



## Faculty Club at the Cohen House

Week of: 1/14/19

Chef Ahmed

# Lunch Menu

## Monday

CHICKEN FRIED CHICKEN WITH COHEN HOUSE GRAVY  
 MASHED POTATOES  
 SAUTÉED GREEN BEANS WITH ONIONS  
 RED BEAN AND KALE STEW  
 SPINACH MUSHROOM & CHEESE FRITTATA  
 CARVED BRISKET WITH AU JUS  
 GINGER CURRIED LENTIL SOUP

## Tuesday

MEXICAN SPICY BEEF AND CHEESE LASAGNA  
 SPANISH RICE  
 MIXED VEGETABLES  
 SQUASH AND EGGPLANT CHEESE LASAGNA  
 ROASTED POTATOES  
 CARVED INSIDE ROUND BEEF WITH AU JUS  
 CREAM OF MUSHROOM SOUP

## Wednesday

SHRIMP CREOLE  
 STEAMED BASMATI RICE  
 MIXED VEGETABLES  
 FRIED LOCAL TOFU WITH CURRY SAUCE  
 SCALLOPED POTATOES  
 CARVED FLANK STEAK WITH RED WINE SAUCE  
 BEEF NOODLE SOUP

## Thursday

INDIAN CHICKEN KORMA  
 INDIAN BIRYANI RICE  
 ROASTED VEGETABLES  
 BLACK BEANS AND PLANTAINS  
 PARSLEY POTATOES  
 CAVED PORK LOIN WITH APPLE DIJON GLAZE  
 CHICKEN CORN CHOWDER

## Friday

CORN MEAL CRUSTED CATFISH WITH TARTAR SAUCE  
 SWEET POTATO FRIES  
 STEAMED ASPARAGUS  
 GRILLED EGGPLANT ROULADE  
 GREEN CILANTRO RICE  
 CAVED BRISKET WITH AU JUS  
 COHEN HOUSE SEAFOOD GUMBO

## Saturday

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## Sunday

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- = Vegan
- = Vegetarian
- = Contains Gluten
- = Contains Soy
- = Contains Milk
- = Contains Eggs
- = Contains Fish
- = Contains Shellfish
- = Contains Peanuts
- = Contains Treenuts