HELLO!

This brochure is designed to inform people of the Cabrini Green neighborhood of the resources that are available within a mile radius of the Chicago Lights Urban Farm and the Cabrini-Green Row Houses.

Within the pages of this brochure you will find local amenities you may or may not have known existed. Our hope is that this will serve as a hands-on guide for quickly locating resources within the area which will assist in promoting a healthy lifestyle for residents of this ever changing community.

For more information about any of the locations in this brochure and to find many other amenities and resources that exist within the community, check out our interactive map:

http://goo.gl/maps/QfCmh

Created by the students of Roosevelt University in conjunction with The Chicago Lights Urban Farm

In 2002, Fourth Presbyterian Church purchased the property at Chicago Avenue, between Hudson and Cleveland, just south of the Cabrini-Green Row Houses.

In 2003, working with Growing Power, a nonprofit organization whose mission is to make available to people in all communities access to locally grown, healthy and affordable food via urban farming, the former basketball court was transformed into the Chicago Avenue Community Garden, which would ultimately become The Chicago Lights Urban Farm.

As the Cabrini-Green neighborhood continues its transformation, CLUF empowers neighborhood residents to take a more active role in their food choices, by providing nutritional education; work-force training for area youth through the Youth Corps; as well as access to healthy organic produce sold at the Farm Stand and recently created CSA. Additional information can be found at:

http://www.growingpower.org/chicago_projects.htm
http://www.growingpower.org/
Chicago Lights Urban Farm
444 W Chicago Ave
www.Chicagolights.org

Farm Stand:
- Saturdays: 10 am – 2:00

Volunteer hours:
- Saturdays (April 6 – November)
- 12 noon - 3 pm

Allotment Gardening:
- 85 dollars per season.
- If you can not afford the 85 dollar fee you can supplement payment by volunteering at farm. (10 volunteer hours = 85 dollar fee)
- You must supply your own seeds, seedlings, and personal garden tools.
- Communal garden supplies include water, compost, tools, and technical support.
- Visit website for more details or stop by the farm!

City Farm
1204 N Clybourn Ave
www.Cityfarmchicago.com

The market stand is open in July and goes until the tomatoes run out.
- Monday: Closed
- Tuesday – Friday: 1–5:30 pm
- Saturday: 10-2 pm
- Sunday: Logan Square Farmers Market (only during summer season)

Volunteer hours:
- May- October
- Wednesdays – 1 pm – 4:30 pm
- Saturdays – 10 am – 1:30 pm

Assistance and City of Chicago Services:
311: City Services / Non-Emergency
911: Emergency

WIC Center
907 N. Larrabee St
(312) 951-1966
www.wicprogram.org

Cabrini Rowhouse Tenant Management
530 West Locust St.

Chicago Fire Department
1044 N. Orleans St
(312) 337-5263
www.cityofchicago.com

Newberry Library
60 W. Walton St
(312) 943-9090
www.Newberry.org

Chicago 66 CTA Bus Route
http://www.transitchicago.com/riding_cta/busroute.aspx?RouteId=228

Chicago-Brown Line (handicap accessible)
(Brown and Purple Line trains)
Chicago Ave & Franklin St
www.transitchicago.com

Chicago-Redline (handicap accessible)
( Redline trains)
Chicago Ave & State St
www.transitchicago.com

I-go Car Sharing
West Chicago Ave.
(773) 278-4446
www.igocars.com

Grocery Stores:

Jewel Osco
370 North Des Plaines Ave
(312) 243-2710

Dominick’s
424 West Division St
(312) 274-1299

Trader Joe’s
44 East Ontario St
(312) 951-6369

Wal-Mart
225 West Chicago Ave
(312) 274-9581

Personal Care:

MinuteClinic
1165 North Clark St
(866) 389-2727
minuteclinic.com

Woolworths
25 West Chicago Avenue
(312) 280-1599
http://www.woolworths.com

Dental Dreams
430 West Erie St
(312) 274-0308

Pearle Vision
400 W. Division St
(312) 274-1212

Winfield Moody Health Center
276 N Clybourn Ave
(312) 337-1073