

# Minnesota Fathers & Families Network 2017 14<sup>th</sup> Annual Summit



Monday, February 6, 2017 -Full Day

Tuesday, February 7, 2017 – Half Day

Best Western Kelly Inn Plus, St. Cloud

## *No Father Left Behind: Focusing on Mental Health of Fathers & Families*

It should come as no surprise that fathers (and their state of mental health) play a huge role in their children's development. The latest findings show that a father's love and support—or lack thereof—has a significant impact on his children's growth and development and family well-being. The MFFN Summit targets mental health providers, social service, educators and all professionals who work with fathers and families.

Join us for one and half days to:

- Explore how mental health impacts fathers and their families,
- Share information about resources and programs that focus on fathers and fatherhood support,
- Learn strategies and tips for promoting positive mental health and wellness in fathers so they can engage positively with their children and families.

### **Summit Keynote Presenters:**

**Javier Gutierrez, Ed.D.** , Assistant Dean of Students, Hamline University

**Sam Simmons, LADC**, Samuel Simmons Consulting, SAFE Family Manager for Family Partnership Project, Co-Host of Voices, MFFN Board Member

**Andre Koen, MA**, Access and Equity Director, Adler Graduate School, Adjunct Faculty, Bethel University, Chief Facilitator, AM Horizons Group



**Monday, February 6**

**Summit: 9:00 am - 4:45 pm**

**Tuesday, February 7**

**Summit: 9:00 am – 11:30 am**

**Registration Fee:** Full Summit **\$199**; Monday Only **\$125**; Tuesday Only **\$75**

Clock hours and CEU's available

Minnesota Fathers and Families Network presents

## 14<sup>th</sup> Annual Summit

### ***No Father Left Behind: Focusing on Mental Health of Fathers and Families***

**February 6-7, 2017**

Best Western Kelly Inn  
100 4<sup>th</sup> Avenue, St. Cloud, MN 56301

#### **Registration Options**

**Register online** with a credit card or Paypal at [www.mnfathers.org](http://www.mnfathers.org)

**Mail:** Mail this registration form and payment to MFFN, Box 225, Forest Lake, MN 55025

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, State Zip: \_\_\_\_\_  
Email: \_\_\_\_\_  
Phone: \_\_\_\_\_

#### **Registration Fee--Please circle one:**

Full Summit (\$199.00)      Monday, February 6 Only (\$125.00)      Tuesday, February 7 Only (\$75.00)

**Dietary Restrictions:** \_\_\_\_\_

**Donate to MFFN:** \_\_\_\_\_

**Total Fee Enclosed:** \_\_\_\_\_

**Questions? Call 651-303-1219**

The Kelly Inn is offering a special room rate of \$89/night for the Summit. Call 320-253-0606 to make your reservation.

#### **Conference Agenda**

<b>February 6, 2017</b>		<b>February 7, 2017</b>	
<b>7:00 am</b>	Registration Opens	<b>7:00 am</b>	Registration Opens
<b>7:30 am</b>	Continental Breakfast	<b>8:00 am</b>	Continental Breakfast/Awards
<b>8:45 am</b>	Welcome and Remarks	<b>9:00 am</b>	Keynote Presentation by Andre Koen
<b>9:00 am</b>	Keynote Presentation by Javier Gutierrez	<b>10:00 am</b>	Panel
<b>10:00 am</b>	Break/Exhibits/Networking	<b>11:00 am</b>	Wrap Up/Evaluations/Issue Certificates
<b>10:15 am</b>	Breakout 1 (4 Options)	<b>11:30 am</b>	Summit Concludes
<b>11:45 am</b>	Lunch/Keynote Presenter-Sam Simmons/Awards	<b>Thank you for coming! Drive home safely!</b>	
<b>1:30 pm</b>	Breakout 2 (3 options)		
<b>3:00 pm</b>	Break		
<b>3:15 pm</b>	Breakout 3 (4 options)		
<b>4:45 pm</b>	Adjourn for Dinner (on your own)		
<b>5:00 pm</b>	MFFN Board Meeting		

**2017 Summit Breakout Session Options**  
**Monday, February 6, 2017**

10:15 am Breakout Session 1	1:30 pm Breakout Session 2	3:15 pm Breakout Session 3
<p align="center"><b>1a. Fatherhood 101</b></p> <p>Join this introductory session for those new to the fatherhood field, the MN Fatherhood Summit, and/or MFFN. Explore the journey of responsible fatherhood, strategies to help the fathers and families you serve, data on Minnesota dads, trends in father involvement, and how you can influence the future of fathering.</p> <p>Presenters: AJ Dombeck, Early Childhood Educator, Laport School            Joe Johnson, Program Coordinator, Father Project, CHI St. Joseph’s Community Health</p>	<p align="center"><b>2a. Navigating Systems Important to Father-Child Relationships: Information about the Minnesota Fathers’ Adoption Registry and Minnesota Vital Records</b></p> <p>Navigating systems and helping today’s fathers with their complex family needs can be challenging. Come to this session to learn the basics about birth certificates, including why a father may or may not be recorded as a parent on a child’s birth record, who has the right to get a birth certificate, and, how to make changes when the information is wrong. Also, learn about the Minnesota Fathers’ Adoption Registry, an important resource that protects fathers and families.</p> <p>Presenter: Office of Vital Records/            Minnesota Department of Health Staff</p>	<p align="center"><b>3a. Paper Tigers Documentary and Discussion</b></p> <p>This documentary showcases the social and human side to ACEs rather than the science behind the approach to treating children who have high risk factors. The documentary highlights the idea of ACEs while allowing the students to film their own lives, providing a more personal perspective on the effect of their traumas as well as their struggles, hopes, and dreams. It also demonstrates how teachers are helping the students change their lives in a positive way using new science and fresh methods. In addition, “Paper Tigers” provides insight into how others, such as family members and parents, can help children experiencing the negative impacts of ACEs.</p> <p>Presenters: Joe Johnson, Program Coordinator, Father Project, CHI St. Joseph’s Community Health            Kristen Paltrow, Violence Prevention Coordinator, CHI St Joseph’s Community Health</p>
<p align="center"><b>1b. Protection and Enforcement of Parenting Time Rights</b></p> <p>Obtaining court-ordered parenting time rights often doesn’t end the struggle to see one’s children. Protection and enforcement of access to one’s children begins with drafting one’s motion and proposed order for custody and parenting time. Once an order is issued, consistent practices can help to minimize interruptions of parenting time rights. If interruptions still occur, involving law enforcement and social service organizations can help restore parenting time. A return to court can also alleviate continued interference with parenting time. Changes to Minnesota’s best-interest factors will also be discussed and resources for enforcement of custody and parenting time rights will be presented.</p> <p>Presenter: Walter Burk, J.D., University of Minnesota Law School, 2000</p>	<p align="center"><b>2b. What about the Guys? The Role of Men and Boys in Pregnancy Prevention and Sexual Health Promotion</b></p> <p>Pregnancy prevention resources, programming and conversation are almost always focused on females. But what about the guys? This session will examine the most current sexual health data, including pregnancy, STI and birth statistics, trends in adolescent sexual behaviors and prevention strategies that work - all with a focus on the role of men and boys. Participants will gain a basic understanding of best practices for promoting adolescent sexual health and network with colleagues about how to use this information to support the sexual health of all Minnesota youth.</p> <p>Presenter: Jill Farris, MPH, University of Minnesota, Director of Sexual Health Training and Education</p>	<p align="center"><b>3b. Developing Recommendations to Reduce Barriers to Father Involvement for Unmarried Fathers</b></p> <p>Along with unmarried mothers and unmarried fathers and 36 institutional experts about barriers to involvement during pregnancy and early childhood. Public assistance, healthcare settings and community organizations share recommendations to address parental concerns.</p> <p>Presenter: Mageen Caines Sr. Public Health Researcher/Epidemiologist, City of Minneapolis</p>

<p><b>1c. Fathers: The Forgotten Mourners in Perinatal Loss</b></p> <p>Pregnancy and infant loss affect thousands of families every year, with the greatest burden falling on low-income and minority families. However, most interventions and resources are designed for mothers, which often make fathers the forgotten mourners. This session will review the impact of perinatal deaths on fathers, the role of fathers in bereavement care and subsequent pregnancies, recent legislative changes for bereaved families, and effective interventions for grieving fathers. Hear from a father who experienced the stillbirth of his daughter and interventions he found helpful. He will describe how her death has affected his life and inspired him to put his grief into action.</p> <p>Presenter: Lindsey Wimmer, RN, MSN, CPNP, CPLC – Star Legacy Foundation</p>	<p><b>2c. Protection and Enforcement of Parenting Time Rights</b></p> <p>Obtaining court-ordered parenting time rights often doesn't end the struggle to see one's children. Protection and enforcement of access to one's children begins with drafting one's motion and proposed order for custody and parenting time. Once an order is issued, consistent practices can help to minimize interruptions of parenting time rights. If interruptions still occur, involving law enforcement and social service organizations can help restore parenting time. A return to court can also alleviate continued interference with parenting time. Changes to Minnesota's best-interest factors will also be discussed and resources for enforcement of custody and parenting time rights will be presented.</p> <p>Presenter: Walter Burk, J.D., University of Minnesota Law School, 2000</p>	<p><b>3c. Ethical Issues in Fatherhood Programs</b></p> <p>Practitioners that focus on serving fathers face ethical issues related to diverse family structures and legal challenges. This session will outline a procedure for addressing ethical dilemmas using a case study process developed by the Minnesota Council on Family Relations. The process involves different perspectives on ethical thinking and leads to concrete guidelines for ethical action.</p> <p>Presenter: Dr. Glen Palm, Emeritus, St. Cloud State University</p>
<p><b>1d. MENTAL Health: The Role Men Play in Improving and Maintaining the Mental Health of Families</b></p> <p>Fathers play an important role in their families' mental health. In this session you will hear about the ways that a family's mental health is strengthened by a positive male presence. Participants will come away with a better understanding of the role service providers' play in helping men make this positive influence.</p> <p>Presenter: Pam Beckering, MS, LPCC, Mental Health Professional, Nystrom and Associates</p>		<p><b>3d. Parents Forever: Meeting the Needs of Families During Times of Change</b></p> <p>Recent research shows that the incidence of divorce in the US is declining. The decline, however, does not indicate a similar decline in transitions for families. Today, people become parents in many ways other than through marriage. The dissolution of the relationships may not end in divorce but, nevertheless, contains consequences for each member of the family. In an effort to respond appropriately to the needs of a changing audience, the authors of Parents Forever have revised curriculum for both in person and an online audiences. This workshop showcases the unique history, content, and platforms of the Parents Forever revised Program and will consist of a discussion of the theoretical underpinnings and development of the program, an overview of its main components, and an opportunity to experience both online and in person activities that are used throughout.</p> <p>Presenters: Ellie McCann, State Family Resiliency Extension Educator, University of Minnesota Extension Sharon Powell, PhD, Family Development, University of Minnesota Extension</p>

