Cover Crop Interseeding and Perennial Grains

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Keeping soil covered is a key strategy for improving soil health.

Annual grain crop production often degrades soil health.

Cover crops can help, but not widely adopted.
Cover crop mixture interseeded into corn
Figure 3. Compared with annual grain crops (a), perennial grain crops (b) can reduce soil erosion and protect water quality when grown on sloped land.

Kernza perennial grain