well as resources that help build and strengthen parenting skills. The newsletter also features a comprehensive list of local, state and national resources.

Early Childhood CARES Classroom Phone Numbers:

A Child's Garden	
Office	541-346-4685
Classroom	541-844-5385
Cheery Chickadees....	541-556-8993
Communication Classrooms	
Eugene	541-684-5603
Springfield	541-736-4819
Cottage Grove	541-206-7709
Explorers Classrooms	
Eugene	541-684-5603
Springfield	541-736-4819
Fern Ridge	541-510-9479
Florence	541-735-1297
Oakridge.....	541-782-3221
Toddler Classrooms	
Cottage Grove.....	541-206-7709
Eugene	541-345-0741
Springfield	541-741-9110
UO Campus	
Office	541-346-4685
Classroom	541-683-0625
Whiteaker	541-684-5603

Important Phone Numbers:

Early Childhood CARES Main Office
541-346-2578 or 1-800-925-8694

Early Education Program
541-485-0368

4-J Evaluation and Transition Team
541-790-4950

4-J Transportation Department
541-790-7474

Bethel School District Transportation
541-461-6405

Head Start Main Office
541-747-2425

Developmental Disabilities
541-682-3695

Direction Service
541-686-5060

Relief Nursery
541-343-9706

Springfield District Transportation
541-744-6373

Find us on Facebook:

<https://www.facebook.com/earlychildhoodcares>

Make sure to “like” Early Childhood CARES and stay up to date on upcoming events and important information.

