Kudos to All Leaders
There are 23 Activity Groups and 3 Service & Hospitality Groups under the Campus Club this year. Thank you, group leaders, for your dedication and commitment. Fantastic work!

Sad to Say Goodbye
It’s sad to see Art & Writing, Dabblers, and Downhill Skiing being discontinued as they did such a wonderful job enriching our social lives for the past few years.

Exciting News
We have a new group this year: Hatha Yoga! Thanks, Sharon Howrey, for starting a new group!

Mid-Year Update
PRESIDENT’S MID-YEAR REPORT
This is my 32nd year in Ithaca. Twenty-eight years ago, I started attending one of the Campus Club Friendship Groups with my infant daughter. I can’t recall how I was made aware of the group, but I am forever glad to have had that introduction. Also, at that time, there was Playgroup which met at Robert Purcell, and to that, I brought my daughters — just two daughters at the time: a 3-year-old and an infant. I think it is time that we revive the Playgroup, but for this to be relevant, we need to recruit more women with young children to Campus Club.

Activity Groups and Activity Group Leaders are at the heart of Campus Club. This year we have 23 Activity Groups led by 36 dedicated and enthusiastic Activity Group Leaders. New this year is Hatha Yoga. You can almost fill your entire week with one or more Activity Groups per day. Every weekday has at least one Group scheduled for that day, and for the weekend, the Gourmet and Wine Explorers Groups are available for select Saturdays.

Did you know that the International Friendship Groups began way back in 1947? Back in 1957, there were 14 Friendship Groups meeting throughout the year. Today we are down to 2 Friendship Groups each meeting once a month. The meetings have been well attended with a variety of topics for discussion or presentations. The groups are composed of women hailing from all parts of the globe who have made Ithaca their home, women who are here in Ithaca temporarily, and women who are native-born.
It is a pleasure to work with fourteen focused women on the board. This year Sharon (Assistant Activities) has opened her warm and inviting home for our Board meetings. Thank you so much, Sharon. Each year there are several board positions to fill, so if you would like to serve on the board, please contact me by the end of February at the latest.

The September Fall Coffee started the 120th year of Campus Club. It was a well-attended event. Kathy (Treasurer), Barbara N (Assistant Treasurer), Misao (Membership), and Liz (Assistant Membership) were busy at their table processing memberships. Jing-Ting (Activity Chair), Sharon (Assistant Activity), and Ellen (Assistant Social) worked hard on the layout of tables in the lobby and ballroom space. This improved layout allowed a bit more room to move around this year. The tables and chairs were very much in use by our members as they sat to enjoy coffee or tea and treats, and reconnect with old friends and meet new ones.

Kumari (Programs Chair) has filled the year with seven Lectures/Programs, starting with Roberta Moudry’s Architecture Walk “Sage to Snee” in September. The Joan Gallagher Program in October was an evening focusing on the evolution of jazz by the Molly MacMillan Trio. We learned about Financial Exclusions in the US in November. December brought us to the Feathers & Fashion Exhibit, where we learned that:

- The US military has on reserve enough down feathers to fashion coats, comforters, etc. for all the branches of the military.

- Two wealthy and fashionable Bostonian women held tea parties where they encouraged the women not to wear feathered hats and invited them to join a society for the protection of birds. This society paved the way for the creation of the Massachusetts Audubon Society in 1896.

- Currently, there is no human-made equivalent that can match down’s warmth to weight ratio.
An added bonus was walking into the storage space where the collection of clothes, hats, shoes, etc. are kept. In March, we will learn about Sweet Potatoes in Rural India for Better Health. In April, we will learn about Lunar New Year Traditions & Insights; this is the year of the Rat.

Jean Jagendorf, a long-time Campus Club member, is our Kendal link. She is the person our Program Chair works with to check on availability of the Kendal auditorium where many of our Lectures/Programs are held. Thank you, Jean.

The Winter Tea this year was back at the Moakley House. The room was decorated for the holidays, but the best part was the view of the pristine snow on the golf course. It was difficult to keep track of how many were in attendance, but the estimate was probably around 120. There were ample tables and chairs for members who wished to sit and converse. Perhaps next year, we will have fewer sit down tables but add a few of those stand-up tables to improve movement in the space. There was a long cue at the refreshments table, and hopefully, everyone had a chance to try a few of the offerings. Thank you, Ellen (Assistant Social), for organizing a wonderful Winter Tea.

Our membership continues to grow each year. Currently, we have a total of 368 members, 66 of those are NEW members. Misao and Liz (Membership Chair and Assistant) have worked hard to keep our membership lists in order. They are also responsible for sending out emails about anything to do with Campus Club. More are accessing PayPal to pay for their membership. Almost 20% of the dues this year came through PayPal. The PayPal option was first set up in 2017 by another long-time member Nora Shang.

We are just at the halfway point for our year. There are many more Activity Group meetings to enjoy and a couple more Lectures/Programs to broaden our minds. Keep busy and have fun.

Sincerely,

Raf
2019 – 2020

CAMPUS CLUB AT CORNELL BOARD

Campus Club Board Members (L to R): Sharon, Elizabeth, Ellen, Raf, Kumari, Liz, Misao, and Marcie. (Not in Photo: Anne, Barbara A, Barbara N, Jing-Ting, Kathy, Karen, And Roxanne)

If you have a question, concern, suggestion, or want to get more involved in CCC, please reach out to any one of our dedicated board members. You can find the board directory on our official website: http://blogs.cornell.edu/campusclub/board/
Do you know?
All Campus Club Lectures and Programs are open to the public.

Sage to Snee—South Campus

Time:
Thursday, September 19, 2019, 10:30 AM

Speaker:
Roberta Moudry, Ph.D., Cornell University, Architectural Historian

Tour begins at McGraw Tower (the Bell Tower)

Program Update

PAST LECTURES & PROGRAMS

Cornell Campus Architecture Walk

▲ Sage Chapel
A Program Focusing on The Evolution of Jazz

Funded by the 2019 Joan Gallagher Program Fund

Time:
Tuesday, October 22, 2019, 7:30 PM

Location:
Kendal Auditorium, 2230 N Triphammer Rd

Who is Molly MacMillan?
Well known Jazz pianist/vocalist/composer Molly MacMillan has been a long-time member of the Central New York music scene, performing with Peggy Haine's legendary group, the "Low Down Alligator Jazz Band" and countless other ensembles since the 1980s.

In addition to being an active music teacher, Molly performs with various ensembles and with her Jazz Trio, with Doug Robinson on upright bass and Mike Wellen on drums.
What is financial exclusion?

The term ‘financial exclusion’ is used in different ways, but is most often defined as a broad concept describing a lack of access to, and use of, a range of financial services.

Financially excluded people typically exhibit one or more of the following characteristics:

- A lack of a bank account and the financial services that come with it
- A reliance on alternative forms of credit such as doorstep lenders and pawnbrokers
- A lack of other key financial products such as insurance, savings products, and pensions

Source:
Time:
Tuesday, December 3, 2019, 9:30 to 10:30 AM

Tour led by:
Denise Nicole Green, Assistant Professor and Director, Costume & Textile Collection, Department of Fiber Science and Apparel Design, Cornell University

Location:
Level T Display Cases in the Human Ecology Bldg, Cornell University

Fashion and Feathers Exhibit

Read more about the exhibit in the press release:
http://blogs.cornell.edu/cornellcostume/2019/09/24/fashion-feathers/
UPCOMING LECTURES & PROGRAMS

Introducing Orange Sweet Potatoes in Rural India for Better Health

Time:  
Thursday, March 12, 2020, 10 AM

Speaker:  
Kathryn Merckel, Ph.D. Candidate, International Nutrition, Tata-Cornell Institute for Agriculture and Nutrition

Location:  
Kendal Auditorium, 2230 N Triphammer Rd

“Lunar New Year” Traditions and Insights plus FOOD!

Time:  
Friday, April 24, 2020, 5 PM

Speaker:  
Jing-Ting Huang, Devotee of Intercultural Exchange

Location:  
TBA
Spring Luncheon Lecture

In her tenth and final year as dean of Cornell’s College of Agriculture and Life Sciences, Dean Boor will reflect on the role of a college of agriculture and life sciences in 2020 and her experiences leading the college.

Social Event Update

Fall Coffee and Activity Group Registration

Time:
Thursday, May 7, 2020, 12 PM – 2:30 PM

Speaker:
Kathryn J Boor, Cornell University, Dean, College of Agriculture and Life Sciences

Location:
Country Club of Ithaca, 189 Pleasant Grove Rd

Time:
Thursday, September 5, 2019, 11 AM – 1 PM

Location:
Clarion Inn, 2310 N Triphammer Rd
Time:
Saturday, December 7, 2019, 1 – 3 PM

Location:
Moakley House, 215 Warren Rd
UPCOMING SOCIAL EVENTS

Spring Luncheon*

Time: Thursday, May 7, 2020, NOON – 2:30 PM
Location: Country Club of Ithaca (189 Pleasant Grove Rd)
*Registration required
Our Bird Study Group fall field trips (September through mid-November) took us to birding hotspots around the Cayuga Lake Basin, including Salt Point, Dryden Lake, and the Jim Shug Trail. At visits to Montezuma National Wildlife Refuge (MNWR) and Stewart Park, which offered great access to shorebirds, waterfowl, and woodland species, we had two entrancing sightings. At MNWR, we located the American Golden Plover that had been reported, only to realize it was feeding amidst an unexpected cluster of 13 Wilson’s Snipe, all unusually near and clearly visible. Later in October, as we finished a Stewart Park walk through the adjacent Renwick Sanctuary Woods, we were treated to a display of 3 Pileated Woodpeckers, moving unconcernedly about in the higher canopy, dominating the space, fairly unconcerned about us below.

Our group is 55 strong – a collaborative mix of beginners and long-time birders. Weekly walks average 15 to 20 participants. January through March, we take “bird study” generally indoors. A member survey brought three interest areas to the fore: (1) exploring bird sounds through the Lab of Ornithology’s Macauley Library Sound Archive and other resources; (2) improving our tree/shrub identification skills – handy for helping everyone “get (eyes) on the bird” and understand local and migratory birds’ habitat needs; and (3) a group learning session utilizing an online Bird Academy Tutorial. We are currently developing those meetings with dates and times TBA. Additionally, we’ll offer a hands-on session
on using eBird to record sightings and contribute to citizen science with the data we gather. Members are always interested in any informal alerts for pop-up winter birding.

Early April will see us back on the trails when migration is underway. We’ll be visiting Teeter Pond in the Finger Lakes National Forest, Bock-Harvey Forest Preserve, and the Dryden-Freeville Rail Trail, among other favorite and new birding areas. We finish up in mid-June.
The Monday afternoon Book Group is a lively and serious group of readers. We alternate reading fiction and non-fiction; we seek to expand our horizons by reading different kinds of material, sometimes books outside our comfort zones. Our various backgrounds and experiences enrich our discussions. Best of all, we enjoy ourselves!

This fall brought us two widely different books which really pushed our limits. The first, *The Overstory*, by Richard Powers, prompted a very lively and very timely discussion of trees, people, protests, and the environment. The second was even more challenging. *Say Nothing, A True Story of Murder and Memory in Northern Ireland*, by Patrick Radden Keefe, brought us inside the minds of the people of Ireland who fought the British for the right to exist on their own terms.

Our January book, Barbara Kingsolver's *Unsheltered*, is proving fascinating, and we're all looking forward to a rousing discussion. Why not join us?

▼ Winner of the 2019 Pulitzer Prize in Fiction
▼ Longlisted for The National Book Award
▼ A New York Times Bestseller
The Thursday afternoon Book Group spent the last few months reading and discussing such diverse topics as the lives of Korean immigrants in Japan during the decades preceding and following WWII; the evolution of Michele Obama from child of Chicago’s Southside to First Lady of the nation; the short but triumphant life a Vietnamese immigrant who overcame blindness and went on to Harvard and a law degree while marrying and having children only to succumb to a terminal illness at the age of 37.

We still have five books to share during the coming months culminating with a luncheon where we will cast our final votes for next year’s selections. We are a relatively small group of usually 8–10 who meet in members’ homes. If interested in joining us at 1:30 PM on the second Thursday of the months to come, contact Gail Carruth at gailcarruth@gmail.com or Louise Sallinger at lalou@aol.com.
Monday evening book group continues to read some terrific books, and our numbers are growing. We have fun, vibrant discussions and read both fiction and non-fiction. Coming up in January is our annual themed-book dish-to-pass dinner. This year we will enjoy Roman/Italian food as we discuss *Four Seasons in Rome* by Anthony Doerr. Here’s a picture of our December meeting!
Bridge for Intermediate Players

Time:
Wednesdays, 9:30 AM to 12:00 PM

Contact:
Erna Westwig rwestwig@stny.rr.com
Pat Holmes pholmes2@twcny.rr.com

We had a lovely holiday party at the end of 2019. We will continue playing on Wednesday morning from 9:30 until noon at Lansing village Hall and welcome new intermediate players.
Enjoy riding your bicycle but you are not a speed demon? The CCC Road Cycling group will hit the road again sometime in late March or early April. We ride 15–20 miles on back roads at a very comfortable pace leaving no one behind. Our initial spring rides may be even shorter. We ride early afternoon on Thursdays in the spring and fall and early morning during the summer. Last fall Kris Hodges organized several weekend rides, encouraging folks to bring friends and relatives. We hope to continue the weekend rides if schedules permit.

Looking forward to seeing you on the road.
CCC Easier Bike Option – Waterfront Trail

**Time:**
Thursdays, 1 PM Fall and Spring, 9 AM Summer

**Contact:**
Jan McCarrick janithaca@gmail.com
Kathy Hopkins kathy1122@gmail.com
Ruth Hopkins rah27@cornell.edu

Biking the Waterfront Trail is a scenic, sociable, and safe way to enjoy and accomplish ten miles of exercise and fresh air. And we have fun!

The Waterfront Trail bike group has had some dedicated regular participants, along with others who join us when they can. Our regular biking day is Thursday, and we vary the time of day depending upon the season. In hot weather, we bike in the morning when it’s cooler and in cooler weather bike in the afternoon when it’s warmer. Our biggest nemesis is rain, which sometimes forces us to cancel, but we have had many great experiences that are enriched by the participants. We’ve been fortunate to have some knowledgeable bird experts that we’ve learned a lot from.

It is easy for anyone to shorten the route, and some of us add a little of the Black Diamond Trail at the end of the WFT, so we add a little hill climbing.
Spanish Conversation Group averages 5 participants, all eager to understand & to be understood. We’re getting to know each other by sharing photos & the stories behind them, avoiding using English as much as possible. We’ve been meeting weekly on Mondays from 2 PM to 3:30 PM.

Meeting location changes, so please contact Jane Leff at janeleff134@gmail.com if you wish to be included in group emails.
The ESL Service group had another great semester teaching English to the Cornell-affiliated community in Fall 2019 and are currently ramping up for the Spring 2020 semester. This past semester we offered six classes at the intermediate and advanced levels, providing English language conversation instruction for ~100 international students, their spouses, visiting scholars, and Ithaca community members. The focus is on practicing and improving conversational English skills and helping the students to integrate better into the Ithaca community. We have a dedicated band of volunteer teachers who graciously give their time and energy to working with these wonderful students. If you have any interest in giving back to the community and love working with international students, please consider being a teacher in the ESL service group!
French Conversation

Time:
3rd Friday, 11:45 AM to 2:00 PM

Contact:
Christina Wu chriswu28@gmail.com
Silence Michelet-Lowell S.michelet.lo@gmail.com

We are a group of busy women who enjoy meeting during lunchtime to converse in French. We meet from 11:45 to 2:00 every 3rd Friday. We meet in the Kendal Cafe, where a variety of food can be bought. We have a good time talking about common interests and new adventures in French while we enjoy our meal together.
We gather twice a month for laughter, fun, and any number of games. Cards, board games, word challenges, who knows? We choose from a variety each week.

We talk about any number of topics from travel to home repair, childhood to careers, children to shopping but no politics.

Then the laughter begins — a fun time for all with some mental strategy and challenge.

Want to join the group? Send an email to Raf: rafchew@yahoo.com
The Gardening Group has had fun enjoying educational and social activities this fall. In September, we visited the 1/2 acre Ellis Hollow "homestead" of Sean Dembrosky, owner of Edible Acres in Trumansburg. Sean began by showing us his air layering system of planting up a forest worth of native tree seedlings in his driveway. In his back garden, Sean plants intense, complex food systems, incorporating his chickens' compost and pond water tea, in addition to heavy use of compost and mulch. He uses a greenhouse and high tunnels, and maintains densely packed, multilayered gardens of food and habitat areas for both humans and wildlife. He showed us how to replace our lawn deserts with rich ecosystem plantings. We learned about plants like Sea Buckthorn, a shrub whose bright orange berries are edible and medicinal. He also shared with us his rare white peach tree pits from Russia for us to plant in our own gardens this spring. We look forward to the results!

Sadly, Mother Nature threw a cold, windy,
and icy fit on the day of our October meeting, so our planned outing to the old-growth Smith Woods in Trumansburg, with a visit to the nearby historic cemetery, was canceled. We plan a redo of this trip in May.

November was our annual planning meeting, which we held at the festive home of member (and current CC President), Raf Chew. We had a delicious potluck, a plant swap, and fun socializing to accompany our coming up with meeting ideas for the year.

December found us at another potluck lunch and holiday garden-themed gift swap party at member Sue Martin's. We welcomed many new members on that lovely holiday occasion.

For 2020 we have decided to shift our monthly meeting time to the 2nd Friday of the month at 10 am (except for our lunch meetings). In January, we look forward to making garden glass art (cairns and flowers) from old glass and glue. February will find us at member Nora Shang's to share garden travel photos from our various trips over the past year. This is a great way vicariously to enjoy beautiful and exotic gardens while the snow flies outside! In March and April, we will visit nurseries in Auburn, Owego, or Trumansburg. In June, we have our annual salad lunch potluck and plant swap at member Cristina Gomez’. During the summer and early fall months, we plan to visit various gardens, farms, and possibly, another winery. For example, in August, we look forward to touring new member Dawn Smith's lotus pond garden in Brooktondale.

In the CC Gardening Group, we have lots of fun sharing our love and knowledge of gardens while enjoying each other's company.

Do please join us if you are interested in learning more.
Gourmet Diner’s Group: “Off the Beaten Path”

Recipes from Less Well-Known Parts of the World

Time:
Monthly

Contact:
Nora Shang  nshang3@gmail.com
Holly Kazarinoff  holly.kazarinoff@gmail.com

The Gourmet Diners Group has had a delicious year, exploring exotic food plus old favorites. There’s still time to join us- each month has easy recipes and challenging ones, so expert cooking isn’t necessary.

In September, we gathered in Nancy Ridenour’s beautiful garden and lotus pond for Tapas and Other Hand-held Food. Holly Kazarinoff compiled a menu of Spanish tapas, including Chicken Empanadas, Chorizo, Manchego and Olive Skewers, and Citrus Olive Oil Cake.

October saw us enjoying The Taste of India, Spicy and Exotic compiled by Kathleen Covell. On the menu were Mumbai Meatballs with Curry Coconut Sauce, Tandoori Chicken, and Naan, among others.

In November, we expanded our culinary experiences with To Russia with Love by Alice Kops. We delighted in eating Potato Pancakes with Sour Cream and Caviar and Chicken Kiev.

Then it was on to our popular Winter Brunch with Holiday Foods from Around the World, menu compiled by Martha Stipanuk. This annual Brunch has been hosted for many years by Hope Horst, who has an amazing array of holiday china and stemware.

The rest of the year will be equally
tasty. Holly Kazarinoff assembled **Play it again, Sam- Dinner in Casablanca** for January, including *Tagines, Couscous, and Moroccan stuffed dates*. February will find us in **Persia and the Levant** enjoying a menu developed by Deborah Dawson that includes *Hummus with Ful, Beef and Eggplant Casserole, and Sweet Puff Pastries*.

We’ll be exploring **Argentine Asado** in March, with a menu by Marilyn Gray. It includes *Grilled Eggplant, Matambre with Chimichurri Sauce, and Grilled Pineapple Milhojas*. In April, Alice Kops put together **Scandinavia: The Girl with the Dragon Tattoo** with *Swedish Meatballs, Pickled Cucumber, and Pastry Cones Filled with Whipped Cream and Berries*.

Sandy Bricker found recipes of **Rustic Cuisine from Franschhoek, The Gourmet Capital of South African Wine Country**. This exotic locale boasts food such as *Smoked Snoek* (Barracuda) with *Peppered Crostini, Fresh Seafood Linguine, and Rooibos Crème Brulee*. Sandy will also be hosting our last meal of the summer, with a menu by Drucy Glass: **Home Again- North Carolina Style, Sara Foster Cookbooks**. Sara Foster is a popular Southern Chef, whose recipes are not typical of southern cooking, such as *Grilled Romaine Caesar with Rustic Crunchy Croutons, Slow Roasted Pulled Pork Butt and Mixed Berry Pie with Crumb Topping*.

Thanks to Nora Shang, who does all our dinner scheduling; Cookbook Editors: Alice Kops, Drucy Glass, Holly Kazarinoff, Kathleen Covell, Marilyn Gray, Sandy Bricker and Martha Stipanuk who did a tremendous job on the formatting. Thanks also to Elizabeth Mount, who took the book cover picture-Zaid, guide on their Moroccan tour.

**Bon Appetit!**
Hatha Yoga

Time:
Fridays, 9:30 AM to 11:00 AM

Contact:
Sharon Howrey
fish54@gmail.com

We have enjoyed practicing gentle and active asanas (poses) at our Hatha Yoga gatherings. We begin with very gentle stretches, progress into active vinyasas (moving asanas), and incorporate pranayamas (breath work) throughout the sessions. Our numbers have been small, so some of the gatherings are only one or two yogis.

After an hour of yoga practice, we join together at the table to enjoy tea and some small treats. This is where we are building a community of acceptance, understanding, and compassion toward one another. We hope to expand our numbers, because the more yogis, the more fun!
As one of the long-time activity groups within the Campus Club at Cornell, we are happy to report that we continue to enjoy the fellowship of our returning members as well as the new members who have added additional ideas and excitement to our group. On average, between 15 to 20 women hiked this fall in the State Parks of Buttermilk and Treman as well as portions of the Finger Lakes Trails and Cayuga Trails in Tompkins County. Our farthest hike was the Virgil Mountain Loop in Cortland County. We also enjoyed our walks in various biodiversity and nature preserves and recently hiked at the Lime Hollow Nature Preserve. So far this season, we have skied at Yellow Barn State Forest and are looking forward to more skiing this winter. Even if the snow is absent, we still hike in the winter and delight in the hidden waterfalls we discover throughout the area. It is never too late to join us, so come and enjoy the fresh air and company. You will discover that indeed, "Ithaca is Gorges."
International Women’s Friendship Group I (Service Group)

Time:
1st Wednesday, October thru June, 7:30 PM

Contact:
Raf Chew
rafchew@yahoo.com

This year we have 36 members who come from 20 countries, including the USA. This International Women’s Friendship Group meets 1st Wednesday of the month (Oct thru June), 7:30 PM at member homes. Meetings usually have 15 to 20 attendees and last 2 to 3 hours. The evening begins with a discussion or presentation, followed by lots of conversation and laughter while enjoying delicious snacks provided by two members each month. Our schedule for this year is filled with:

- Discussion on “What I found different when I first arrived in the US or what I found different when I visited another country.”
- Viewing of a documentary about the Life of 99-year-old Sirkka (of Finnish descent)
- Annual Potluck with Spouses and Friends in January. We thank Kaisa & Yrjo, who have been graciously hosting our group for many years.
- Programs on Bolivia, South Korea/North Korea, and Biking in the Baltic States
- Participatory Salsa Dancing
- End of Year Salad Potluck in June

This year the Program on South Korea/North Korea will be a joint program with both of the Friendship Groups.

Several members belong and attend both of the Friendship meetings.

You are most welcome to join us for the FUN. Send Raf an email to be added to the list.
International Women’s Friendship Group II (Service Group)

Time:
3rd Wednesday, October thru June, 7:30 PM

Contact:
Jette Lundgren
henriette.lundgren@gmail.com

Our International Women Friendship Group meets on the 3rd Wednesday of each month at 7:30 PM, usually in a member’s home, ending with delicious snacks brought in by two members.

We have a core group of 25–30 members from 19 different countries.

This year's programs, each given by one of our members, are: “Chinese Calligraphy,” “About Chile and Wine,” “Discussion about

▲ Chinese Calligraphy instructed by Jing-Ting on April 17, 2019 at Raf’s house
Raising 3rd Culture Kids”, "Gadgets,” and "South Korea / North Korea,” just to mention a few.

Our biggest event is a sing-along with international dishes in December at Natalia’s house.

Our annual Spring dish-to-pass with spouses and friends takes place in May at Ellie’s home in Trumansburg. This is our last meeting before we meet again in the Fall.

Experience has shown that some of the most successful meetings are those where all members are given the opportunity to talk on one special topic.

And last but not least, we have lots of fun and enjoy each other’s company.

PLEASE COME AND JOIN US.

For more information, contact Jette Lundgren (henriette.lundgren@gmail.com) or call (917) 254-1344.

▲ Festive Sing-Along with Mimi at the piano on December 6, 2019, at Natalia’s house
Back in 2016, while getting ready for Activity Group signup at the Fall Coffee, I decided to create a new group. Preparation consisted of finding a blank sheet of paper for people to write their email. When asked what Just Coffee was all about, I said, "We'll meet at a coffee shop for coffee and conversation." Then they asked, "what else?" and I said, "that's it." I was expecting just a few to sign up and was surprised to have the blank sheet filled.

Members drop in anytime from 10 AM to noon, some staying for just 15 minutes on their way to their next appointment, others staying the entire time. You can find us in the bright space to the left of the doors at Ithaca Bakery, Triphammer Marketplace, every 1st and 3rd Friday of the month (Sept through June).

Want to receive the reminders? Send Raf an email to be added to the list.
**Mahjong**

**Time:**
2\textsuperscript{nd} & 4\textsuperscript{th} Fridays, 1:30 PM

**Contact:**
Iris Lupu irislupu51@hotmail.com
Lena Trancik lgt2@cornell.edu

The Mahjong group is playing every Friday from 12 to 2 at Kendal of Ithaca. It’s a lovely card room with lots of tables, lighting, and atmosphere.

Those beginners who started learning in September 2019 are really GREAT and are already playing with the more experienced players.

We welcome new players anytime.
Performers Group

**Time:**
3 Programs per Year

**Contact:**
Charette Wheelis [charette1042@gmail.com](mailto:charette1042@gmail.com)
Jane Dieckmann [dickjane201@gmail.com](mailto:dickjane201@gmail.com)

The Performers’ Group is an activity group for Campus Club members who play an instrument or sing, and who wish to share their music with others in an informal setting. Our membership includes listeners who do not perform but who enjoy the gathering of amateur musicians to hear interesting and often memorable programs of mostly classical music. We encourage performance on a variety of instruments and levels.

Our first meeting this year included a wonderful and varied program of music by Bach, Williams, Beethoven, Grieg, Brahms, Granados, Chopin, and Debussy. We were treated to outstanding voice and piano performances, after which we enjoyed seasonal refreshments.

We welcome new members, both performers and listeners. If you would like more information or have questions, you may contact one of our activity leaders:

Charette Wheelis: 272-1042 or [charette1042@gmail.com](mailto:charette1042@gmail.com)
Jane Dieckmann: 273-2133 or [dickjane201@gmail.com](mailto:dickjane201@gmail.com)

Photos: Pianists Lauren Ostergren and Sara Schaffzin performing at the December meeting
The Campus Club Quilt Group meets September through June on the first Wednesday of the month. There's always the opportunity to show work before the short program or demonstration. January's meeting is held at Quilter's Corner, where some of the staff show off their latest fabric and sewing tools. It's always a favorite. We're collecting squares for our charity quilt, which will be given away when finished. The meetings are always a pleasure.
Ukulele

**Time:**
Fridays, pluckers at 2PM and strummers at 3PM

**Contact:**
Ruth Hopkins
[rah27@cornell.edu](mailto:rah27@cornell.edu)

We continue to play our ukes, learning as we go, and joining others like the Water Music uke gathering last summer. During the holidays, we joined others at Lifelong and nursing homes for some lively music-making. We continue to meet Friday afternoons at Kendal. All abilities welcome.
Wanderers

**Time:**
Several Trips per Year

**Contact:**
Nora Shang  nshang3@gmail.com
Elke Schofield  elke.schofield@icloud.com

Wanderers explore the back roads, history, and culture of our region, usually planning multiple outings per year. Tours include, among others: museums, historic buildings, galleries, studios, workshops, and wineries. Transportation is carpool via personal vehicles. Drivers are reimbursed for gas, tolls, and parking.

【May 11, 2019 - Alfred】

Raf Chew led 11 attendees to Alfred, NY, on May 11th. We visited Alfred Ceramic Art Museum, where large-format photographs of Alfred kilns or personal kilns were paired with ceramic pieces by ceramic luminaries who either taught or graduated from Alfred. We then attended a very informative tour of the outdoor and indoor kilns before continuing to the Senior Art Show, which had a sampling of the Seniors' work as part of their graduation requirement. On our walk to dinner at the Terracotta Cafe, we stopped to admire a small building that was used as an office by the Celadon Company. The structure had red clay roof tiles, terracotta decorative tiles, and lots of brick. This building was reconstructed at the current site.

【June 20, 2019 - Auburn】

Rochelle Woods and Nora Shang led 25 attendees on our final 2018–19 Wanderers trip to Auburn, NY. We began with a guided tour of the Cayuga Museum of History and Art and the Case Research Lab, where we learned about the Auburn prison, pioneer physicians, and the birthplace of talking pictures. Next, we went to The NYS Equal Rights Heritage Center; a new NYS Welcome Center located adjacent to the Seward House Museum, where it has exhibits of how New Yorkers played prominent roles in the struggle for women’s equal rights, abolition, and civil rights. The Center also houses a Taste of NY Market. For lunch, we went to Gusto Italiano for their authentic Italian buffet. In the afternoon, we attended a South Street Walking Tour and learned about the historical personages and homes that created this main street into Auburn.
Wanderers held its first 2019-20 trip on October 8th to the Syracuse area. Nora Shang and Misao Johnson were the trip leaders with 27 attendees. We attended a Stickley Factory tour, followed by a visit to the Stickley Museum in the morning. It was enlightening to see inventive technology, joined with principles of hand craftsmanship, continues today at the Stickley factory in Manlius. For lunch, we dined at Kitty Hoynes Irish Pub, a famous local restaurant that was featured in Guy Fieri's/Food Network "Diners, Drive-Ins and Dives." In the afternoon, we went on an informative walking tour of the Erie Canal Museum Heritage Area, along with a visit to the Erie Canal Museum, in Downtown Syracuse. It was fascinating to see the only remaining weighlock building in the US, along with historic photos of the various landmarks from the turn of the century.

In keeping with traditions, Elke Schofield organized a local trip this winter on January 16th. We visited the newly constructed City Centre, followed by a guided tour of the History Center of Tompkins County, at its new location inside the Tompkins Center at The Commons. We had a delicious lunch at Saigon Kitchen in the West End before the guided walking tour of the Ithaca Commons.

We will organize the spring trip in May or June 2020. Location and date TBD.

Contact: Elke Schofield (272-9476) elke.schofield@icloud.com or Nora Shang (216-7499) nshang3@gmail.com
What Do You Know

Time:
2nd Tuesday, 7:30 PM

Contact:
Karen Koyanagi  k2koyanagi@yahoo.com
Raf Chew  rafchew@yahoo.com

This group has been blockaded (construction on our road), threatened (terrible weather), and disappeared (ah the holidays...), plagued (yes, the flu/cold plague) but despite it all, because of our determination and perseverance in the face of such calamities, we've met twice. And we've met in a Timely manner and also quite Peace-fully. To those who don't know what I'm on about, about 10–13 smart, funny, and creative women met at my house where they ate snacks, drank stuff, laughed a lot, and explored Time then Peace.

We considered - Does time truly pass by more quickly when we're older? Are some countries or eras more peaceful than others? How did the day get divided into 24 hours? Is time travel possible? Is a peaceful nature a disadvantage?

We learned about the Nobel Peace Prize and its winners.

We felt goosebumps when we heard about the bells in Costa Rica chiming out a message of the victory of peace in Latin America brokered by the president of that small country.

We listened to poetry and music that wrapped notes, lyrics, and rhyme around time. We explored peace symbols and their origins, as well as the enduring art of peace made during the flower power era.

We marveled at the images that technology and time-lapse photography captured.

We lifted our voices in two songs of peace to the tones of the ukulele.

And we move on. Till the next time - peace.
Wine Explorers

Time:
Monthly

Contact:
Liz Elser elser.liz@gmail.com
Susan Seaver susan.seaver@hotmail.com

Now in our third year, the Wine Explorers group continues to grow!

At our kick-off event in September, we met at the gorgeous Sunrise Hill Vineyard overlooking Cayuga Lake in Interlaken. After a dish-to-pass luncheon, we enjoyed a tour of the vineyard by our hosts, Bob and Kathy Ruis.

October found us at the home of hostess Ayako Timmons. Members brought a fabulous array of appetizers along with wine pairings to compliment them. It was a wonderful afternoon that stretched into the evening.

November was our last meeting in 2019. Hosted by Raf and Paul Chew, we were delighted to have guest presenter David Kraskow, leader of the American Wine Society's club in Ithaca, give a highly entertaining presentation/tasting on the role that “bouquet” (aroma) plays in the enjoyment of any wine.

Our January meeting will be a “Cooking With Wine” demonstration and tasting at the home of member Deborah Dawson. Events for the remainder of the year include an exploration of Spanish and Portuguese wines, a discussion of the influence that soil has on wines, an exploration of wines from some of our region's “other” Finger Lakes and a “Game Night” involving a blind tasting of 3 reds and 3 whites in an attempt to
guess the variety and price. Meetings will take place at members' homes or a local wine store.

We welcome new members throughout the year. In addition, we are a co-ed group, and you are welcome to bring a partner or a friend.
Yoga for Life

**Time:**
Wednesdays, 8:00 AM to 9:30 AM

**Contact:**
Mary Ann Bowman [maryannb@lightlink.com](mailto:maryannb@lightlink.com)
Ayako Timmons [ayakotimmons@gmail.com](mailto:ayakotimmons@gmail.com)

Our Yoga class (Wednesdays, 8:00–9:30 AM) has moved to Kendal. We met at Edwards Rm. of Anabel Taylor Hall since 1975 but now meet off Campus. We enjoy a wonderful Yoga instructor, Gisela Konrad. Her approach is suitable for people of all ages and linking the breath and the movement of the spin.