### December

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<tr>
<th>Date</th>
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<tbody>
<tr>
<td>5</td>
<td>4-H Club Secretary reports due</td>
</tr>
<tr>
<td>19</td>
<td>CCE Office closed at 12 noon</td>
</tr>
<tr>
<td>21</td>
<td>Farmers’ Museum Candlelight Evening</td>
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<tr>
<td>25</td>
<td>Christmas - CCE Closed</td>
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<td>26</td>
<td>CCE Closed</td>
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<td>1</td>
<td>New Years Day - CCE Closed</td>
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<td>1</td>
<td>Deadline for 4-H re-enrollments</td>
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<th>Date</th>
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<td>Horse &amp; Dairy Quiz Bowl practice/clinics</td>
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<tr>
<td>5</td>
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<td>9</td>
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<tr>
<td>16</td>
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<tr>
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<td>Martin Luther King, Jr. Day CCE Closed</td>
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<td>20</td>
<td>4-H Teen Winter Weekend applications with payment due</td>
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<td>22</td>
<td>Connecting with Kids Workshop, Madison County</td>
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<td>5</td>
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<td>15</td>
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<td>17</td>
<td>4-H Dairy Discovery Applications due</td>
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<td>19</td>
<td>4-H Food and Nutrition/Sewing and Textiles Workshops</td>
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<tr>
<td>20</td>
<td>Heirloom Seed orders due</td>
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4-H is a community of young people across America who are learning leadership, citizenship, and life skills.
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## 4-H HONOR SECRETARIES

Congratulations to the following 4-H Club Secretaries for turning in their October reports by November 5th:
- **Amanda Morse**, Dolgeville Crafty Critters 4-H Club;
- **Kaleigh Bryce**, Foxy Trotters 4-H Club; and
- **Stephanie Smith**, Starkville Champions 4-H club.

## THE FARMERS’ MUSEUM HEIRLOOM SEED PROJECT

The Farmers' Museum will again offer interested 4-H members new varieties of heirloom seeds to grow. As in the past, 4-H members are required to grow the seeds and then exhibit the mature specimens at the Farmers’ Museum Annual Autumn Harvest Festival in September. Specimens exhibited at Harvest Festival will be judged and given awards.

Watch for complete details regarding ordering and specific offerings in the February 4-H Facts Orders will be due by February 20.

## 4-H TEEN WINTER WEEKEND

Lewis County 4-H is once again sponsoring Teen Winter Weekend, February 13-15 at Camp Oswegatchie in Croghan. Teen Winter Weekend is open to teens ages 13 and up in grades 7 through 12. The cost of the weekend is $50 per participant which includes: lodging, meals, snacks and workshop supplies. Each county can only send 10 participants, so get your registration in today.

Contact the 4-H Office for an application. You must provide a chaperone. Chaperones pay $25.

Applications and money deadline is January 22. Call the 4-H Office to get more information on this program or to reserve your place.

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4-H Connects Kids to Cornell
HERKIMER COUNTY 4-H
WELCOMES A NEW 4-H CLUB AND NEW 4-H MEMBERS

In addition to those listed in the November 4-H Facts, we have received the following enrollments:

**Dolgeville Crafty Critters 4-H Club**
- Patricia Cool, Member, Dolgeville

**German Flatts 4-H Brothers & Sisters 4-H Club**
- Cory Blais, Member, Mohawk
- Grace Blais, Project Leader, Mohawk
- Ricky Blais, Member, Mohawk
- Dorian Oeser, Member, Mohawk
- Dylan Shaver, Member, Mohawk
- Hayden Shaver, Cloverbud, Mohawk
- Kendra Shaver, Cloverbud, Mohawk
- Rachel Shaver, Gen/Org Leader, Mohawk
- Dodilee Stewart, Project Leader, Mohawk
- Megan Stewart, Member, Mohawk
- Morgan Stewart, Member, Mohawk

**Independent 4-H Members**
- Lily Land, Member, West Winfield

**4-H MEMBER RECOGNITION EVENT**
**NOVEMBER 7, 2008**

The Cornell Cooperative Extension 4-H Youth Development Program held their Annual 4-H Member Recognition Event Friday, November 7 at Herkimer High School. The purpose of this event is to recognize 4-H members and clubs that have successfully completed the 4-H year.

During the awards ceremony attended by over 200 4-H members, leaders, and families, pizza and a “Make your own Ice Cream Sundae” party was enjoyed. Thanks to Stewarts Shops for donating the sundae supplies, Dairylea for donating milk and Herkimer Central School for the use of their facilities. The following awards and recognitions were announced:

**Key:** ● = 1st year ▲ = 5th year ◘ = 10th year

**Certificate of Year End Completion** - The criteria to receive a Certificate of Year End Completion is: a member must complete at least one 4-H project and submit a 4-H year end completion sheet. The following members and clubs met these criteria:
- Kathleen Aney, Kimberly Aney, Marie Aney, Kendall Aufmuth
- Brooke Bowman, Shelby Burns, Andrew Chlus, Andrea Clark, Allie Collins
- Mariah Conover, Tyler Conover, Alyssa Cummings, Sarah Cummings
- Abraham Dibble, Emily Dibble, Joseph Dibble, Jay Doris, Kari Doris, Susan Doris, Christina Farda, Emma Fenton, Sarah Fenton, Marti Fisher, Lexi Grower, Sarah Hassan, Autumn Hellinger, Emily Ingalls, Julia Ingalls, Alicia Kennedy, Kathleen Kennedy, Justine Kulhowvick, Bethany Lee, Chelsea Lee, Mercedes Lewandrowski
- Mike Lupinski, Nathan Lyga, Morgan Lynch, Nicholas Lynch, Scott Mosher, Chloe Murphy, Hailey Phillips, Lauren Phillips, Katelyn Reed, Schylar Reed, Danielle Ricci, Jessica Scalise, Jack Scherer, Kira Seaman, Willow Simmons, Jennifer Smith
- Derrick Snell, Dillon Snell, Kacey Sperry, Dominique Stormes, Amanda Thomas

**All Around 4-H’er Award** - for having completed three projects, attended two contributing educational events, and exhibited 4-H project work at the Herkimer County Fair or presented at the county 4-H Public Presentation Event, in addition to meeting the requirements for the Certificate of Year End Completion:
- Kerry Bray, Corey Carter, Jack Casler, Julie Cole, Keegan Connolly, Mary Kathryn Connolly, Dalton Currier, Lindsay Denhoff, Rochelle DiNigro, Thomas Donahoe, Elizabeth Doxtater, Mary Franklin

*Continued on page 4*
Jennifer Hula, Cole Jaquish, Cheyenne Knuth, Alexandra Mahaffy, Timothy Livingston, Kassi March, Wasayla Mower, Caitlyn Murdock, Charlene Mykel, Devon Mykel, Amanda Nelson, Millera Oldick, Lisa Pasick, Paige Pfendler, Rebecca Pirger, Dylan Shaver, Rose Simmons, Rebecca Smith, Stephanie Smith, Alec Snyder, Kristopher Snyder, Madeline Snyder, Rebecca Ules, Daniel Upson, Jordan Upson, Morgan Westbrook, Christopher Wilson, Sierra Zeidner.

Outstanding 4-H’er Award - for meeting all the criteria for an All Around 4-H’er as well as participating in the 4-H Public Presentation Event, exhibiting 4-H project work at the Herkimer County Fair and assuming a leadership role. The recipients of this award included: Hannah Barrett, Laurel Brodkorb, Alexis Bryce, Kaleigh Bryce, Alissa Collins, Chad Collins, Kelsey Collins, Stacy Collins, Hilary Creater, Shelby Creater, Allison Donahoe, Rick Donahoe, Hannah Douglas, Robert Douglas, Kristy Hammont, Dylan Hapeman, Tess Hitchcock, Susie Miner, Philip Mosher, Michayla Mower, Natasha Mower, Travis Nelson, Tyler Nelson, Ellen Perkins, Stephanie Treadwell, Victoria Treadwell, Matthew Treusdell, Bryce Windecker and Kayla Windecker.

Cloverbud Certificate of Completion – for having attended at least six meetings, completed at least three projects and submitted a 4-H year end completion sheet: Austin Ainslie, Marguerite Aney, Joseph Bacher, Kyle Brewer, Amber Bryce, Alyson Casler, Lillian Collins, Claire Connolly, Madelyn Conover, Anna Culver, Danielle Currier, Casey Dibble, Elijah Dibble, Tyler Dietz, Samuel Donahoe, Seth Donahoe, Joshua Douglas, Luke Doxtater, Harrisen Fusco, Austin Goldsmith, Meghan Ingalls, Cegan

Outstanding 4-H Club News Reporter – to receive this award you must send a minimum of three 4-H club news articles to the newspaper, keep a neat, attractive 4-H News Reporter Book of these articles and exhibit your book at the Herkimer County Fair: Christopher Wilson.

Annual Seal of Achievement: Barnyard Cloverbuds 4-H Club, Cow Belles 4-H Club, Foxy Trotters 4-H Club, Horse’N Around 4-H Club and Little Falls 4-H Friends 4-H Club.

Outstanding 4-H Club: Barnyard Cloverbuds 4-H Club, Cow Belles 4-H Club, Foxy Trotters 4-H Club, Horse’N Around 4-H Club and Little Falls 4-H Friends 4-H Club.

PLEASE NOTE: If your name appears on these pages and you didn’t attend the event, please contact JoAnn at the 4-H office prior to December 18 to receive your award.
Barnyard Cloverbuds 4-H Club
Country Cousins and Smart Clover Wheelers 4-H Clubs
Cow Belles 4-H Club
Dolgeville Ears & Tails 4-H Club
Kuyahoora Kaprines 4-H Club
Little Falls 4-H Friends 4-H Club
Little Sprouts 4-H Club
Milkshakers & Mini Milkshakers 4-H Club
4-H Volunteering Recognition Event

Volunteer Recognition was also held on the same night as our 4-H Member Recognition Event. 4-H Leaders were recognized for their many years of service to the program.

First Year Leaders Bronze Clover Award - Jessie Carnright, Tracey Conover, Crystal Crossett, Caroline Dibble, Pamela Nourse, Stephanie Perkins, Vicky Scherer, Beth Wilson and Leah Wilson.

Second Year Leaders Carol Ainslie, Tracey Casler, Rebecca Coons, Audrey Donahoe, Heidi Fenton, Carolyn Ingalls, Nancy Jaquish, Angela Lewosko, Karen Livingston, Michele Luke, Marylynn Mattison-Collins, Rebecca Miller, Jennifer Shaler, Kim Ules.


Continued on page 7
### Fourth Year Leaders
- Kelly Collins, Dale Covert, Laura Covert, Teresa Doxtater, Patie Goldsmith, Justin Lesniak, Brian Mosher, Elizabeth Mosher, Jeff Mosher, Melissa Mosher, Dean Snell.

### Fifth Year Leaders Silver Clover Award
- Monica Aney, Christine Bryce, Ryan Carnright, Michelle Hitchcock, Jodi Pearsall, Elizabeth Ricci, Pamela Smith.

### Sixth Year Leaders
- Michelle Cole, Alana Connolly, Michelle Cummings, Tina Douglas, Jennifer Kennedy, Amanda Livingston, Pamela Mahaffy, Jackie Snyder.

### Seventh Year Leaders
- Kimberly Creater, Suzanne Culver, Nancy Lee, Stacey Lesniak, Deborah Windecker.

### Eighth Year Leaders
- JoAnn Carnright, Karen Fisher, Kim Nelson

### Ninth Year Leaders
- Jeremy Lesniak, Alison Pirger, Debbie Hammont

### Tenth Year Leaders
- Heidi Carnright, Pat Clark, Anita Snell

### Twelfth Year Leader
- Judy Pasick

### Fifteenth Year Leader Pearl Clover Award
- Mitzi Hula

### Seventeenth Year Leader
- Stanley Lesniak

### Eighteenth Year Leader
- Pat Lesniak

### Twenty-Sixth Year Leaders
- Alice Mosher and Mike Mosher

### Thirty-Second Year Leader
- Joan Pearsall

4-H is a community of young people across America who are learning leadership, citizenship, and life skills.
4-H OFFICER TRAINING

Over sixty Herkimer County 4-H members, officers, leaders and parents from ten 4-H clubs recently attended the countywide 4-H Officer Training workshops held at the Herkimer Reformed Church. During these meetings 4-H volunteers and staff taught 4-H Club Officers more about the duties and responsibilities of their office.

The clubs who participated included: Barnyard Buddies, Cow Belles, Foxy Trotters, Dolgeville Crafty Critters, Kuyahoora Kaprines, Little Falls Friends, Milk Shakers, Mohawk Rednecks, Schuyler Hillbillies, and Starkville Champions.

The presenters included Audrey Donahoe, volunteer leader of the Milk Shakers 4-H Club, facilitating the President and Vice President segments; Duane Sidney, Cornell Cooperative Extension of Herkimer County Board of Directors, facilitating the Treasurer segment; Robin Simmons, volunteer leader of the Schuyler Littlebillies 4-H Club, facilitating the Secretary segment; Carol Ainslie, volunteer leader of the Fields of Clover 4-H Club facilitating the News Reporter segment and Michelle Hitchcock volunteer leader of the Cow Belles 4-H club, facilitating the Song & Recreation Leader segment.

4-H Clubs have elected their officers for the 2008-09 4-H year and this workshop provides them with the proper initial training to help ensure a successful 4-H experience. These sessions better prepare the 4-H Club Officers to conduct more efficient meetings. Training young people to understand their role in a group and operate an effective meeting according to parliamentary procedure is an investment in lifelong skill development. This helps them to become contributing members of society. Recognizing this takes practice and a commitment by adults to make it work, the annual training session for 4-H Club officers attempts to do just this.

After receiving individualized instruction for their specific office, each group elected an officer to represent them in a simulated 4-H Club meeting. The clubs who participated included: Barnyard Buddies, Cow Belles, Foxy Trotters, Dolgeville Crafty Critters, Kuyahoora Kaprines, Little Falls Friends, Milk Shakers, Mohawk Rednecks, Schuyler Hillbillies, and Starkville Champions.

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Presidents and Vice Presidents

Presidents: Josh Douglas, Barnyard Buddies; Alexis Bryce, Foxy Trotters; Shelbey McCumber, Dolgeville Crafty Critters; Sierra Zeidner, Kuyahoora Kaprines; Keegan and Mary Kathryn Connolly both from the Little Falls 4-H friends; and Tyler Nelson, Milk Shakers.

4-H Connects Kids to Cornell
4-H is a community of young people across America who are learning leadership, citizenship, and life skills.

4-H OFFICER TRAINING PHOTOS

Vice Presidents

Jack Casler, Barnyard Buddies; Tess Hitchcock, Cow Belles; Mary Snyder, Dolgeville Crafty Critters; Susan Doris, Kuyahoora Kaprines; Claire Connolly, Abbey Mosher and Matthew Treusdell, Little Falls 4-H Friends; Stacy Collins, Milk Shakers; Tyler Bailey, Mohawk Rednecks; Kerry Bray, Kayla Windecker and Autumn Zwierocki, Schuyler Hillbillies; Stephanie Smith, Alec Snyder, Starkville Champions

Secretaries

Timothy Livingston, Barnyard Buddies; Susie Miner, Milleta Oldick and Victoria Treadwell, Cow Belles; Kaleigh Bryce, Julie Cole and Ashley Zahniser Foxy Trotters; Amada Morse, Dolgeville Crafty Critters; Kira Seaman, Little Falls 4-H Friends; Jordyn Bailey, Mohawk Rednecks; Brook Mucurio and Marissa Padula, Schuyler Hillbillies; Elizabeth Doxtater and Rebecca Smith, Starkville Champions

Treasurers

Kristy Hammont, Cow Belles; Kendall Aufmuth and Hannah Barrett, Foxy Trotters; Chantelle Lynch and Eva Ricardo, Dolgeville Crafty Critters; Kassi March, Kuyahoora Kaprines; Colin Seaman, Little Falls Friends; Rochelle Dinigro, Milk Shakers; Rebecca Roberts, Mohawk Rednecks; and Willow Simmons, Schuyler Hillbillies
4-H Officer Training Photos

News Reporters

Emily Dibble, Barnyard Buddies; Ellen Perkins, Cow Belles; Caitlyn Murdock, Meghan Cantwell and Emma Miner, Foxy Trotters; Cheyenne Knuth, Dolgeville Crafty Critters; Allison Donahoe, Milk Shakers; Rose Simmons and Bryce Windecker, Schuyler Hillbillies; Jeffrey Weeks and Brendon Raux, Mohawk Rednecks

Song & Recreation Leaders

Michayla Mower, Cow Belles; Alexandria Rogers, Foxy Trotters; Philip Mosher, Little Falls 4-H Friends; Darryl Padula, Schuyler Hillbillies; Korin Mucurio and Sophia Simmons, Schuyler Hillbillies

Officers Conducting a Mock Business Meeting

News Reporter - Allison Donahoe; Vice President - Tyler Nelson; President - Alexis Bryce; Song & Rec Leader - Philip Mosher; Treasurer - Eva Ricardo
4-H PHOTOGRAPHY WORKSHOP

Over sixty 4-H members from ten 4-H clubs attended the 4-H Photography workshop conducted by 4-H volunteer Polly Festa on November 11 at the Herkimer Reformed Church. Participants receiving certificates included: Barnyard Buddies: Jack Casler, Emily Dibble, Josh Douglas and Tim Livingston; Cow Belles: Kristy Hammont, Tess Hitchcock, Susie Miner, Michayla Mower, Milleta Oldick, Ellen Perkins, Alexandria Rogers and Victoria Treadwell; Dolgeville Crafty Critters: Cheyenne Knuth, Chantelle Lynch, Shelby McCumber, Amanda Morse and Mary Snyder; Independent Members: Mary Franklin, Danielle Stormes and Dominique Stormes; Kuyahoora Kaprines: Jay Doris, Susan Doris, Kassi March and Sierra Zeidner; Little Falls Friends: Claire Connolly, Keegan Connolly, Mary Kathryn Connolly, Abbey Mosher, Philip Mosher and Matthew Treusdell; Little Sprouts: Lillian Collins, Cegan Jaquish and Cole Jaquish; Milk Shakers: Allison Donahoe, Sam Donahoe and Seth Donahoe; Mohawk Rednecks: Jordan Bailey, Tyler Bailey, Brendon Raux, Rebecca Roberts, Jeffrey Weeks and Sarah Weeks; Schuyler Hillbillies: Kerry Bray, Brook Mucurio, Korin Mucurio, Darryl Padula, Marissa Padula, Rose Simmons, Sophia Simmons, Willow Simmons, Bryce Windecker, Kayla Windecker and Autumn Zwieriecki; Starkville Champions: Elizabeth Doxtater, Rebecca Smith, Stephanie Smith and Alec Snyder; West Canada Lucky Clovers: Madelyn Conover, Mariah Conover and Tyler Conover

Barnyard Buddies & Dolgeville Crafty Critters

Mohawk Rednecks, West Canada Lucky Clovers & Independent Members

Little Falls Friends, Little Sprouts, Schuyler Hillbillies

4-H is a community of young people across America who are learning leadership, citizenship, and life skills.
4-H CLUB NEWS

During the meeting on 10/11/08 the **Dolgeville Crafty Critters** 4-H club selected their new club’s name. We discussed the cheese fundraiser and introduced cavy Buffy the Cream American, Phantom the Abbyacian, and Pervain a mutt. On 10/18 we made cloth covered binders. Then we decorated them. The attendance was 8 people including **Shelby McCumber, Jenny Wagner, Eva Ricardo** (Treasurer), **Amanda Morse** (Secretary), **Cheyenne Knuth** (Reporter), **Camden Drabik** (President), **Chantelle Lynch** and **Mary Snyder** (Vice president).

Cheyenne Knuth teaches Shelby McCumber how to clip nails at this station.

Jennie Wagner and Amanda Morse are at the weighing station here. Amanda is weighing baby. The kids learn to use oz. while weighing the cAVIES.

Finishing up the binders left to right: **Cheyenne Knuth, Amanda Morse, Chantelle Lynch, Shelby McCumber, Jennie Wagner, Mary Snyder**.

Members of the **Foxy Trotters** 4-H Club are ordering 4-H sweatshirts. The dog clinic has been put off until the spring unless we get a nice fall weekend day. Our horse101 clinic is scheduled for November 15th. Other items discussed included the Syracuse Invitational, Member Recognition, Blue books, the barn Christmas party, stall decorating contest, and our community Christmas shopping for a needy family in our area.

Chantelle Lynch, Janet Dabrowski and Mary Snyder at brushing station.
In October, the Little Falls 4H Friends met at the Little Falls Town Hall with Mayor Peters and at the Manheim Town Hall with Supervisor Haughton to promote 4H Week by presenting the club with a proclamation naming October 5-11th National 4-H Week in the city of Little Falls and the Town of Manheim.

Later in the month, we elected officers: Keegan Connolly—President, Matthew Treusdell—Vice President, Kira Seaman—Secretary, Colin Seaman—Treasurer, Laurel Bradkorb—News Reporter, and Philip Mosher—Song and Recreation Leader.

Joseph Bacher was our top cheese seller this year—congratulations. Also selling was Claire, Keegan, and Mary Kathryn Connolly, Hilary and Shelby Creater, Abbey and Philip Mosher, Colin, Kira, and Wyatt Seaman, and Matthew Treusdell. Thank you to all that sold and helping to raise about a $100 for the club.

For fun we had Halloween snacks and played games such as: doughnut on string contest, beanbag toss, apple scoop, and skeleton finding contests. Matthew Treusdell was able to eat the donut on a string the fastest, Shelby Creater was the fastest at the tossing game, and Kira Seaman was the fastest apple scooper. We would like to thank the Connolly’s for setting up the fun and games. In November we will take orders for our door swags, make them and deliver them.

The Starkville Champions 4-H club talked about the Chinese auction at the bazaar in VanHornesville. We talked about going to officer training and who was going. Our leader, Pam Smith, handed out our new books. We are going to help at the food pantry in December and we are going to make fleece scarves for our community service project.

### 4-H Cloverbud Activity ~

#### Cinnamon Ornaments

<table>
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<tr>
<th>Ingredients</th>
<th>Supplies</th>
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<tr>
<td>3/4 cup Applesauce</td>
<td>Cookie Cutters</td>
</tr>
<tr>
<td>1 cup ground Cinnamon</td>
<td>Toothpicks or drinking straws</td>
</tr>
<tr>
<td>1 Tbsp. Nutmeg</td>
<td>Yarn or Ribbon</td>
</tr>
<tr>
<td>2 Tbsp. White glue</td>
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**Directions**

1. Mix cinnamon, nutmeg and applesauce together in small bowl. Stir in white glue. Mix to form a stiff dough. (if dough is too wet add more cinnamon, if too dry add more applesauce)

2. Roll dough to 1/4 inch thickness on waxed paper. Cut with cookie cutters. Make a hole in top of ornament with toothpick or drinking straw.

3. Carefully lay the cinnamon ornaments flat on rack to dry. Let dry at room temperature 1 to 2 days or until thoroughly dry - turning occasionally. If the sides start to curl, gently flip the ornament over.

3a. An alternate to room drying is to bake them. Gently place your ornaments on a nonstick cookie sheet and bake at 200° for approx. 1 hour-checking to make sure they do not burn. Let the ornaments sit on a wire rack overnight to completely dry.

Insert ribbon through holes and tie to hang. You can use these sweet smelling Cinnamon Ornaments to decorate your Christmas Tree, indoor garlands, packages, etc.

Cinnamon Ornaments can be stored in a zip lock baggie from year to year and they do keep their sweet smell somewhat.

This activity was obtained from spritzels at http://www.spritzels.com/xmas/cinnamon-ornament.html
**APPLY FOR 2009 NYS 4-H SCHOLARSHIPS**

Now’s the time to apply for post-secondary educational scholarships sponsored by the New York State 4-H Foundation. The 4-H Opportunity Scholarship program will offer a total of $12,000 in awards ranging from $1,000 to $5,000.

Young people ages 17 to 21 with at least one year of participation in New York State 4-H are eligible to apply. The deadline to apply is February 15, 2008. Find all the details at [http://nys4-hfoundation.org/scholarships/index.php](http://nys4-hfoundation.org/scholarships/index.php)

**HORSE SHOWMANSHIP CLINIC**

A horse showmanship clinic will be held at Winding River Farm in West Winfield. Dates to be determined. To register, please call Jenn at the 4-H office.

**4-H CAPITOL DAYS, ALBANY, NY**

**MARCH 2-3, 2009**

This trip is for two 4-H'ers who are at least sophomores in high school. Delegates from each NYS county meet in Albany for this two day government awareness program.

The goals are: to achieve a better understanding of the scope of NYS government; to create an awareness of career opportunities in state government; to gain a better understanding of our county as it relates to NYS; to provide the opportunity for delegates to meet with their legislators and other 4-H’ers from across NY State.

Applications for this event are due to the 4-H office by **January 9**. So don’t delay, call or email JoAnn (jcr12@cornell.edu) at the 4-H office today for your application.

The cost of the trip will be $50 per participant which is due with the application. The 4-H office covers the remainder of the cost.

**4-H HORSE CLINICS AND 4-H HORSE QUIZ BOWL**

Starting in January, a series of horse clinics will take place in Morrisville either at the College or the 4-H Office. As soon as a location and topic are assigned to each date, a post card will be sent out to everyone enrolled in the horse program.

The District Horse Bonanza Contest (Horse Bowl, Hippology and Communications) will be held on Saturday, March 14th in Morrisville.

**4-H DAIRY QUIZ BOWL**

We are still waiting to hear if there are any youth interested in participating in Dairy Quiz Bowl. If you are interested in participating or volunteering to coach a team, call Jenn ASAP so practices can be set up.

The District Dairy Bowl Contest will be held on Saturday, March 21st location TBD.

4-H is a community of young people across America who are learning leadership, citizenship, and life skills.
# 4-H Food & Nutrition/Sewing Workshops

**Thursday, February 19, 2009**
10 a.m. – 2:30 p.m., Herkimer BOCES
Cost: $5/Member to cover lunch and supplies
$2.00/Adult for lunch

**Pre-registration with payment is required by February 1st. Only those paid by this date will be allowed to attend!!**

Mid Winter Recess - Another whole week off from school already? If “Mother Nature” keeps up with this unpredictable weather and you’re looking for something to do inside, why not join other 4-H’ers from across Herkimer County for a full day with something for everyone? We’ll even throw in a pizza lunch!

**Food and Nutrition Workshop**
We have many food and nutrition projects to choose from. For example: Muffins and More, Pyramid of Snacks, Kitchen Science for Kids, Cooking with the Three Sisters, Healthy Heart Snack Choices, In-Touch Science: Foods & Fabrics, Six Easy Bites, Food Mysteries, Tasty Tidbits, You’re the Chef, Foodworks, Shopping for Food & Making Meals In Minutes, Preparing Foods & Planning Menus, Making Bag Lunches, Snacks & Desserts, Science in Your Shopping Cart, etc.

What we need now is a volunteer who is willing to facilitate this workshop. The 4-H office will provide all the materials. If you would like to help plan and facilitate this workshop, please call JoAnn by the February 1st deadline.

**Sewing / Textiles Workshop**
The afternoon session will consist of a sewing or textile project to be determined by the age/ability of the participants present. So when you call to register, please indicate each individual’s experience (i.e. no experience, beginner, hand sewing only, etc.). Adult assistance will be pivotal to making this a successful day. If you plan on attending and can offer your expertise/assistance, please contact JoAnn at the 4-H office by February 1st.

Portable sewing machines and adults or teen leaders to help supervise are urgently needed. If we do not get enough signed up by the deadline, only those who have registered will be notified of any changes in these plans.

## Looking for Stocking Stuffer Ideas?
There is a limited supply of the following 4-H items available in the 4-H office.

- **Essential Mug** - White mug with 4-H clover screen printed in green $2.65

- **Note Paper** - 25 vellum note paper and envelopes. 4”x5”, folded.
  - Thank You Notes - $4.75
  - Blank Note Cards - $4.75

- **White t-shirt with green clover** 100% cotton. Limited sizes available: youth small, youth medium, youth large and adult small.

- **4-H Bear Official Beanie Babies Collectible** - This 4-H Bear is golden yellow with a green ribbon and the 4-H emblem on his chest! - we have 2 available at a special $1.95 each

- **Member’s Record Book Cover** - 8 1/2” x 11” binder - $2.00 ea.

4-H is a community of young people across America who are learning leadership, citizenship, and life skills.
**WINTER WEATHER**

Herkimer County is such a wonderful place to live, we offer the following information regarding Cornell Cooperative Extension and 4-H.

1. If a meeting is going to be cancelled, we will call the following radio stations to announce the cancellation: WLFH 1230 AM; WIBX 95.5 FM.

2. Sometimes the weather is bad in one part of the county and not in others. Use your own judgment when deciding to travel.

3. Sometimes it’s too late to cancel a meeting when the weather turns bad, again use your own judgment.

4. If the Cornell Cooperative Extension office closes, evening meetings are cancelled.

5. If you decide not to travel to a meeting, please call the office ahead of time if possible.

If the Herkimer County Office Building is closed, the Cornell Cooperative Extension Office will also be closed.

Canceling and trying to reschedule meetings is very difficult, so if at all possible, meetings will be held. Again, use your own judgment and do not travel if you do not feel safe.

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"THE PURPOSE OF THE 4-H YOUTH DEVELOPMENT SYSTEM IS TO ENABLE YOUTH TO DEVELOP KNOWLEDGE, ABILITIES, ATTITUDES, AND BEHAVIORS TO BE COMPETENT, CARING ADULTS"

**4-H YOUTH DEVELOPMENT STAFF**

Jennifer Collins, 4-H Extension Educator, jlr34@cornell.edu
JoAnn Richards, 4-H Program Educator, jcr12@cornell.edu
Rachel Shaver Administrative Assistant, rjs86@cornell.edu
Barbara Johnson Administrative Assistant, bmj9@cornell.edu
Web address: www.cce.cornell.edu/herkimer
State 4-H Web address: www.cce.cornell.edu/4h
National 4-H Web address: www.fourhcouncil.edu

Phone: 315-866-7920
Fax: 315-866-0870

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