2ND ANNUAL DAIRY CENTER OF EXCELLENCE SYMPOSIUM

Dairy Nutrition for Every Age and Stage

MAY 16, 2017 / 8:30 AM - 3:30 PM / STOCKING HALL CONFERENCE CENTER 148

7:30 AM  Registration

8:30 AM  8:45 AM  Welcome
Lorin Warnick DVM, PhD, Austin O. Hooey Dean of the College of Veterinary Medicine

8:45 AM  11:00 AM  Session I: Research and Practice
Bone acquisition in childhood
Kimberly O’Brien, PhD, Professor, Division of Nutritional Sciences

Getting to know your food: why the cow to consumer story counts
Abigail Copenhaver ’10 RDN, CDN, Farmstead Nutrition and Consulting, Owner of Ivy Lakes Dairy in Stanley, NY

Building and rebuilding the human body: the role of milk in development, recovery, and regeneration
Anna Thalacker-Mercer, PhD, Assistant Professor, Division of Nutritional Sciences

CCE Nutrition Education: Stories from the dairy aisle
Lara Parrilla Kaltman ’99, MPH, RD and Megan Szpak ’16, Cornell Cooperative Extension

Nutrient-rich dairy protein in aging
Tanya Holloway, PhD, Postdoctoral Fellow, Stuart Philips Lab, McMaster University

The role of dairy in the golden years
Natalie Nicholas ’99 RD, Healthcare Dining Manager and RD for Kendal at Ithaca

11:00 AM  11:15 AM  Break

11:15 AM  12:30 PM  Session II: Milk Production and Processing
Nutrition innovation from the farm to the fridge

Blake Nguyen, DVM, Director of the Cornell Teaching Dairy Barn
Andrew Novakovic, PhD, Professor, Dyson School of Applied Economics and Management
Deanna Simons, Quality Manager & Academic Coordinator, Cornell Dairy Processing Plant
Doug Young, Spruce Haven Farm LLC
12:30 PM  1:30 PM  Lunch and Poster Session

1:30 PM  3:20 PM  Session III: “Built with Chocolate Milk” Presentation and Panel Discussion

From Big Red Refuel to fueling the octagon; the development of a sports nutrition program, the impact of collaborations and the development of a career

Clint Wattenberg ’03 MS, RD, CSCS, Director of Sports Nutrition for UFC Performance Institute (Ultimate Fighting Championship) Former Coordinator of Sports Nutrition for Cornell Athletics

Built with Chocolate Milk in Kona, HI
Mirinda Carfrae, Ironman Triathlon World Champion & Built with Chocolate Milk Athlete

Nutrition and Athletics Panel

- Mirinda Carfrae, Ironman Triathlon World Champion & Built with Chocolate Milk Athlete
- Chris Kerber, Henry E. Bartels ’48 Head Coach of Cornell Men’s Lightweight Rowing
- Daryl Nydam DVM, PhD, Associate Professor of Dairy Health and Production Management, Director of Quality Milk Production Services
- Erika Rogan, Strength and Conditioning Coach, Cornell Athletics
- Sarah Wilson, MS, RDN, Cornell Health

3:20 PM  Closing Remarks
Daryl Nydam DVM, PhD, Associate Professor of Dairy Health and Production Management, Director of Quality Milk Production Services

3:30 PM  Reception