Internship and Job Search Strategies

Spring 2021
Human Ecology Career Exploration Center
We are online this semester!
Book Appointments Here
https://outlook.office365.com/owa/calendar/CareerExplorationCenter@cornellprod.onmicrosoft.com/bookings/

Our Hours (EST)
10:00 AM – 4:00 PM M – F
Extended Hours
10:00 PM M, 8:00 AM F

Visit us at
hecec.human.cornell.edu
Contact us
hecec@cornell.edu
CEC Resources

- Internship Search Guides
- Summer Opportunities in Health (website-->Job and Internships → Summer opportunities in Health)
- Gap Year Opportunities Booklet
- Opportunities Binder (“Jobs and Internship Postings” on our website)
COVID-specific

- **Cold E-mailing**
  - February 2021 Article of the Month: How to Write a Persuasive Email to Apply for Your Dream Job By Rolf Bax

- **Networking handouts***
  - CUeLinks ([HECEC Student Mentorship Excel Sheet)]
  - Alumni Connections Program
COVID-Specific

● Digital Volunteering
  ○ CEC Blog post by Angella

● Build skill sets
  ○ Linkedin Learning—add to LinkedIn profile and resume (ex: take a course on how to use Zoom)
  ○ “Couldn’t find an internship but I worked on personal development”

● Ideas for Pre-Health students:
  https://docs.google.com/document/d/1spNpIlYzEEdK2l2YUZON2Wa9gCwunJyhlu4mQudzUg/edit?pli=1&lor=1#heading=h.7zl2p8shzvno
Cornell-Affiliated Databases
Human Ecology Resources

- Cornell Handshake
- CUeLinks
  - Exclusive access to more Cornell Alumni for students
  - Formerly Alumni Connections Program
- New York Recruiting Consortium
  - A&S HumEc juniors and seniors
  - Interviews in early January in NYC
  - Full-time employment and internships in Consulting, Education, Finance, Health Services, Legal Services, Medical Research, Nonprofits, and Publishing
Cornell Handshake

- https://cornell.joinhandshake.com
- https://scl.cornell.edu/get-involved/career-services/jobs-and-internships/campus-recruiting
- On-campus recruiting
Cornell Formal Programs

- [http://www.career.cornell.edu/students/jobs/internships/cornell/](http://www.career.cornell.edu/students/jobs/internships/cornell/)

Cornell Cooperative Extension offers summer internships throughout New York State, in a variety of specialty areas. The Tompkins County Association offers opportunities for students who want to spend the summer in the Ithaca area.

The Community Work Study Program (CWSF) is monitored by the Cornell Public Service Center and connects FWS eligible students with non-profit or community service employers in the Ithaca and Tompkins County area.

Cornell in Hollywood offers a number of film-related internships specifically for Cornell students thanks to Cornell alumni currently working in the film industry and the Cornell Club of Los Angeles. All majors are welcome to apply. Students arrange a faculty sponsor, who will receive the evaluation of the student’s internship performance in order for a grade and credit to be assigned.
Cornell on the Cuyahoga (Cleveland, OH)

- [http://www.cornellonthecuyahoga.com](http://www.cornellonthecuyahoga.com)
- Sophomores, Juniors, and Seniors
- Internships posted in early November, applications accepted until April
- Summer experience in greater Cleveland
Cooperative Extension

- [https://cals.cornell.edu/cornell-cooperative-extension/join-us/cce-summer-internship-program](https://cals.cornell.edu/cornell-cooperative-extension/join-us/cce-summer-internship-program)
- Paid internships in New York state offered in the summer for Cornell students; includes a stipend of $5000.
Entrepreneurship @ Cornell Summer Internship

- [http://eship.cornell.edu/internships/](http://eship.cornell.edu/internships/)
- 10 week paid internships
- Small to medium sized entrepreneurial companies
- All undergraduate and graduate students at Cornell of all majors
  - preference to juniors and seniors; sophomores may apply through Internship Director
Atkinson Center Summer Internship

- Paid Internships for Cornell students with the environmental advocacy groups such as Environmental Defense Fund, Oceana, and CARE
- Provide students with a hands-on experience at the intersection of science and policy
Botanical Garden Intern Program

- Botanic gardens, natural areas
  - applied natural resource research, horticulture/gardening skills, plant identification
- Paid $12.50 per hour and typically work a 39-hour work week
- [https://cornellbotanicgardens.org/learn/internship-programs/](https://cornellbotanicgardens.org/learn/internship-programs/)
Shoals Marine Lab Internships Program

- Appledore Island, Gulf of Maine
- Biological research
Experience Cornell

- https://experience.cornell.edu/
- Features all kinds of experiences on- and off-campus, which includes research opportunities, internship programs, and information on fellowships
Recruiting Events
New York Recruiting Consortium

- Off-campus program for juniors and seniors from A&S and Human Ecology
- Consortium interviews take place in early January in New York City
- Interviews for full-time employment and internships in Consulting, Education, Finance, Health Services, Legal Services, Medical Research, Nonprofits, and Publishing
- Applications in December, interviews in January
- https://frc-nyrc.squarespace.com/
• Contact **dea-admin@cornell.edu** to be notified of when this event occurs, typically in mid-April
For Credit Programs
Capital Semester

- 12 credit
- Spring Semester
- Paid internship in Albany, New York
Cornell in Hollywood Summer Program

- For students who may be considering a career in entertainment
  - Internship offered by Cornell Club of Los Angeles & Cornell Alumni who are currently working in the film industry.
- Students will start building their own Hollywood Career and engage in valuable networking opportunities as well.
- https://www.ciw.cornell.edu/
- Take history and government classes for credit
Practicing Medicine: Health Care Culture and Careers

- Eight-week summer program in NYC
- Premed and Global Health
- 3 Credit Class (HE 4080)
- Selected Iscol Scholars funded for summer housing and transportation costs
- Check out the CEC for more info!

*Note that there is a fee with this program and financial aid does not apply*
Funding Opportunities
Design Your Own Summer Internship Program (DYO)

- FWS students only
- Salary paid by Cornell for full-time positions with non-profits (75%) and small businesses (50%)
- Earn up to $3,750!!!
Additional Funding Opportunities

● Janet McKinley '74 Family Grant
  ○ Sophomores only
  ○ “interesting, provocative, and entrepreneurial summer projects”
  ○ Deadline is very soon!!

● Summer Experience Grant
  ○ [https://as.cornell.edu/careers/summer-experience-grant-funding](https://as.cornell.edu/careers/summer-experience-grant-funding)
  ○ Have an offer for a career-related summer experience that is 1) unpaid or minimally paid* and 2) at least 4 weeks in length, working at least 15 hours/week. The offer does NOT yet need to be accepted.

● Alan Mathios Research and Service Grant
  ○ [https://www.human.cornell.edu/studentlife/heaagrants](https://www.human.cornell.edu/studentlife/heaagrants)
  ○ funds undergraduate Human Ecology students’ research and service activities that further the mission of the college to improve lives by exploring and shaping human connections to natural, social and built environments.
Even More Funding Opportunities!

- **Human Ecology Summer Research Stipend**
  - The College of Human Ecology provides 16 $5,000 stipends to CHE undergraduates who will be involved in full-time summer research with a CHE faculty member. Both the student and the faculty member must be in CHE

- **Alumni-Sponsored Internship Funding**
  - The Human Ecology Internship Funding is designed to aid students’ participation in unpaid or minimally paid career-related summer experiences.

- **Cornell Public Service Center**
  - [https://scl.cornell.edu/get-involved/public-service-center/awards-funding](https://scl.cornell.edu/get-involved/public-service-center/awards-funding)
  - Robinson-Appel Humanitarian Award — The Robinson-Appel award was established to recognize and honor students who have had significant involvement in community service by providing support for their projects, which address a community's social needs or problems.
  - Community Partnership Funding Board Grants
Iscol Family Program

Summer Internship Program

- Support students who have an interest in gaining experience in public service settings or exploring public service as a career
- Working with existing organizations and programs on campus which sponsor summer internships in the public service sector in Ithaca, NYC, New York State, or elsewhere in the US and abroad
  - Urban Semester/Practicing Medicine (NYC)
  - Public Service Center Summer of Service
- [https://www.human.cornell.edu/academics/undergraduate/iscol](https://www.human.cornell.edu/academics/undergraduate/iscol)
Blumenthal Internships - discontinued

- Alumni Funded
- Paid internship
- Must be rising junior or senior
- Social Service Internship in Westchester and NYC
- Intern with a variety of non-profit agencies, many working on social justice issues/human services
NYC Public Services Corps

- [http://www.career.cornell.edu/students/jobs/internships/cornell/nyc.cfm](http://www.career.cornell.edu/students/jobs/internships/cornell/nyc.cfm)
- Summer Internships
- Winter Internship
- FWS-eligible student work with non-profits in NYC
- Explore a variety of professions/industries
- Search and apply for jobs and internships
- Learn how to craft effective application materials

- Free account provided by Cornell with preparatory information about career exploration and planning
- Resume, cover letter, and interview preparation
- Includes industry resources covering North America
Cornell Summer Experience Survey

- See what Cornellians have done in past summers!
Additional Resources
CUELinks

- Able to reach out to alumni for informational interviews, phone calls, ask questions about professions
- Alumni voluntarily make themselves available for contact: they want to hear from you!
Glassdoor

- Listing of current/job internship openings
- Database of average salaries of positions of companies, as well as reviews
- Past interview questions
Comparably

- [https://www.comparably.com/](https://www.comparably.com/)
- Evaluates companies based on their culture, leadership, fairness of salaries, satisfaction of people who identify as LGBTQ+, internship programs, and employee happiness
- Current employees of different identities review how they feel they are treated by the company
- Can aid in deciding whether to take an internship
• CEC often offers LinkedIn photoshoot opportunities - stay tuned, or contact us to demonstrate your interest in this
Research Opportunities

- Blog posts here: [https://hecec.human.cornell.edu/2020/02/19/getting-involved-in-research-at-cornell/](https://hecec.human.cornell.edu/2020/02/19/getting-involved-in-research-at-cornell/)

- Professors are generally very open and honest about opportunities they have available - it doesn't hurt to reach out!
- Do not have to be Cornell professors - also consider research at your home institution
Diversity Internship Resource

- Written by CA Angella, features several internships aimed at increasing diversity in a variety of fields
Listservs

- Several listservs out there based on your interest, which often post internship opportunities
  - Entrepreneurship
    - http://eship.cornell.edu/internships/#listserv
  - General
    - Communecology
  - Pre-health
    - Terry Mingle’s DNS listserv
    - PATCH
    - Psychology listserv (https://groups.google.com/forum/#!forum/psychopportunities)
  - Social justice
    - Center of Inequality Studies
- Highly dependent on what your interests are, schedule a meeting with a CA to explore more
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By SKIP of New York in New York, NY, US
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Animal Sanctuary Volunteers
By Animal Place in Grass Valley, CA, US
7 minutes ago

EVENT
Duke Online Master of Environmental Management - Seattle Information Session

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- Reach out to CA Khanya for more info (kec232)
- https://www.jopwell.com/share/KHANC61
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- Project-ion.com
- Central NY Area
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