Faculty Advisory Committee on Athletics and Physical Education

Frank S. Rossi, Ph.D.
Committee Chair
CALS/SIPS-Horticulture
✓ Oversight Role
✓ Academics
  Faculty Advisory Role
  Leave Policy
  Performance
✓ Physical Education Program
✓ Facilities
✓ Concussion Surveillance and Support
FACAPE Charge

to provide advice on how the programs of the Department of Athletics and Physical Education can best complement and support the overall educational objectives of the University.
Leave Policy

FACULTY ADVISORY COMMITTEE ON ATHLETICS & PHYSICAL EDUCATION (FACAPE)
ATHLETIC SCHEDULING AND MISSED CLASS TIME POLICY

Cornell has a longstanding policy whereby each sport’s regular season competition schedule and its associated missed class time must be approved by the Faculty Advisory Committee on Athletics and Physical Education (FACAPE). This policy concurrently fulfills NCAA Bylaws (specifically 3.2.4.113) and Ivy rules (VI.G.2) and is regularly reviewed to ensure compliance with evolving NCAA and university policies. Unless otherwise outlined in this document, exceptions to scheduling and other requirements dictated by this policy must be in accordance with NCAA and Ivy rules and approved by the chairperson of FACAPE.
Department of Athletics and Physical Education

Team Faculty Advisor Guide

Amy Foster
Senior Associate Director of Athletics for Compliance and Student Services

Carmen Rogers
The Andrew '78 and Margaret Paul Assistant Director of Athletics for Student Services
~ 1000 Student Athletes

Student-Athlete GPA

Number of Student-Athletes

- 4.0 and above
- 2.0 and below

Semester

Get Moving

Physical education has been a Cornell tradition since its founding—but Ezra could never have imagined the kaleidoscope of offerings on East Hill today

By Beth Saulnier & Alexandra Bond '12
March/April 2018
roughly 300 ways that Cornell students can earn physical education credit on the Hill—home to a large, vibrant, wildly varied program. Today’s undergrads have to take two PE courses to graduate (though playing on a varsity or JV team qualifies), making Cornell one of three Ivies, along with Dartmouth and Columbia, that have mandatory physical education.
In 2016–17, roughly:

✓ 11,700 students were enrolled in PE
✓ 11,000 had fitness center memberships
✓ 3,800 did intramural sports
✓ 5,000 participated through COE
✓ 1,400 took PE credit post-requirement
Over the 2010-11 academic year the Ivy League presidents formed a committee to examine how the Ivy League could assume a leadership role in trying to limit concussive hits in the sport of football and propose any corresponding playing and practice limitations, and health and safety measures necessary to try to minimize concussion exposure, encourage concussion reporting and support concussion recovery. The Presidents adopted legislation regulating the playing and practice season as well as educational efforts aimed at accomplishing those goals.

As a result of the success of the football study, the Ivy League formed five additional committees to examine the issues surrounding concussions in women's and men's lacrosse, women and men's soccer, and women's and men's ice hockey. The Ivy League presidents adopted regulations modifying components of the playing and practice seasons and recommendations for enhancing existing educational resources.
CONCUSSION
A FACT SHEET FOR STUDENT-ATHLETES

WHAT IS A CONCUSSION?
A concussion is a brain injury that:
- Occurs from a blow to the head or body.
- Occurs with or without losing consciousness.
- Can be caused by impact to the head or body.
- Can result in temporary loss of consciousness or memory.

WHAT ARE THE SYMPTOMS OF A CONCUSSION?
The symptoms of a concussion may include:
- Headache.
- Nausea or vomiting.
- Dizziness or balance problems.
- Blurred vision.
- Sensitivity to light or sound.
- Fatigue.
- Sleep disturbances.

HOW CAN I PREVENT A CONCUSSION?
Basic steps you can take to protect yourself from concussion include:
- Wear appropriate protective gear.
- Use proper techniques in sports.
- Follow the rules of the game.
- Be alert and aware of your surroundings.

WHAT SHOULD I DO IF I THINK I HAVE A CONCUSSION?
If you suspect you or someone else may have a concussion, do not return to the game until:
- You are fully recovered.
- You have cleared all signs and symptoms.
- You have seen a healthcare professional.

IT'S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON.
WHEN IN DOUBT, GET CHECKED OUT.

For more information and resources, visit www.NCIA.org/health-safety and www.CDC.gov/Concussion.

BEST PRACTICES

CONCUSSION MANAGEMENT MODEL FOR SCHOOLS AND TEAMS

STEP 1
Pre-Season Baseline Testing & Education
1. Educate athletes, coaches, and parents on concussion.
2. Use a validated test to establish a baseline.

STEP 2
Concussion is Suspected
1. Suspect a concussion if there are any signs or symptoms.
2. Remove the athlete from play.

STEP 3
Post-injury Testing & Treatment Plan
1. Have an emergency response plan.
2. Use a validated test to assess the athlete.

STEP 4
Is Athlete Ready for Non-Contact Activity
1. Have an athlete return to sports.
2. Use a validated test to clear the athlete.

STEP 5
Determine Safe Return to Play
1. Use a validated test to confirm recovery.
2. Check with a healthcare professional before returning to play.

ImpACT: Concussion Management System

ImPACT® is a registered trademark of ImPACT Applications, Inc.

Copyright © 2018 ImPACT Applications, Inc. All rights reserved. ImPACT is a registered trademark of ImPACT Applications, Inc.
Sport Related Concussions

![Bar chart showing the number of concussions in different sports over different years. Each sport is represented by a category on the x-axis and the number of concussions is indicated on the y-axis. The years are color-coded: 13-14 (blue), 14-15 (green), 15-16 (orange), 16-17 (red), and 17-18 (purple). The chart includes sports such as Football, Sprint Football, Mens Soccer, WomIce, MenIce, Wrestle, and MenLAX. The average number of concussions is represented by a horizontal line across the chart.](image-url)
Association Between the Experimental Kickoff Rule and Concussion Rates in Ivy League Football

Douglas J. Wiebe, PhD1; Bernadette A. D’Alonzo, MPH1; Robin Harris2; et al

The kickoff return in football, in which athletes run at speed toward each other over a long distance with the potential for significant impacts, has been associated with a substantial number of concussions.1 In 2015 in the Ivy League, a Division 1 conference of 8 private universities in the National Collegiate Athletic Association (NCAA), kickoffs accounted for 6% of all plays but 21% of concussions.2 In response, Ivy League Football...
Faculty Advisory Committee on Athletics and Physical Education

Frank S. Rossi, Ph.D.
Committee Chair
CALS/SIPS-Horticulture