Unexpected Journeys

A Special Parent Support Group

*For parents whose young child has developmental or health concerns, or spent time in NICU.*

*Sponsored by Wellmama and facilitated by Maren Peterson, former NICU parent, and Parent Friend volunteer at Riverbend.*

---

**Held at Early Childhood CARES, 1500 W 12th Ave, Eugene**

*We gather 2nd and 4th Thursdays, from 4:00 - 5:00*

All Early Childhood CARES families are welcome, but group is not limited to families in our program.

This is a safe and friendly meetup of parents who are experiencing this uniquely difficult adjustment, to share and ease the feelings of isolation. Our groups provide trauma-informed facilitation for appropriate support and resources.

We’ll have:

- healthy snacks
- floor time for baby
- sensory-sensitive, confidential space

We won’t have childcare.

*If you have questions, Call Maren at 541-513-3730 or email Jessica Schultz at WellMama, executivedirector@wellmamaoregon.org*