



## Medical School Preparation at the University of Oregon

### Did you know?

- There are two types of medical schools: allopathic (MD programs) and osteopathic (DO programs). Though distinct in their philosophical approaches to medical care, both prepare fully licensed physicians.
- You don't have to decide your specialty area before applying to medical school. In fact, exploring your interests in medical school is encouraged. Some specialties include anesthesiology, family and general medicine, pediatrics, internal medicine, obstetrics and gynecology, psychiatry, and surgery.
- Medical education typically takes 7-12 years to complete, including 4 years of medical school and 3-8 years of training in a specialty area. The yearly median cost of tuition, fees, and health insurance ranges from \$36,427-\$57,472.

### Medical School Application Preparation

- Completing the prerequisite courses is just one aspect of the process. You must also have a well-rounded application consisting of experience (shadowing, volunteer work, undergraduate research, life experience, etc.), letters of recommendation, MCAT scores, and a strong admissions essay.
- Medical schools look for students who chose meaningful experiences that they are able to reflect upon during the application process.
- Applying to medical school is a year-long process. Students applying in their final year at UO will have a gap year before starting medical school. Students can work, take courses, travel, etc. during the year. Keep in mind, the average age of a first-year medical student is 24.

### Online Resources

Health Professions Program Website

<http://healthprofessions.uoregon.edu>

Association of American Medical Schools

<https://www.aamc.org>

American Association of Colleges of Osteopathic Medicine

<http://www.aacom.org>

Exploring Health Careers

<http://explorehealthcareers.org>

### Campus Resources

- |                                                                                             |                                                               |
|---------------------------------------------------------------------------------------------|---------------------------------------------------------------|
| <input type="checkbox"/> <a href="#">Student organizations</a> (Asklepiads, MAPS, & others) | <input type="checkbox"/> Academic departments                 |
| <input type="checkbox"/> <a href="#">Center for Undergraduate Research and Engagement</a>   | <input type="checkbox"/> <a href="#">Holden Center</a>        |
| <input type="checkbox"/> <a href="#">TLC study support</a>                                  | <input type="checkbox"/> <a href="#">TLC MCAT Preparation</a> |
| <input type="checkbox"/> <a href="#">Duck Nest</a>                                          | <input type="checkbox"/> <a href="#">HPP workshops</a>        |
| <input type="checkbox"/> <a href="#">Global Education Oregon</a>                            | <input type="checkbox"/> <a href="#">Career Center</a>        |



### Advising

For more information and individualized academic planning, call or visit the Teaching and Learning Center (541-346-3226, 68 PLC) to schedule an appointment with a health professions advisor.

## Sample 4-Year Plan

The chart below illustrates one way medical school prerequisites<sup>i</sup> can fit into a 4-year plan. Keep in mind that a good graduation plan is as unique as the student following it. Math placement, major, transfer credits, application timeline, and other factors will help shape your own decisions, and health professions advisors are here to help along the way!

First Year				
	Fall	Winter	Spring	Summer
Classes	CH 221 & 227 MATH 112	CH 222 & 228	CH 223 & 229 SOC 204 (>2, IP) <sup>ii</sup>	
Experience				
Second Year				
Classes	CH 331 & 337 BI 211	CH 335 & 338 BI 212	CH 336 BI 214	
Experience				
Third Year				
Classes	PHYS 201 & 204 PSY 202 (>2) <sup>ii</sup>	PHYS 202 & 205 PSY 201 <sup>ii</sup>	PHYS 203 & 206 MATH 243 <sup>i</sup>	
Experience				
Fourth Year				
Classes	CH 360 SOC 207 (>2, IP) <sup>ii</sup>	PSY 304 <sup>ii</sup>	BI 320 <sup>i</sup>	
Experience				

<sup>i</sup> **Prerequisites vary by school.** Research specific schools that interest you to be sure you meet any additional requirements.

<sup>ii</sup> These courses are helpful for MCAT preparation but may not be required by medical schools.