



Aetna Select

Schedule of Benefits

If this is an ERISA plan, you have certain rights under this plan. Please contact your employer for additional information.

Prepared exclusively for:

Employer:	Rice University
Contract number:	MSA-878783
	Schedule of Benefits 3A
Plan effective date:	July 1, 2019
Plan issue date:	May 14, 2019

These benefits are not insured with Aetna but will be paid from the Employer's funds. Aetna will provide certain administrative services under the Aetna medical benefits plan.

Schedule of benefits

This schedule of benefits lists the **copayments/payment percentage**, if any, that apply to the services you receive under this plan. You should review this schedule to become familiar with your **copayments/payment percentage** and any limits that apply to the services.

How to read your schedule of benefits

- When we say:
 - “In-network coverage”, we mean you get care from **network providers**.
- The **copayments/payment percentage** listed in the schedule of benefits below reflect the **copayment/payment percentage** amounts under your plan.
- Any **payment percentage** listed in the schedule of benefits reflects the plan **payment percentage**. This is the amount the Plan pays. You are responsible to pay any **copayments** and the remaining **payment percentage**.
- You are responsible for full payment of any health care services you receive that are not a covered benefit.
- This plan has maximums for specific **covered benefits**. For example, these could be visit, day or dollar maximums.
- At the end of this schedule you will find detailed explanations about your:
 - **Maximum out-of-pocket limits**

Important note:

All **covered benefits** are subject to the **copayment/payment percentage** unless otherwise noted in the schedule of benefits below.

We are here to answer any questions. Contact Member Services by logging onto your Aetna Navigator® secure member website at www.aetna.com or at the toll-free number on your ID card.

This schedule of benefits replaces any schedule of benefits previously in effect under your plan of benefits. Keep this schedule of benefits with your booklet.

Maximum out-of-pocket limit	
Maximum out-of-pocket limit per Plan Year.	
Individual	\$3,000 per Plan Year
Family	\$6,000 per Plan Year

*See *How to read your schedule of benefits* at the beginning of this schedule of benefits

Eligible health services	In-network coverage*
Preventive care and wellness	
Routine physical exams	
Performed at a PCP office	100% per visit No deductible applies.
Covered persons through age 21:	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration guidelines for children and adolescents. For details, contact your physician or Member Services by logging onto your Aetna Navigator® secure member website at www.aetna.com or calling the number on your ID card.
Covered persons age 22 and over but less than 65: Maximum visits per 12 months	1 visit
Covered persons age 65 and over: Maximum visits per 12 months	1 visit
Preventive care immunizations	
Performed in a facility or at a physician's office	100% per visit No deductible applies
	Subject to any age and visit limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention. For details, contact your physician or Member Services by logging onto your Aetna Navigator® secure member website at www.aetna.com or calling the number on your ID card.
Well woman preventive visits routine gynecological exams (including pap smears)	
Performed at a PCP , obstetrician (OB), gynecologist (GYN) or OB/GYN office	100% per visit No deductible applies
Maximums	Subject to any age limits provided for in the comprehensive guidelines supported by the Health Resources and Services Administration.
Maximum visits per Plan Year	1 visit

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Preventive screening and counseling services	
Office visits <ul style="list-style-type: none"> • Obesity and/or healthy diet counseling • Misuse of alcohol and/or drugs • Use of tobacco products • Sexually transmitted infection counseling • Genetic risk counseling for breast and ovarian cancer 	100% per visit No deductible applies
Obesity and/or healthy diet counseling maximums:	
Maximum visits per 12 months (This maximum applies only to covered persons age 22 and older.)	26 visits (however, of these, only 10 visits will be allowed under the plan for healthy diet counseling provided in connection with Hyperlipidemia (high cholesterol) and other known risk factors for cardiovascular and diet-related chronic disease)*
*Note: In figuring the maximum visits, each session of up to 60 minutes is equal to one visit.	
Misuse of alcohol and/or drugs maximums:	
Maximum visits per 12 months	5 visits*
*Note: In figuring the maximum visits, each session of up to 60 minutes is equal to one visit.	
Use of tobacco products maximums:	
Maximum visits per 12 months	8 visits*
*Note: In figuring the maximum visits, each session of up to 60 minutes is equal to one visit.	
Sexually transmitted infection counseling maximums:	
Maximum visits per 12 months	2 visits*
*Note: In figuring the maximum visits, each session of up to 30 minutes is equal to one visit.	
Genetic risk counseling for breast and ovarian cancer maximums:	
Genetic risk counseling for breast and ovarian cancer	Not subject to any age or frequency limitations

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Routine cancer screenings (applies whether performed at a PCP, specialist office or facility)	
Routine cancer screenings	100% per visit No deductible applies
Maximums	Subject to any age, family history, and frequency guidelines as set forth in the most current: <ul style="list-style-type: none"> • Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force; and • The comprehensive guidelines supported by the Health Resources and Services Administration. For details, contact your physician or Member Services by logging onto your Aetna Navigator® secure member website at www.aetna.com or calling the number on your ID card.
Lung cancer screening maximums	1 screening every 12 months*
Important note: Any lung cancer screenings that exceed the lung cancer screening maximum above are covered under the <i>Outpatient diagnostic testing</i> section.	
Prenatal care Prenatal care services (provided by an obstetrician (OB), gynecologist (GYN), and/or OB/GYN)	
Preventive care services only	100% per visit No deductible applies
Important note: You should review the <i>Maternity and related newborn care</i> sections. They will give you more information on coverage levels for maternity care under this plan.	
Comprehensive lactation support and counseling services	
Lactation counseling services – facility or office visits	100% per visit No deductible applies
Lactation counseling services maximum per 12 months either in a group or individual setting	6 visits*
*Important note: Any visits that exceed the lactation counseling services maximum are covered under Physician services office visits.	

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Breast feeding durable medical equipment	
Breast pump supplies and accessories	100% per item No deductible applies
Important note: See the <i>Breast feeding durable medical equipment</i> section of the booklet for limitations on breast pump and supplies.	
Family planning services – female contraceptives	
Counseling services	
Female contraceptive counseling services office visit	100% per visit No deductible applies
Contraceptive counseling services maximum visits per 12 months either in a group or individual setting	2 visits*
*Important note: Any visits that exceed the contraceptive counseling services maximum are covered under Physician services office visits.	
Devices	
Female contraceptive device provided, administered, or removed, by a physician during an office visit	100% per item No deductible applies
Female voluntary sterilization	
Inpatient	100% per admission No deductible applies
Outpatient	100% per visit No deductible applies

*See *How to read your schedule of benefits* at the beginning of this schedule of benefits

Eligible health services	In-network coverage*
Physicians and other health professionals	
Physicians and specialists office visits (non-surgical)	
Physician services	
Office hours visits (non-surgical) non preventive care	\$35 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter No deductible applies
Immunizations that are not considered preventive care	
Immunizations that are not considered preventive care	Covered according to the type of benefit and the place where the service is received.
Specialist	
Specialist office visits	
Office hours visits (non-surgical)	\$45 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter No deductible applies
Physician surgical services	
Physicians and specialists office visits	
Performed at a PCP office	\$35 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter No deductible applies
Performed at a specialist's office	\$45 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter No deductible applies

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Alternatives to physician office visits	
Walk-in clinic visits	
Walk-in clinic non-emergency visit <i>(includes coverage for immunizations)</i>	<p>\$35 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter</p> <p>No deductible applies</p>
	<p>Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention.</p> <p>For details, contact your physician or Member Services by logging onto your Aetna Navigator® secure member website at www.aetna.com or calling the number on your ID card.</p>

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Eligible health services	In-network coverage*
Hospital and other facility care	
Hospital care	
Inpatient hospital	\$350 then the plan pays 100% (of the balance of the negotiated charge) per admission No deductible applies
Alternatives to hospital stays	
Outpatient surgery and physician surgical services	
	\$175 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter No deductible applies
Home health care	
Outpatient	100% (of the negotiated charge) per visit No deductible applies
	Limited to: 1 intermittent visit per day provided by a participating home health care agency ; 1 visit equals a period of 4 hours. Intermittent visits are considered periodic and recurring visits that skilled nurses or home health aides make to ensure your proper care The intermittent requirement may be waived to allow coverage for up to 12 hours with a daily maximum of 3 visits. Services must be provided within 10 days of discharge
Hospice care	
Inpatient facility	100% (of the negotiated charge) per admission No deductible applies
Maximum days per lifetime	Unlimited
Hospice care	
Outpatient	100% (of the negotiated charge) per visit No deductible applies
	Part-time or intermittent nursing care by an R.N. or L.P.N. for up to 8 hours a day Part-time or intermittent home health aide services to care for you up to 8 hours a day

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Outpatient private duty nursing		
Outpatient private duty nursing	100% (of the negotiated charge) per visit No deductible applies	
Maximum visits/shifts per Plan Year	70 shifts Up to eight hours equal one shift.	
Skilled nursing facility		
Inpatient facility	\$350 then the plan pays 100% (of the balance of the negotiated charge) per admission No deductible applies	
Eligible health services	In-network coverage*	Out-of-network coverage*
Emergency services and urgent care		
Emergency services		
Hospital emergency room	\$200 then the plan pays 100% (of the balance of the negotiated charge) per visit No deductible applies.	Paid the same as in-network coverage
Non-emergency care in a hospital emergency room	Not covered	Not covered
Important Note:		
<ul style="list-style-type: none"> ▪ As out-of-network providers do not have a contract with us the provider may not accept payment of your cost share, (deductible, copayment and payment percentage), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this plan. If the provider bills you for an amount above your cost share, you are not responsible for paying that amount. You should send the bill to the address listed on your ID card, and we will resolve any payment dispute with the provider over that amount. Make sure the member's ID number is on the bill. ▪ A separate hospital emergency room copayment/payment percentage will apply for each visit to an emergency room. If you are admitted to a hospital as an inpatient right after a visit to an emergency room, your emergency room copayment/payment percentage will be waived and your inpatient copayment/payment percentage will apply. 		

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Urgent care		
Urgent medical care (at a non- hospital free standing facility)	\$50 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter No deductible applies	Not covered
Non-urgent use of urgent care provider (at a non- hospital free standing facility)	Not covered	Not covered
A separate urgent care copayment /payment percentage will apply for each visit to an urgent care provider .		

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Eligible health services	In-network coverage*
Specific conditions	
Autism spectrum disorder	
Autism spectrum disorder treatment	Covered according to the type of benefit and the place where the service is received
Applied behavior analysis	Covered according to the type of benefit and the place where the service is received
All other coverage for diagnosis and treatment, including behavioral therapy, will continue to be provided the same as any other illness under this plan	
Birthing Center	
Inpatient	\$350 then the plan pays 100% (of the balance of the negotiated charge) per admission No deductible applies.
<i>The per admission copayment amount for newborns will be waived for nursery charges for the duration of the newborn's initial facility stay. The nursery charges waiver will not apply for non-routine facility stays.</i>	
Family planning services - other	
Voluntary sterilization for males	
Outpatient	100% (of the negotiated charge) per visit No deductible applies
Abortion	
Outpatient	100% (of the negotiated charge) per visit No deductible applies
Maternity and related newborn care	
Inpatient	\$350 then the plan pays 100% (of the negotiated charge) per admission No deductible applies.
<i>The per admission copayment amount for newborns will be waived for nursery charges for the duration of the newborn's initial routine facility stay. The nursery charges waiver will not apply for non-routine facility stays.</i>	

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Delivery services and postpartum care services	
Performed in a facility or at a physician's office	100% (of the negotiated charge) per visit No deductible applies
Other prenatal care services	Covered according to the type of benefit and the place where the service is received.
Mental health treatment - inpatient	
Inpatient mental health treatment	\$350 then the plan pays 100% (of the balance of the negotiated charge) per admission
Inpatient residential treatment facility	No deductible applies
Coverage is provided under the same terms, conditions as any other illness .	
Mental health treatment - outpatient	
Outpatient mental health treatment office visits to a physician or behavioral health provider includes telemedicine consultation	\$45 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter No deductible applies
Coverage is provided under the same terms, conditions as any other illness .	
Outpatient mental health treatment office visits to a physician or behavioral health provider includes telemedicine cognitive behavior therapy consultation	\$45 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter No deductible applies

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<p>Other outpatient mental health treatment (includes skilled behavioral health services in the home)</p> <p>Partial hospitalization treatment</p> <p>Intensive outpatient program</p> <p>The cost share doesn't apply to in-network peer counseling support services</p>	<p>100% (of the negotiated charge) per visit</p> <p>No deductible applies</p>
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Substance related disorders treatment - inpatient

<p>Inpatient substance abuse detoxification during a hospital confinement</p> <p>Inpatient substance abuse rehabilitation during a hospital confinement</p> <p>Inpatient residential treatment facility during a hospital confinement</p> <p>Coverage is provided under the same terms, conditions as any other illness.</p>	<p>\$350 then the plan pays 100% (of the balance of the negotiated charge) per admission</p> <p>No deductible applies</p>
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Substance related disorders treatment - outpatient: detoxification and rehabilitation

<p>Outpatient substance abuse office visits to a physician or behavioral health provider includes telemedicine consultation</p> <p>Coverage is provided under the same terms, conditions as any other illness.</p>	<p>\$45 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter</p> <p>No deductible applies</p>
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<p>Outpatient substance abuse office visits to a physician or behavioral health provider includes telemedicine cognitive behavioral therapy consultations</p> <p>Coverage is provided under the same terms, conditions as any other illness.</p>	<p>\$45 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter</p> <p>No deductible applies</p>
<p>Other outpatient substance abuse services (includes skilled behavioral health services in the home)</p> <p>Partial hospitalization treatment</p> <p>Intensive outpatient program</p> <p>The cost share doesn't apply to in-network peer counseling support services</p>	<p>100% (of the negotiated charge) per visit</p> <p>No deductible applies</p>
<p>Obesity surgery</p>	
<p>Inpatient hospital (includes surgical procedure and acute hospital services)</p>	<p>\$350 then the plan pays 100% (of the balance of the negotiated charge) per admission</p> <p>No deductible applies</p>
<p>Outpatient obesity surgery</p>	
	<p>\$175 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter</p> <p>No deductible applies</p>
<p>Oral and maxillofacial treatment (mouth, jaws and teeth)</p>	
<p>Oral and maxillofacial treatment (mouth, jaws and teeth)</p>	<p>100% (of the negotiated charge) per visit</p> <p>No deductible applies</p>

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Reconstructive breast surgery			
Reconstructive breast surgery	Covered according to the type of benefit and the place where the service is received		
Reconstructive surgery and supplies			
Reconstructive surgery	Covered according to the type of benefit and the place where the service is received		
Eligible health services	Network (IOE facility)	Network (Non-IOE facility)	
Transplant services facility and non-facility			
Inpatient hospital transplant services	\$350 then the plan pays 100% (of the balance of the negotiated charge) per transplant No deductible applies	\$350 then the plan pays 100% (of the balance of the negotiated charge) per transplant No deductible applies	
Physician services including office visits	Covered according to the type of benefit and the place where the service is received	Covered according to the type of benefit and the place where the service is received	
Eligible health services	Network (IOQ Facility)	Network (Non-IOQ Facility)	Out-of-network coverage
<i>Institutes of Quality</i> Bariatric Surgery (Inpatient)	\$350 then the plan pays 100% (of the balance of the negotiated charge) No deductible applies	Not Covered	Not Covered
<i>Institutes of Quality</i> Bariatric Surgery (Outpatient)	\$175 then the plan pays 100% (of the balance of the negotiated charge) No deductible applies	Not Covered	Not Covered
Precertification may be required			
Physician services including office visits	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.	Covered according to the type of benefit and the place where the service is received.

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Eligible health services	In-network coverage*
Treatment of infertility	
Basic infertility	
Basic infertility	Covered according to the type of benefit and the place where the service is received
Eligible health services	
In-network coverage*	
Specific therapies and tests	
Outpatient diagnostic testing	
Diagnostic complex imaging services	
	\$45 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter No deductible applies
Diagnostic lab work	
	100% (of the negotiated charge) per visit. No deductible applies.
Diagnostic radiological services	
	\$45 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter. No deductible applies.
Chemotherapy	
Chemotherapy	Covered according to the type of benefit and the place where the service is received
Outpatient infusion therapy	
	Covered according to the type of benefit and the place where the service is received.
Outpatient radiation therapy	
	Covered according to the type of benefit and the place where the service is received.

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Short-term cardiac and pulmonary rehabilitation services	
Cardiac rehabilitation	
Cardiac rehabilitation	Covered according to the type of benefit and the place where the service is received
Pulmonary rehabilitation	
Pulmonary rehabilitation	Covered according to the type of benefit and the place where the service is received
Short-term rehabilitation services	
Outpatient Physical and Occupational Therapies	
	\$45 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter No deductible applies
Outpatient Speech Therapy	
	\$45 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter No deductible applies
Habilitation therapy services	
	\$45 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter No deductible applies
Eligible health services	In-network coverage*
Other services	
Acupuncture	
Acupuncture	Covered according to the type of benefit and the place where the service is received
Ambulance service	
Ground, air or water ambulance	100% (of the negotiated charge) per trip No deductible applies.
Clinical trial therapies (experimental or investigational)	
Clinical trial therapies	Covered according to the type of benefit and the place where the service is received
Clinical trials (routine patient costs)	
Clinical trial (routine patient costs)	Covered according to the type of benefit and the place where the service is received

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Durable medical equipment (DME)	
DME	100% (of the negotiated charge) per item No deductible applies.
Non-preventive hearing exams	
For adults and children	100% (of the negotiated charge) per visit thereafter No deductible applies.
Maximum	One exam in any 12 consecutive month period.
Prosthetic devices	
Prosthetic devices	Covered according to the type of benefit and the place where the service is received
Spinal manipulation	
Spinal manipulation	\$45 then the plan pays 100% (of the balance of the negotiated charge) per visit thereafter No deductible applies
Maximum visits per Plan Year	20

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Eligible health services*	
Outpatient prescription drugs	
Family planning services - female contraceptives	
Female contraceptives that are generic prescription drugs :	100% per prescription or refill No deductible applies
<ul style="list-style-type: none"> • Oral drugs • Injectable drugs • Vaginal rings • Transdermal contraceptive patches 	
Female contraceptives that are brand-name prescription drugs :	100% per prescription or refill No deductible applies
<ul style="list-style-type: none"> • Oral drugs • Injectable drugs • Vaginal rings • Transdermal contraceptive patches 	
Female contraceptive generic devices and brand-name devices	100% per prescription or refill No deductible applies
Preventive care drugs and supplements	
Preventive care drugs and supplements filled at a pharmacy	100% per prescription or refill No deductible applies

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Risk reducing breast cancer prescription drugs	
Risk reducing breast cancer prescription drugs filled at a pharmacy	100% per prescription or refill No deductible applies
Maximums:	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered preventive care drugs and supplements, contact Member Services by logging onto your Aetna secure member website at www.aetna.com or calling the number on your ID card.
Tobacco cessation prescription and over-the-counter drugs	
Tobacco cessation prescription drugs and OTC drugs filled at a pharmacy for each 90 day supply	\$0 per prescription or refill No deductible applies
Maximums:	Coverage is permitted for two 90-day treatment regimens only. Any additional treatment regimens will be subject to the cost sharing in your schedule of benefits below. Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered tobacco cessation prescription drugs and OTC drugs, contact Member Services by logging onto your Aetna secure member website at www.aetna.com or calling the number on your ID card.

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General coverage provisions

This section provides detailed explanations about the **Maximum out-of-pocket limits** that are listed in the first part of this schedule of benefits.

Copayments
Copayment As it applies to in-network coverage, this is a specified dollar amount or percentage that must be paid by you at the time you receive eligible health services from a network provider .
Per Admission Copayment
A per admission copayment is an amount you are required to pay when you or a covered dependent have a stay in an inpatient facility.
Separate copayments may apply per facility. These copayments are in addition to any other copayments applicable under this plan. They may apply to each stay or they may apply on a per day basis up to a per admission maximum amount.
The per admission copayment amount is equal to a facility's semi-private room rate for one day. However, for the stay of a well newborn baby (starting at birth), the per admission copayment amount will not exceed the hospital's actual room and board charge on the first day of the stay .
Payment percentage
The specific percentage the plan pays for a health care service listed in the schedule of benefits.
Maximum out-of-pocket limits provisions
Eligible health services that are subject to the maximum out-of-pocket limit include prescription drug eligible health services provided under the medical plan outpatient prescription drug plan.
The maximum out-of-pocket limit is the maximum amount you are responsible to pay for copayments/payment percentage for eligible health services during the Plan Year. This plan has an individual and family maximum out-of-pocket limit . As to the individual maximum out-of-pocket limit each of you must meet your maximum out-of-pocket limit separately.
Individual
Once the amount of the copayments/payment percentage you and your covered dependents have paid for eligible health services during the Plan Year meets the individual maximum out-of-pocket limit , this plan will pay 100% of the negotiated charge for covered benefits that apply toward the limit for the rest of the Plan Year for that person.

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Family

Once the amount of the **copayments/payment percentage** you and your covered dependents have paid for **eligible health services** during the Plan Year meets this family **maximum out-of-pocket limit**, this plan will pay 100% of the **negotiated charge** for such **covered benefits** that apply toward the limit for the remainder of the Plan Year for all covered family members.

To satisfy this family **maximum out-of-pocket limit** for the rest of the Plan Year, the following must happen:

- The family **maximum out-of-pocket limit** is a cumulative **maximum out-of-pocket limit** for all family members. The family **maximum out-of-pocket limit** can be met by a combination of family members with no single individual within the family contributing more than the individual **maximum out-of-pocket limit** amount in a Plan Year.

The **maximum out-of-pocket limit** may not apply to certain **eligible health services**. If the **maximum out-of-pocket limit** does not apply to a covered benefit, your **copayment/payment percentage** for that covered benefit will not count toward satisfying the **maximum out-of-pocket limit** amount.

Certain costs that you incur do not apply toward the **maximum out-of-pocket limit**. These include:

- All costs for non-covered services
- All costs for non-emergency use of the emergency room
- All costs incurred for non-urgent use of an **urgent care provider**

Calculations; determination of benefits provisions

Your financial responsibility for the costs of services will be calculated on the basis of when the service or supply is provided, not when payment is made. Benefits will be pro-rated to account for treatment or portions of stays that occur in more than one Plan Year. Determinations regarding when benefits are covered are subject to the terms and conditions of the booklet.

Outpatient prescription drug maximum out-of-pocket limits provisions

Eligible health services that are subject to the **maximum out-of-pocket limit** include **eligible health services** provided under the medical plan and the outpatient **prescription drug** plan.

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