An action plan and well-stocked disaster preparation kit are both highly recommended in coastal zones where hurricanes can have an impact on you and your family. Having the whole family ready can make preparations once warnings have been raised much easier. The following items can be extremely helpful in an emergency situation. It is best to store these items in sturdy, easy-to-carry containers such as backpacks, duffle bags, and/or plastic totes. Please note, if your city or town is in imminent danger of a hurricane, evacuation announcements may have been made, and should be taken seriously (see the NY EDEN Hurricane Evacuation guide “Hurricanes and Evacuation Warnings Guide – How to Decide and What To Do”).

**Disaster Preparation Kit:**

- **Cash:** Banks and ATMs may not be open or available for extended periods after the storm has passed.
- **Important documents (or copies of the documents) in a waterproof container,** including insurance and medical records, bank account numbers, Social Security card, etc.
- **Water:** at least one gallon daily per person for 3-7 days.
- **Food:** at least enough for 3-7, including non-perishable packaged or canned food/juices, foods for infants or the elderly, snack foods, non-electric can opener, vitamins.
- **Paper plates/plastic utensils**
- **First Aid Kit/Medicines/Prescription Drugs** (for a downloadable card where you can list all your prescriptions, please see [https://www.healthcareready.org/](https://www.healthcareready.org/)).
- **Toiletries/Hygiene items/Moisture wipes**
- **Battery-operated radio (and NOAA weather radio)**
- **Tools**
- **Flashlight/Batteries/Glow sticks**
- 10x10 ft tarp
- A roll of duct tape
- Blankets/pillows, etc.
- Clothing, including seasonal/rain gear/sturdy shoes.
- Keys.
- Vehicle with full tank of gas and emergency supplies.
- Special Items for babies and the elderly.
- Toys, books and games.

- **Pet care items**, including proper identification/immunization records/meds for your pet, ample food and water, a carrier or cage, and a leash and/or muzzle. You may also want to have a [pet plan](#).